

# NEWSLETTER

FRIDAY 16TH MAY 2025



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ASPIRE

BELIEVE

PERSEVERE

ACHIEVE

## YEAR 4 RESIDENTIAL

Year 4 had a fantastic time during their residential to Nell Bank last week. Over the three days, they took part in a variety of team-building activities, such as rollerball, den building and orienteering. They also enjoyed pond-dipping and looking for minibeasts as well as spending some free time on the adventure playground. On the Thursday, the children completed a long walk across Ilkley Moor. They enjoyed staying overnight with their friends and ate some delicious meals too!

Both Nell Bank staff and school staff were proud of each and every one of the children for their behaviour, good manners and their effort and enthusiasm for every activity.

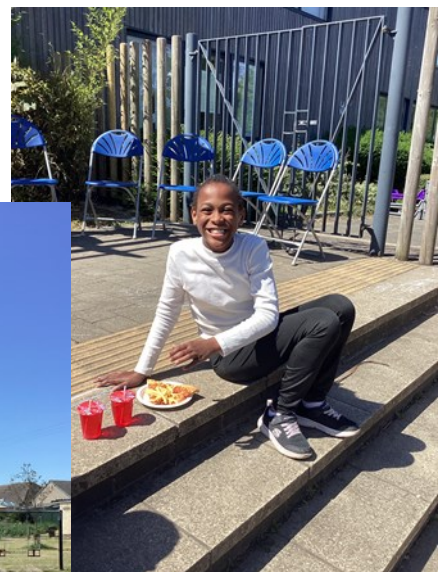




# YEAR 6 SATS WEEK!

Congratulations to Year 6 for all of their hard work when completing their SATs this week. You really have made all the adults proud with your determination in the lead up and your positivity during SATs week. To celebrate your achievements, we have spent the morning at a local park and then had pizza and chips for lunch! Well done to you all.

**WELL  
DONE!**



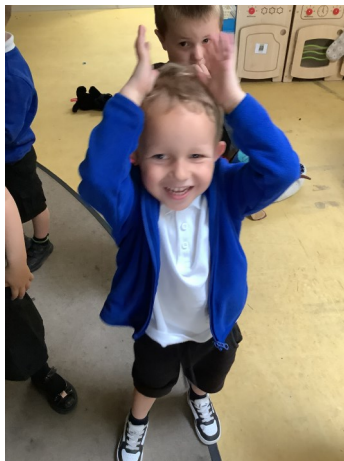


# RHYME CHALLENGE!

Little Acorns are on their 4<sup>th</sup> week of Rhyme Challenge. The songs they have learnt so far are Down at the Station, Little Peter Rabbit and Humpty Dumpty. This week's Rhyme is called Bouncing up and down on a big red tractor. Here are some picture of the children making puppets to use whilst they sing the rhymes.



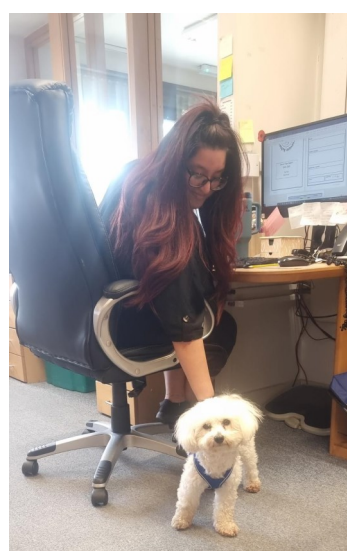
Nursery have been practising their rhymes for our upcoming family rhyme session in Great Oak Nursery. We are very excited to perform in front of our family and friends!



**Parents - don't forget to join us next Thursday 22nd May for our Rhyme Challenge performances! - See our 'Coming up this term' page for more details or speak to a member of the Early Years Team.**

# LEO OUR FURRY FRIEND!

Leo is now in his fourth week at Swain House! He has been getting to know more of the staff in school and loving all the extra ear scratches!



Leo even joined our staff fitness class this week!



