

NEWSLETTER

FRIDAY 10TH OCTOBER 2025



TEL: 01274 639049

WWW.SWAINHOUSE.CO.UK

EMAIL: OFFICE@SWAINHOUSE.BRADFORD.SCH.UK

ASPIRE

BELIEVE

PERSEVERE

ACHIEVE

YEAR 6 RESIDENTIAL TO NEWBY WISKE

Year 6 had a wonderful time on their residential last week. They took part in activities such as abseiling, team building activities and raft building! They worked well together in their groups and we were very proud of them!



HARVEST DAY

Children can come to school wearing **autumnal colours** and the day will be spent learning about and celebrating Harvest. Parents/Guardians are invited to come into school from 2.00pm till 3.00pm to join in with some of our Harvest activities.



This year we will be supporting 'The Bradford Food Bank', a charity which offers food parcels to people in crisis from the Bradford area. They provide three days' nutritionally balanced emergency food and support local people in food crisis. They are part of the Trussell Trusts nationwide network of foodbanks, working to combat poverty and hunger across the UK. Due to a large increase in demand recently they are appealing for food donations to aid their project. We are asking if you would be kind enough to send a contribution of any of the following items, in support of our Harvest celebrations, which will then be collected and used by the Bradford Food Bank .

These are some of the urgently needed items:

- Washing Up Liquid
- Toilet rolls
- Toiletries (Toothbrush, Toothpaste, Deodorant)
- UHT Milk
- Tinned Meat
- Cereal
- Tinned Tomatoes
- Soup
- Tinned Rice Pudding
- Tinned Custard



SPOTLIGHT ON SEND

Each half-term, I write a section on our school newsletter to keep parents and carers of pupils on the SEND register 'in the loop' about all things SEND related. I highlight support available in school and also resources and workshops available in the local area.

Mr George

Assistant SENDco

Keep updated with all things SEND at Swain House. Click [here](#) or scan the QR code.



Bradford Science Festival

During half term, there will be nine days of exciting events with locations across Bradford exploring the future of technology, fashion, climate, sound, and food. From catwalk shows to multi-sensory sound experiences, Bradford Science Festival has something for all ages and needs to explore.



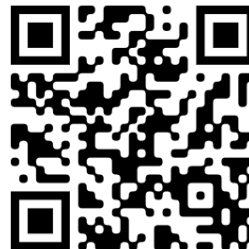
HELP AND
INFORMATION
FOR FAMILIES
WITH SPECIAL
NEEDS AND
DISABILITIES
BRADFORD AND DISTRICT
LOCAL OFFER



Bradford Local Offer

The SEND Local Offer website provides valuable information and resources for parents and carers. There is a useful list of support groups available in the local area. Scan the QR code to see the support group list.

In their monthly newsletter you will find out about the latest useful SEND news, information, stories, upcoming events, consultations, holiday activities and much more inside every issue.



SENDiVERSE Festival

A whole week dedicated to imagination, creativity, and the incredible talents of children and young people with Special Educational Needs and Disabilities (SEND) across Bradford!

From Monday 27th October to Friday 31st October, the district will come alive with colour, music, movement, and creativity—all led by and for SEND children, young people, and their families.

Whether it's painting, performance, poetry, puppets—SENDiVERSE Festival will shine a spotlight on the voices and visions of SEND communities, bringing together families, artists, schools, health and care professionals, and cultural organisations in a joyful explosion of creativity.



World Mental Health Day - 10th October 2025

Every year, World Mental Health Day is celebrated on 10th October. World Mental Health Day is about raising awareness of mental health and driving positive change for everyone's mental health.



It's also a chance to talk about mental health, how we need to look after it, and how important it is to get help if you are struggling.

Please scan the QR codes below to access information and resources to support mental health.



