

Newsletter

Friday 9th October 2026



Tel: 01274 639049

Www.swainhouse.co.uk

Email: office@swainhouse.bradford.sch.uk

ASPIRE

BELIEVE

PERSEVERE

ACHIEVE

Year 6 Residential



Year 6 had an incredible three days on their residential at Newby Wiske. We persevered and completed a range of activities such as: raft building, giant swing, vertical challenge, survivor, silent disco and problem solving. We pushed ourselves to the limit to conquer our fears and made everyone proud of our listening skills, maturity and kindness. The children particularly enjoyed their rooms with LED lights built into their beds and the amazing catering.

Michael Morpurgo



Year 4 are enjoying studying the film clip, Dragon Slayer, as part of their English lessons. Today we discussed the dilemma the dragon slayer faces - should he take the baby dragon with him or not? We then played Conscience Alley to consider both sides of the problem.



Mozart



Mozart class enjoyed their ukulele lesson yesterday afternoon. They have been learning to pluck different strings and have learnt to play their first song!

Last weeks Attendance treat winners



Anaya in Elgar class won the 100% attendance voucher for KS2 on the 18th September, she chose Diary of a Wimpy Kid - Cabin Fever book as her prize (it took a while to get here).

Well done Anaya!



Matilda in Willow Class won the 100% attendance voucher for Early Years last Friday. Matilda chose some squishy balls as her prize.

Well done Matilda!



Aria in MM class won last week's 100% attendance voucher for KS2. Aria chose slime for her prize.

Well done Aria!



Sharing your news



Thierry in Anne Fine class brought his fantastic medal in to show everyone. His football team won 9-2 and Thierry scored 2 of those goals gaining himself player of the match!

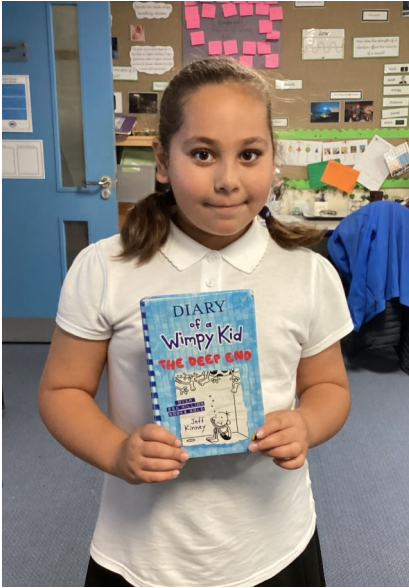
Well done Thierry!



Myla in MM class received a medal for taking part in a dance competition last weekend. Her group performed three dances.

Well done Myla!

Weekly book review



Diary of a Wimpy Kid - The Deep End

Malak MM class

I really like this book because it is interesting. It is written from the point of view of a child at school and all about his life. It has some really funny bits in it! I also like the illustrations. I like Diary of a Wimpy kid books because they're also a movie and I really like the films. I would like to read the other books in the series too.



Eliza H - Elgar class

The Nightmare Before Christmas by Megan Shepherd

I would recommend this book because it is filled with imagination and it turns from a story about a scary town to a happy town. I also liked that Jack eventually notices Sally and they fall in love. My favourite character is Jack Skellington because he is always talking about Christmas and he is always exploring the town.

Weekly updates

Attendance and Punctuality

Here are this week's attendance and punctuality figures. There is a proven link between attendance and achievement and it is therefore very important that your child attends school and is on time unless they are too unwell to do so. Our doors open at **8.30am** and close at **8.40am**.

Please see the information below for our whole school and class attendance for the week ending **09.10.26**

Early Years and Key Stage 1:

CLASS	PERCENTAGE %	LATES
Elm	93.9%	5
Willow	97.0%	0
Kandinsky	96.7%	1
Matisse	93.3%	0
Lowry	98.4%	5
Van Gogh	95.2%	0

Key Stage 2:

CLASS	PERCENTAGE %	LATES
Anne Fine	98.1%	3
Roald Dahl	98.7%	1
JK Rowling	99.7%	4
Michael Morpurgo	91.5%	1
Elgar	96.3%	2
Mozart	94.8%	4
Beethoven	96.5%	2
Vivaldi	93.2%	1

Congratulations to **Lowry Class** and **JK Rowling Class** for having the **best attendance** this week.

Congratulations to **Willow Class**, **Matisse Class** and **Van Gogh Class** for having **no lates**!

Our whole school attendance this week:

95.9%

Communication since the last newsletter

These are the letters, messages and website updates that have been sent out this week. If you have not received any of these letters, please speak to your child's class teacher or contact the office on **01274 639049**.