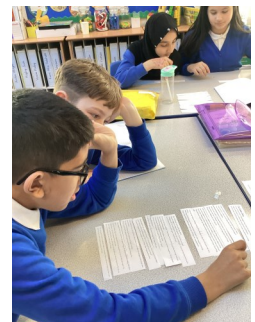


At Swain House Primary School RE is taught through the West Yorkshire Agreed Syllabus, Believing and Belonging. The syllabus is arranged into six pathways:

1. The Nature of Religion and Belief
2. Expressing Belief
3. A Good Life
4. Personal Journey
5. Influence and Authority
6. The Big Picture

In each Key Stage, children are taught about the major world religions - Buddhism, Christianity, Hinduism, Islam, Judaism, Sikhism and non-religious worldviews. At Swain House, our RE curriculum, represents the diverse culture of our local area and we encourage our pupils to share all the traditions celebrated by our families.

The children have lots of different learning opportunities in RE. As well as exciting and interesting lessons, we are lucky to go on lots of different visits and have visitors in school to teach us about the different religions. Each year group enjoys a visit or visitor into school every year. Have a look at some of our amazing learning.



Each class showcases their learning about a special religious festival. We are very proud to present this learning in a class assembly to the rest of the school and our families.



We also have beautiful displays around school to help us to understand and celebrate the different religious festivals that happen throughout the year.



# 50 THINGS TO DO BEFORE YOU'RE FIVE

This weeks activity is #27 Little people, park keeper. Please have a go at completing the activity and send any photos to [50things@swainhouse.bradford.sch.uk](mailto:50things@swainhouse.bradford.sch.uk) then we will share them in our weekly

**This week's activity is...**

Try **#27 Little People Park Keeper** on your poster, app or local website...

Find out more...

Your park has so much **free fun** to offer!

**#27 Little People Park Keeper**

**50** things to do

[www.50thingstodo.org](http://www.50thingstodo.org)

Click [here](#) to access the 50 Things website to find out more about the activity or scan the QR code below



## How to do it

Get to know your local park, dress for the different weathers and become regular visitors. Get physical— swing on a swing, climb the slide and scramble up rope nets. Babies and toddlers can roll and crawl and pre-schoolers can run and play ball. If the park has a lake, take some scraps of food or frozen peas to feed the ducks.

## What you will need

The right clothes for the weather!



# 50 THINGS TO DO BEFORE YOU'RE FIVE

This week in our '50 Things To Do before You're five' club, we completed the activity #19 Growing Little People, Plants and Things. We planted some sunflower seeds in our outdoor area. We were then inspired to paint our own sunflowers!





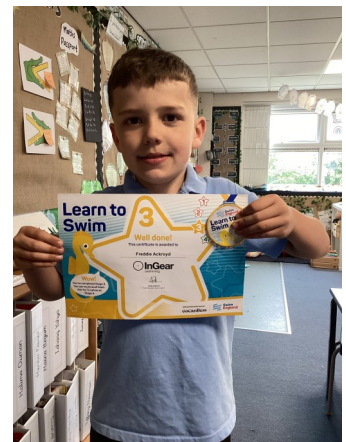
# SHARING YOUR NEWS!

Victoria in Year 3 has been to the Manchester Polish School where she acted out a poem in Polish and received a medal, well done Victoria.



Leila in Year 3 achieved another certificate and badge for her swimming this week! Well done Leila you are doing so well!

Freddie in Year 3 has received a swimming certificate and badge this week. Well done Freddie, great work!



If you have any news about your child's achievements that you would like to share in our newsletter, please speak to your child's class teacher!

**CLICK THE ICON TO SEE REGULAR UPDATES ON OUR FACEBOOK PAGE!**





**JOIN FRIENDS OF SWAIN HOUSE!**



# **FRIENDS OF SWAIN HOUSE RECRUITING NOW**

**Friends of Swain House is a parent run  
group that organises various events and  
activities to benefit our children**