 **Mind**
Bradford District
and Craven



RECEPTION OPEN DAYS 2026



**SWAIN HOUSE
PRIMARY SCHOOL**

RECEPTION 2026 OPEN DAYS

MONDAY 13TH OCT
9.00AM, 3.15PM & 5.00PM

THURSDAY 16TH OCT
4.30PM

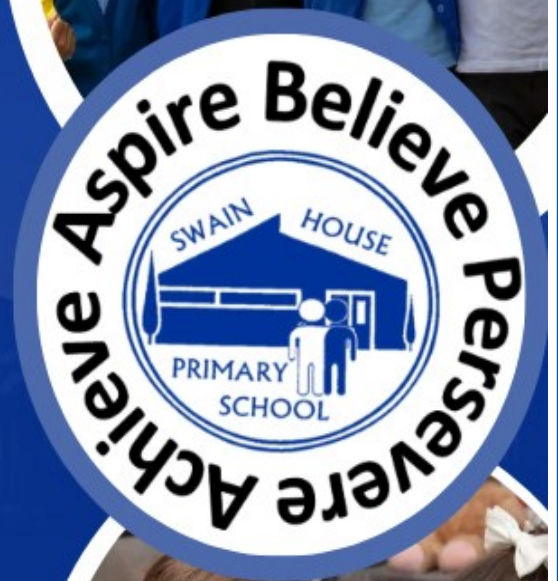
TUESDAY 21ST OCT
9.00AM



01274 639049



www.swainhouse.co.uk



READING PLANET REVIEWS!

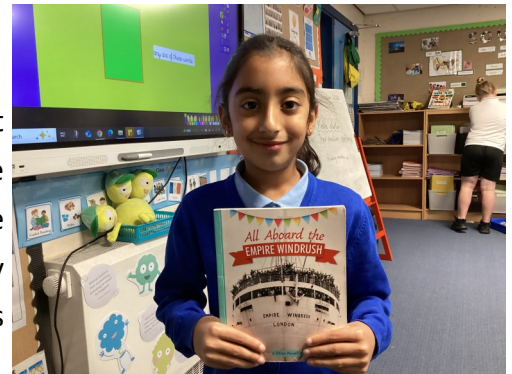
As part of our Key Stage 2 reading scheme, we would like to use our weekly newsletter to help promote and share some of your children's favourite stories that they have read. Each week, we will be sharing book reviews that have been written by your children. Hopefully these reviews will inspire our children to read one of the books when they choose their next one.

All Aboard the Empire Windrush

Level –Earth

I liked this book because it tells you about the past. The first journey on the Empire Windrush was in 1948 and there were 194 passengers on board. The books tells you about life on the ship and the famous people on board. I found it really interesting. You will like this book if you are interested in books about black history.

Amyrah — Year 4



SHARING YOUR NEWS!



Lily in Michael Morpurgo class has been attending kickboxing class for many years and has made great progress with it. This week, she has earned her half-red belt and brought it in to show us, along with her certificate. Well done Lily!

A SPECIAL VISITOR

We had a very special visitor in school this week! Mrs Butters and Luna came to visit us. Leo was particularly pleased to see them.



CLICK THE ICON TO SEE REGULAR UPDATES
ON OUR FACEBOOK PAGE!