**Email the school office or message us on  
FACEBOOK to register your interest!**



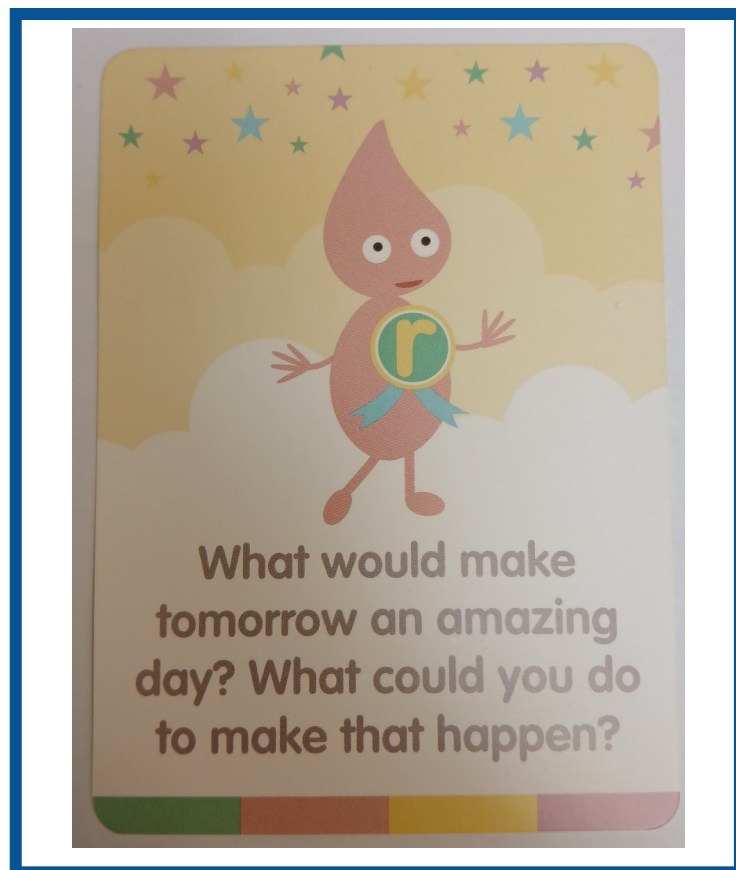


## OUR CONVERSATION CARD OF THE WEEK



### Enjoy a conversation!

Each week we will share a conversation card. These are designed to help you have meaningful and fun conversations with your child and aid discussions about mental health and happiness.





# MYHAPPYMIND APP

The myHappymind app has been updated and now includes some new features—kids zone, myHappymind games and mini master classes for parents .



## Download your FREE myHappymind Parent App



...An online resource to support you and your family to learn more about how you can use myHappymind to support your child.



### myHappymind for Parents

Exclusively for parents with children at a myHappymind School or Nursery.



Learn all about what your children are learning in school



YOU WILL NEED THIS AUTHENTICATION CODE TO SIGN UP

107220

# BODY IMAGE COACH



Bodyimagecoach.co.uk are offering a 19-hour online programme (delivered on Microsoft TEAMS or ZOOM) over 6 weeks that teaches positive body image habits and beliefs, as well as identifying and supporting those that are self-loathing, and/or early onset of mental health disorders such as: eating disorders, body dysmorphic disorder, muscle dysmorphia, OCD, anxiety and/or depression and panic disorder. Each week they will deliver 3 hours of coaching and psychoeducation which is split up across 3 days.

Click [here](#) to access the website for more information.

Please contact the school office if you would like more information about this.



## Who Are We?

We are a certified team of trainers, coaches, and therapists, with memberships in quality assurance for coaching and therapy. We specialise in delivering early intervention body image programmes for adolescents.



## What Does Our Service Look like?

We deliver pre-recorded body image workshops in animation. Additionally, we provide online peer support groups, coaching, and therapy.



# WEEKLY UPDATES

## ATTENDANCE AND PUNCTUALITY

Here are this week's attendance and punctuality figures. There is a proven link between attendance and achievement and it is therefore very important that your child attends school and is on time unless they are too unwell to do so. Our doors open at **8.30am** and close at **8.40am**.

Please see the information below for our whole school and class attendance for the week ending **16/05/25**.

### Early Years and Key Stage 1:

CLASS	PERCENTAGE %	LATES
Elm	91.2%	1
Willow	96.3%	5
Kandinsky	96.6%	0
Matisse	94.5%	3
Lowry	98.7%	3
Van Gogh	88.9%	2

### Key Stage 2:

CLASS	PERCENTAGE %	LATES
Anne Fine	91.0%	0
Roald Dahl	94.7%	1
JK Rowling	92.5%	1
Michael Morpurgo	96.9%	0
Elgar	95.7%	0
Mozart	93.9%	2
Beethoven	98.0%	1
Vivaldi	99.3%	0

Congratulations to **Lowry Class** and **Vivaldi Class** for having the best attendance this week!

Well done to **Kandinsky Class**, **Anne Fine Class**, **Michael Morpurgo Class**, **Elgar Class** and **Vivaldi Class** for having no lates!

Our whole school attendance this week:

**94.8%**

## COMMUNICATION SINCE THE LAST NEWSLETTER

These are the letters, messages and website updates that have been sent out this week. If you have not received any of these letters, please speak to your child's class teacher or contact the office on **01274 639049**.

WEBSITE UPDATES:	National Online Safety - 'Wake Up Wednesday' guide from National Online Safety is about 'Minecraft'
LETTERS:	15.05.25 – Parking Concerns at School Drop Off & Pick up 15.05.25 – Year 4 Nell Bank Residential Assembly
MESSAGES VIA PARENTAPPS:	15.05.25 – Parking 16.05.25 - Year 5 Homework

# COMMUNITY NEWS

## RAVENSCLIFFE YOUTH CENTRE

### GIRLS & YOUNG WOMENS GROUP

Pampering  
Hair & Beauty  
Friendships  
Body Image  
Sexual Health  
Peer Pressure  
Puberty  
Healthy Living

**TUESDAYS**  
**6:30-8:30PM**  
**AGES 13-19**

FOR MORE INFORMATION PLEASE  
CONTACT YOUR LOCAL YOUTH WORKER  
NICKY - 07582102432

Made with PosterMyWall.com

**01/04/2025**  
**06/05/2025**  
**03/06/2025**



## RAVENSCLIFFE YOUTH CENTRE

**TUESDAYS | 6:30 - 8:30PM | AGES 13-19**

### BOYS & YOUNG MENS GROUP

RELATIONSHIPS + CONSENT  
SEXUAL HEALTH + PUBERTY  
MALE EXPECTATIONS

**8/04/2025 13/05/2025**  
**10/06/2025**

FOR MORE INFORMATION PLEASE CONTACT  
YOUR LOCAL YOUTH WORKER  
NICKY - 07582102432



BRADFORD LITERATURE FESTIVAL

## FREE FAMILY FUN DAYS

**28 & 29 JUNE**  
**5 & 6 JULY**

Order your free printed programmes now:  
[marketing@bradfordlitfest.co.uk](mailto:marketing@bradfordlitfest.co.uk)

[f](https://www.facebook.com/bradfordlitfest) [X](https://www.x.com/bradfordlitfest) [ig](https://www.instagram.com/bradfordlitfest) [tiktok](https://www.tiktok.com/@bradfordlitfest) [yt](https://www.youtube.com/bradfordlitfest)

[bradfordlitfest.co.uk](https://www.bradfordlitfest.co.uk)  
[#bradfordlitfest](https://twitter.com/bradfordlitfest)

BRADFORD LITERATURE FESTIVAL

## 27 JUNE - 6 JULY 2025

500+ EVENTS | 10 DAYS | 4 FREE FAMILY FUN DAYS

SIGN UP FOR EVENT ALERTS [BRADFORDLITFEST.CO.UK](https://www.bradfordlitfest.co.uk)



# COMING UP THIS TERM

## SPRING TERM ASSEMBLY SCHEDULE

DAY	DATE	TIME	EVENT
Thursday	22.05.25	2.30pm	Year 4 Residential Assembly
Tuesday	10.06.25	2.30pm	Anne Fine class Assembly
Thursday	12.06.25	2.30pm	Mozart Class Assembly
Thursday	19.06.25	2.30pm	Elm Class Assembly
Thursday	26.06.25	2.30pm	Matisse Class Assembly
Thursday	03.07.25	2.30pm	Willow Class Assembly
Thursday	17.07.25	1.45pm	Year 6 Leavers Presentation Assembly

# REMINDERS

## BREAKFAST CLUB

Our Breakfast Club opens at 7.30am at a cost of £2.40 each per day or at 7.45am at the cost of £1.90 each per day. Children from Nursery to Year 6 can attend.

If you would like to book your child into Breakfast Club, please use ParentPay.

## AFTER SCHOOL CLUB

Our After School Club is available until 4pm at a cost of £2.50 each per day.

If you would like to book your child into After School Club, please use ParentPay.

## EXTRA CLUB

We also offer an Extra Club service that runs until 6pm at a cost of £4.50 per day.

If you would like to book your child into Extra Club, please use ParentPay.