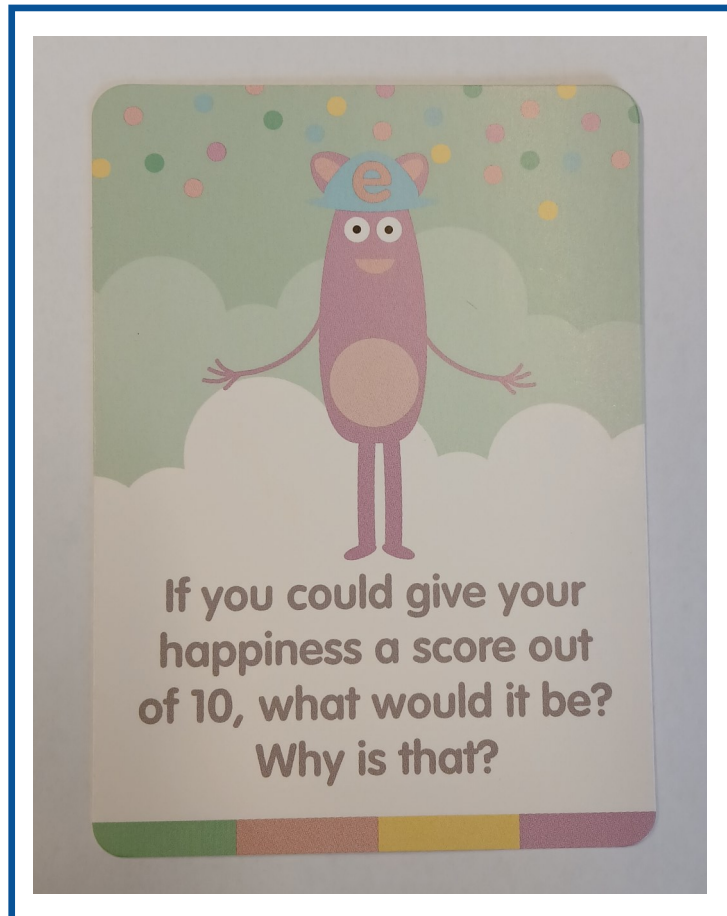
MYHAPPYMIND

OUR CONVERSATION CARD OF THE WEEK



Enjoy a conversation!

Each week we will share a conversation card. These are to aid conversations about mental health and happiness.



WEEKLY UPDATES

ATTENDANCE AND PUNCTUALITY

Here are this week's attendance and punctuality figures. There is a proven link between attendance and achievement and it is therefore very important that your child attends school and is on time unless they are too unwell to do so. Our doors open at **8.30am** and close at **8.40am**.

Please see the information below for our whole school and class attendance for the week ending **10/10/25**.

Early Years and Key Stage 1:

CLASS	PERCENTAGE %	LATES
Elm	99.3%	0
Willow	95.0%	1
Kandinsky	93.2%	2
Matisse	95.4%	3
Lowry	98.4%	2
Van Gogh	98.1%	2

Key Stage 2:

CLASS	PERCENTAGE %	LATES
Anne Fine	91.3%	2
Roald Dahl	96.3%	1
JK Rowling	96.3%	1
Michael Morpurgo	96.6%	1
Elgar	96.8%	1
Mozart	99.4%	1
Beethoven	94.8%	3
Vivaldi	91.3%	1

Congratulations to **Elm Class** and **Mozart Class** for having the **best attendance** this week.

Congratulations to **Elm Class** for having **no lates**!

Our whole school attendance this week:

95.9%

COMMUNICATION SINCE THE LAST NEWSLETTER

These are the letters, messages and website updates that have been sent out this week. If you have not received any of these letters, please speak to your child's class teacher or contact the office on **01274 639049**.

WEBSITE UPDATES:	National Online Safety - 'Wake Up Wednesday' guide from National Online Safety is about 'Dealing with traumatic & challenging events'.
LETTERS:	06.10.25 - School Photographs 09.10.25 - Roald Dahl Class Assembly
MESSAGES VIA PARENTAPPS:	08.10.25 - Bradford City penalty Shoot Out Sponsor Money 08.10.25 - School Meal Price Increase 09.10.25 - Nursery Grounds 10.10.25 - Extra Club 10.10.25 - Books

COMMUNITY NEWS



Time Out For Dads

This is an evidence-based programme that aims to enable dads to increase confidence in their parenting; learn how to develop the dad/child relationship now and for the future and work out strategies for dealing with anger and conflict. It will also give dads an opportunity to meet other dads and share experiences in a supportive and encouraging environment.

Aimed At: Suitable for dads/stepdads of children 0-19
Course Duration: 2 hours a week for 5 weeks

PROGRAMME OVERVIEW

- Parenting goals, the impact of our own fathers and aspirations of being a dad.
- Children's temperaments and needs along with building emotional security.
- The importance of time and family life. The power of words and recognising children's feelings.
- Discipline and setting boundaries. Different parenting styles and positive parenting.
- The importance for time for yourself, letting off steam and handling conflict

COURSE DETAILS

Date: TBC
13th January 2026
6pm to 8pm
Venue: Bradford City Club
Contact Details:
Barkerend Hub: 01274
437523 01274 437523



COMMUNITY NEWS

Monday 27th, Tuesday 28th, Wednesday 29th,
Thursday 30th, Friday 31st October 2025.
To be held at Calverley CofE Primary School.

£25
with multiple
discount days

BOOKINGS
ARE NOW
OPEN!

GOWILD OUTDOORS HOLIDAY CAMPS

No two camps
are ever the
same!

office@gowildoutdoors.co.uk
01274 900 301
gowildoutdoors.co.uk

All children welcome from Reception age 4+ & above.
Wraparound & indoor facility available.

SOFT ARCHERY &
AXE THROWING

BUSHCRAFT &
DEN BUILDING

HAMMOCKS,
SLACKLINE
& SWINGS

WOODLAND &
NATURE CRAFTS

...& MUCH,
MUCH MORE!


**GO
WILD
OUTDOORS**

HALLOWEEN TRAIL

THE
PIECE
HALL
01274

TRAIL SPONSORED BY FLOCKITT & BROOM. TRICK OR TREAT SWEETS PROVIDED BY AL'S EMPORIUM

11AM - 2.30PM

£3.50 PER CHILD

MONDAY 27 OCTOBER TO FRIDAY 31 OCTOBER

Take off on the terrifying trail at our visitor centre. Upon finishing the frightful fun, feast upon your prize, 'witch' you will claim at our spooky learning studio.

Here you will find a host of hair-raising free Halloween crafts.

Freaky face paint and ghostly glitter tattoos come with additional charges.

thepiecehall.co.uk



MYHAPPYMIND APP

The myHappyMind app includes lots of fantastic features such as—kids zone, myHappyMind games and mini master classes for parents .



Download your FREE myHappyMind Parent App



...An online resource to support you and your family to learn more about how you can use myHappyMind to support your child.



myHappyMind for Parents

Exclusively for parents with children at a myHappyMind School or Nursery.



Learn all about what your children are learning in school



YOU WILL NEED THIS AUTHENTICATION CODE TO SIGN UP

107220

REMINDERS

BREAKFAST CLUB AFTER SCHOOL CLUB

Our Breakfast Club opens at 7.30am at a cost of £2.40 each per day or at 7.45am at the cost of £1.90 each per day. Children from Nursery to Year 6 can attend.

If you would like to book your child into Breakfast Club, please use ParentPay.

We have a free Breakfast Club 8.00am—8.30am

If you would like to book this please use ParentApps

Our After School Club is available until 4pm at a cost of £2.50 each per day.

If you would like to book your child into After School Club, please use ParentPay.

EXTRA CLUB

We also offer an Extra Club service that runs until 6.00pm at a cost of £4.50 per day.

If you would like to book your child into Extra Club, please use ParentPay.

Please can you ensure that Extra Club places are booked and paid for in advance - by Monday morning. This ensures registers are accurate and places are booked and guaranteed.

If you have any problems booking any of our before or after school clubs, please contact Miss Armitage, one of our learning mentors.

DIARY DATES

ANY NEWLY ADDED ITEMS WILL BE IN BLUE

DAY	DATE	TIME	EVENT
Friday	17.10.25		Harvest Day

COMING UP IN AUTUMN TERM

AUTUMN TERM ASSEMBLY SCHEDULE

DAY	DATE	TIME	EVENT
Thursday	16.10.25	2.30pm	Roald Dahl Class Assembly
Thursday	23.10.25	2.30pm	Michael Morpurgo Class Deepawali Assembly
Thursday	13.11.25	2.30pm	Beethoven Class Assembly
Thursday	27.11.25	2.30pm	JK Rowling Class Hanukkah Assembly
Thursday	11.12.25	2.30pm	Vivaldi Class Assembly

DATES TO REMEMBER!



The photographer Sarah Fearne will be in school on **Tuesday 21st October and Wednesday 22nd October 2025** to take individual portrait photos.