**Please can you ensure that Extra Club places are booked and paid for in advance - by Monday morning. This ensures registers are accurate and places are booked and guaranteed.**

**If you have any problems booking any of our before or after school clubs, please contact Miss Armitage, one of our learning mentors.**

## COMING UP THIS TERM

ANY NEWLY ADDED ITEMS WILL BE IN BLUE

DAY	DATE	TIME	EVENT
Thursday	22.05.25	9.00am	Reception Rhyme Challenge Performance for Parents
Thursday	22.05.25	10.45am – 11.15am 2.15pm – 2.30pm	Nursery Rhyme Challenge Performance for Parents
Friday	23.05.25		School Closes
Monday	02.06.25		School Reopens
Wednesday	04.06.25		Reception Trip Thornton Hall Farm
Thursday	19.06.25		Year 1 Yorkshire Wildlife Trip
Thursday	03.07.25		Year 3 Whitby Trip
Friday	04.07.25		Year 2 Tropical Butterfly House Trip
Thursday	10.07.25		Year 6 Summer Trip Lazerzone



# MENU 19/05/25

Homemade bread,  
selection of seasonal  
vegetables or fresh  
salad served daily

## Swain House Primary School

Wk 1 - 21st Apr, 12th May,  
2nd Jun, 23rd Jun, 14th Jul,  
1st Sep, 22nd Sep, 13th Oct  
Wk 2 - 28th Apr, 19th May,  
9th Jun, 30th Jun, 21st Jul,  
8th Sep, 29th Sep, 20th Oct  
Wk 3 - 5th May, 26th May,  
16th Jun, 7th Jul, 28th Jul,  
15th Sep, 6th Oct, 27th Oct



**MON**

**TUES**

**WED**

**THUR**

**FRI**

**WEEK 1**

- 🍷 Cheese Flan  
(Served with Paprika Potatoes, Seasonal Vegetables or Salad)
- 🍷 Fajita Pasta Bake  
(Served with Crusty Bread, Salad or Seasonal Vegetables)
- Assorted Jacket Potatoes
- 🍷 Hot Sub Roll
- 🍷 Apple Cake  
(Baked Vanilla Sponge with Blended Apples & topped with Icing Sugar)
- 🍷 Freshly Prepared Fruit

- 🍷 Chicken Tikka Masala  
(Served with Rice & Salad)
- 🍷 Halal Chicken Korma  
(Served with Naan Bread & Salad)
- 🍷 Vegetarian Mince Lasagne  
(Served with Garlic Bread & Salad)
- Assorted Jacket Potatoes
- 🍷 Hot Sub Roll
- 🍷 Flapjack
- 🍷 Freshly Prepared Fruit

- 🍷 Roast Dinner  
(Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy)
- 🍷 Halal Roast Chicken Tikka Dinner  
(Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy)
- 🍷 Veggie Mince Shepherd's Pie  
(Served with Yorkshire Pudding & Seasonal Vegetables)
- Assorted Jacket Potatoes
- 🍷 Hot Sub Roll
- 🍷 Cornflake Tart  
(Served with Custard)
- 🍷 Freshly Prepared Fruit

- 🍷 Cheese & Tomato Pizza  
(Served with Jacket Wedges & Beans or Salad)
- 🍷 Mini Meatless Ball Pizza  
(Served with Jacket Wedges, Baked Beans or Salad)
- Assorted Jacket Potatoes
- Selection of Sandwiches
- 🍷 Marble Sponge  
(Served with Chocolate Sauce)
- 🍷 Freshly Prepared Fruit

- Southern Fried Chicken Goujons  
(Served with Chips, Salad or Seasonal Vegetables)
- MSC Battered Fish  
(Served with Chips, Salad or Vegetables)
- 🍷 Vegetable Dippers  
(Served with Ketchup, Chips, Salad or Seasonal Vegetables)
- Assorted Jacket Potatoes
- Selection of Sandwiches
- 🍷 Ice Cream Tubs
- 🍷 Freshly Prepared Fruit

**WEEK 2**

- 🍷 Homemade Cheese & Onion Pasta  
(Served with Seasoned Potatoes, Salad or Seasonal Vegetables)
- 🍷 Bombay Veg Biryani  
(Curried Vegetables & Rice served with Naan Bread & Salad)
- Assorted Jacket Potatoes
- 🍷 Hot Sub Roll
- 🍷 Chocolate Crispy Crunch
- 🍷 Freshly Prepared Fruit

- 🍷 Spaghetti Bolognaise  
(Spaghetti Bolognaise, served with Garlic Bread & Salad)
- 🍷 Halal Spaghetti Bolognaise  
(Spaghetti Bolognaise served with Garlic Bread & Salad)
- 🍷 Arrabiata Pasta  
(Served with Crusty Bread & Salad)
- Assorted Jacket Potatoes
- 🍷 Hot Sub Roll
- 🍷 Volcano Buns  
(A Sponge-like Biscuit with a Jam / Lemon filling)
- 🍷 Freshly Prepared Fruit

- 🍷 Roast Dinner  
(Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy)
- 🍷 Halal Roast Chicken Tikka Dinner  
(Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy)
- 🍷 Savoury Veggie Mince & Tatties  
(Soya Mince & Vegetables served in a Yorkshire Pudding)
- Assorted Jacket Potatoes
- 🍷 Hot Sub Roll
- 🍷 Old School Sponge Cake  
(Served with Custard)
- 🍷 Freshly Prepared Fruit

- 🍷 Cheese & Tomato Pizza  
(Served with Chips & Beans or Salad)
- 🍷 Savoury Rolls  
(Served with Chips & Salad or Beans)
- Assorted Jacket Potatoes
- Selection of Sandwiches
- 🍷 Chocolate Sponge  
(Served with Chocolate Sauce)
- 🍷 Freshly Prepared Fruit

- All Day Brunch  
(Traditional Breakfast Items: Sausage, Egg, Toast & Beans)
- MSC Fish Fingers  
(Served with Jacket Wedges & Salad or Seasonal Vegetables)
- 🍷 All Day Vegetarian Brunch  
(Quorn Sausage, Scrambled Egg, Baked Beans, Chips & Bread and Butter)
- Assorted Jacket Potatoes
- Selection of Sandwiches
- 🍷 Oat Cookie
- 🍷 Freshly Prepared Fruit

**WEEK 3**

- 🍷 Mac & Cheese  
(Served with Crusty / Garlic Bread & Salad)
- 🍷 Veg Jambalaya  
(Seasoned Vegetables & Rice, served with Crusty Bread & Salad)
- Assorted Jacket Potatoes
- 🍷 Hot Sub Roll
- 🍷 Jam Sponge  
(Served with Custard)
- 🍷 Freshly Prepared Fruit

- 🍷 Chicken Pie  
(Served with Seasoned Potatoes & Seasonal Vegetables)
- 🍷 Halal Keema & Peas  
(Served with Pilau Rice & Salad)
- 🍷 Cheese Roll  
(Served with Seasoned Potatoes & Seasonal Vegetables)
- Assorted Jacket Potatoes
- 🍷 Hot Sub Roll
- 🍷 Fruity Flapjack
- 🍷 Freshly Prepared Fruit

- 🍷 Roast Dinner  
(Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy)
- 🍷 Halal Roast Chicken Tikka Dinner  
(Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy)
- 🍷 Quorn Roast  
(Served with Yorkshire Pudding & Seasonal Vegetables)
- Assorted Jacket Potatoes
- 🍷 Hot Sub Roll
- 🍷 Fruit Jelly  
(Fruit Jelly topped with Cream)
- 🍷 Freshly Prepared Fruit

- Cheesy Beef Taco Pasta  
(Served with a side Salad)
- 🍷 Cheese & Tomato Pizza  
(Served with Chips & Beans or Salad)
- 🍷 Loaded Vegetable Pizza  
(Served with Chips & Salad)
- Assorted Jacket Potatoes
- Selection of Sandwiches
- 🍷 Chocolate Sponge  
(Served with Chocolate Sauce)
- 🍷 Freshly Prepared Fruit

- MSC Fish Fingers  
(Served with Creamed Potatoes & Seasonal Vegetables)
- MSC Salmon & Sweet Potato Fishcake  
(Served with Creamed Potatoes & Seasonal Vegetables)
- 🍷 Breaded Cheese & Vegetable Grill  
(Served in a Bun with Salad & Optional Coleslaw)
- Assorted Jacket Potatoes
- Selection of Sandwiches
- 🍷 Vanilla Cookie
- 🍷 Freshly Prepared Fruit





# NATIONAL ONLINE SAFETY

This week, our 'Wake Up Wednesday' guide from National Online Safety is about 'Minecraft'.