Please see letter for more details



Halloween Disco

Thursday 23rd October 2025

5:00pm - 6.30pm

More details to follow!

Fluoride varnish—Monday 20th October 2025

NATIONAL ONLINE SAFETY

This week, our 'Wake Up Wednesday' guide from National Online Safety is about 'Dealing with traumatic & challenging events'.

10 Top Tips for Parents and Educators DEALING WITH TRAUMATIC & CHALLENGING EVENTS

Children and young people may face a wide range of traumatic or challenging events – from bereavement and illness to bullying, family breakdowns, or witnessing violence. These experiences can affect their mental health, behaviour, relationships, and academic progress. With the right support from trusted adults, children can begin to feel safe, rebuild resilience, and develop healthy coping strategies. This guide offers practical and empathetic ways to provide support and promote positive outcomes.

- 1 A PREDICTABLE ENVIRONMENT**
Children who have experienced trauma often feel unsafe or uncertain. Creating routines, setting clear expectations, and maintaining consistency can help restore a sense of security. This structure offers reassurance and helps children feel more in control of their surroundings.
- 2 USE LANGUAGE THAT MATCHES THEIR AGE**
Speak clearly and sensitively, choosing words that are appropriate for the child's age. Avoid overwhelming them with too much information at once. Offer gentle, honest explanations and focus on reassurance, especially when talking about difficult or sensitive subjects.
- 3 TRAUMA AND THE BODY**
Mention briefly that trauma can show up in physical ways, such as changes in sleep, appetite, concentration, or as physical aches and pains. Consider this before labelling behaviour as 'difficult' or 'lazy'. Some children may become withdrawn, while others may be more outwardly challenging. Highlight that there's no 'one way' children respond.
- 4 AVOID RETELLING OR RELIVING TRAUMA**
Children sometimes get asked to explain or repeat their experience multiple times. Striking a balance of when to listen and when to gently redirect can help to avoid unnecessary re-traumatisation. Acknowledge, but don't probe for detail unless safeguarding procedures require it.
- 5 AVOID DISMISSING OR MINIMISING FEELINGS**
Seemingly well-meaning comments like 'It's not that bad' or 'You're okay' may shut down children's emotional expression and are often not helpful. Instead, acknowledge what they're feeling, even if it seems small. Validating a child's emotions helps them feel seen and encourages open communication in future.
- 6 UNDERSTAND HOW THEY'RE FEELING**
Many children don't have the words to express their emotions, especially during distress. Supporting them to name what they're feeling – such as angry, scared or sad – builds emotional literacy. Tools like emotion charts, drawing, or storytelling can help externalise feelings in a safe, manageable way.
- 7 BE AWARE OF YOUR OWN RESPONSES**
Children pick up on adult emotions and reactions, often mirroring them. Staying calm, even in challenging situations, helps children feel more secure. Practising your own self-regulation is an important way to model healthy stress management and encourages children to do the same.
- 8 SEEK PROFESSIONAL SUPPORT**
While many children benefit from everyday emotional support, some will need more specialised help. If symptoms persist, worsen, or disrupt their daily life, consult with school safeguarding leads, a GP, or a mental health professional. Early intervention can prevent long-term difficulties and support healthy recovery.
- 9 MAINTAIN CONNECTION**
Isolation can worsen the impact of trauma. Encourage involvement in group activities, praise their efforts, and ensure they feel like a valued part of the school or family community. Meaningful connection with trusted adults and peers builds resilience and a sense of belonging.
- 10 BE PATIENT – HEALING TAKES TIME**
There's no quick fix for emotional recovery. Children may have good days and setbacks, and progress may not always be visible or linear. Your ongoing support, patience, and presence can help them move forward at their own pace, knowing they are not alone.

Meet Our Expert
This guide has been written by Anna Bateman. Anna is passionate about placing prevention at the heart of every school by integrating mental wellbeing within the curriculum, school culture, and systems. She has been a member of the advisory group for the Department for Education, advising them on their mental health green paper.

Wake Up Wednesday
The National College