## What Parents & Educators Need to Know about MINECRAFT

AGE RESTRICTION  
PEGI  
7

### WHAT ARE THE RISKS?

Still the best-selling game of all time, Minecraft is a bastion of creativity and community, with hundreds of millions of players building and crafting in its almost endless world. The popularity of Minecraft among gamers of all ages means it's important to remain informed about the game, including how to play it safely and whether it's suitable for the children in your care. That's why we've created this guide explaining the risks associated with Minecraft and how to ensure a purely enjoyable gaming experience.

### SCARY ELEMENTS

While Minecraft can be seen as a kind of 'digital LEGO', certain game modes include creatures accompanied by eerie sound effects. These can be a bit too frightening for some younger players, potentially leading to distressing in-game combat and other encounters – although the combat is quite basic and free from any real depiction of violence.

### GRIEFING

Some players in Minecraft take pleasure in deliberately damaging or destroying another person's creations. This behaviour, known as 'griefing', is a form of bullying – it intentionally ruins someone else's experience by erasing hours of their work and forcing them to start over. Many public servers regard griefing as a serious offence and often ban those who engage in it.

### ADDICTIVENESS

Minecraft's focus on creativity means that, as with any creative endeavour, it can be easy to get carried away. If your child is finding it difficult to manage their time because they're drawn in by Minecraft's gameplay loop of resource gathering and building elaborate projects, it could have a knock-on effect on their social interactions and schoolwork.

### PUBLIC SERVERS AND COMMUNICATIONS

With public servers being so easily accessible in Minecraft, it's highly likely that children will end up chatting with strangers through the in-game text chat. Some servers even place an emphasis on social interaction, actively encouraging communication between players. While there's nothing inherently wrong with this, it does carry certain risks. In addition to the concerns around speaking with strangers online, players who host their own servers may have their IP addresses exposed, posing a further security concern.

### ADDITIONAL PURCHASES

Minecraft is available as a free trial on a variety of devices; however, the full game requires a one-off purchase. After that, players have the option to buy additional cosmetic upgrades or subscribe to Minecraft Realms. Realms is an entirely optional subscription service that allows users to run their own private server to play with friends. Without proper supervision, younger players may end up making unintended or excessive purchases.

## Advice for Parents & Educators

### CHOOSE THE RIGHT MODE

Selecting Creative or Peaceful mode allows children to play Minecraft without having to contend with enemies. It's also a great way for you to get used to playing the game with them, since the difficulty level is far lower. This allows you to work together on a long-term project, creating something special without the threat of enemies and creatures attacking you or damaging your building.

### HOST A PRIVATE SERVER

The easiest way to find a safe server for children to play on is to make one yourself. Hosting a server prevents strangers from finding it, unless they've been given its address and password. A private server also lets you control who's allowed to enter and – if necessary – ban anyone who shouldn't be there. This is the closest equivalent to parental controls in Minecraft. Hosting a private server, however, will cost a monthly fee.

### TALK ABOUT STRANGERS

At some point in their lives, almost everyone will make contact with a stranger online. Talking to children about online safety, therefore, is essential – as is having a plan for dealing with any hostile or difficult people. It's important that a child knows never to tell a stranger about themselves online and that they should come to you straight away if they do encounter a problem.

### RESEARCH CONTENT CREATORS

Much of Minecraft's early stages can be an exercise in frustration for players who don't know where to start. Thankfully, there's a wealth of material online and in video format to help you learn the basics. Just be mindful that some of this content may not be appropriate for children, so you should consider watching it yourself first.

### PLAY MINECRAFT WITH YOUR CHILD

As a creative building tool, Minecraft makes it great fun for children to team up and construct vast buildings accompanied by imaginative landscapes, much like working with LEGO or model kits. Playing in a game mode that includes enemies can encourage critical thinking and teamwork; however, you should consider which game mode is appropriate for the child in your care.

### Meet Our Expert

Lloyd Coombes is Gaming Editor at the Daily Star, and has worked in games media for more than 6 years. A long-time gaming enthusiast, he is also a parent and therefore a keen advocate of online safety for children of all ages.



#WakeUpWednesday

The National College