Website Updates:	National Online Safety: - Top tips for Educators Pupil Wellbeing Conversations
Letters:	
Messages via parentapps:	

Reminders

Breakfast club

Our Breakfast Club opens at 7.30am at a cost of £2.40 each per day or at 7.45am at the cost of £1.90 each per day. Children from Nursery to Year 6 can attend.

If you would like to book your child into Breakfast Club, please use ParentPay.

We have a free Breakfast Club 8.00am—8.30am

If you would like to book this please use ParentApps

After school club

Our After School Club is available until 4pm at a cost of £2.50 each per day.

If you would like to book your child into After School Club, please use ParentPay.

Extra club

We also offer an Extra Club service that runs until 6.00pm at a cost of £4.50 per day.

If you would like to book your child into Extra Club, please use ParentPay.

Please can you ensure that Extra Club places are booked and paid for in advance - by Monday morning. This ensures registers are accurate and places are booked and guaranteed.

If you have any problems booking any of our before or after school clubs, please contact Miss Armitage, one of our learning mentors.

Diary dates

Any newly added items will be in blue

DAY	DATE	TIME	EVENT
Tuesday	13.10.26		Parents Evening
Friday	16.10.26		Harvest Day

Coming up in Autumn Term

Autumn term Assembly Schedule

DAY	DATE	TIME	EVENT
Thursday	15.10.26	2.20pm	Year 6 Newby Wiske Residential Assembly

Harvest Day



Swain House Primary School
Radcliffe Avenue, Bradford BD2 1JL
Headteacher: Mrs Clare Pugh
Tel: 01274 639049
E-mail: office@swainhouse.bradford.sch.uk

Friday 2nd October 2026

Dear Parent/Guardian

HARVEST

This year, we will be celebrating Harvest Day on **Friday 16th October 2026**. Children can come to school wearing **autumnal colours** and the day will be spent learning about and celebrating Harvest. We would like to invite parents/guardians to come into school from 2.00pm till 3.00pm to join in with some of our Harvest activities. We would love it if as many of you as possible could come along and join in with the celebrations.

We understand that you may have more than one child in school, but you will be able to move around school to join in with the craft activities in other classes. Children will need to stay in their normal classrooms. As always, we understand that you may not be able to attend this session but there will be more opportunities throughout the year to visit your child in school.

This year we will be supporting 'The Bradford North Food Bank', a charity which offers food parcels to people in crisis from the Bradford area. They provide three days' nutritionally balanced emergency food and support local people in food crisis. They are part of the Trussell Trusts nationwide network of foodbanks, working to combat poverty and hunger across the UK. Due to a large increase in demand recently they are appealing for food donations to aid their project. We are asking if you would be kind enough to send a contribution of any of the following items, in support of our Harvest celebrations, which will then be collected and used by the Bradford Food Bank.

DONATE FOOD

These are some of the urgently needed food items:

- Toilet rolls
- Toiletries (Toothbrush, Toothpaste, Deodorant, Washing Up Liquid)
- UHT milk
- Tinned Meat
- Cereal
- Tinned tomatoes
- Soup
- Tinned Rice Pudding
- Tinned Custard



Please send your contributions into school **week commencing Monday 5th October 2026**. We would like to thank you in anticipation of your generous support. If you have any questions please contact school.

Yours sincerely

Mrs Clare Pugh
Headteacher

Parents Evening



Swain House Primary School
Radcliffe Avenue, Bradford BD2 1JL
Headteacher: Mrs. Clare Pugh
Tel: 01274 639049
E-mail: office@swainhouse.bradford.sch.uk
Website: www.swainhouse.co.uk

Tuesday 29th September 2026

Dear Parent/Guardian

Our upcoming Parents' Evening on **Tuesday 13th October 2026, will run from 3.15pm until 6.15pm.** We are once again pleased to offer both face to face and telephone appointments.

Appointments can be booked from **7.30am on Monday 5th October 2026.** We will not be using ParentApps to book appointments as we are offering both telephone and face to face appointments. Instead, you can either phone the school office to book a slot or speak to the Class Teacher, both before and after school.

You can book an appointment with your child's class teacher between **8.30am and 8.40am** and **3.00pm and 3.10pm.** If you would like to book an appointment at any other time, please phone the school office on 01274 639049 between 9.15am and 2.30pm.

As we are offering a hybrid approach for appointments again, if the class teacher is on a telephone consultation, there will be a sign on the classroom door. The class teacher will call you in for your appointment as soon as they are available. If you are expecting a telephone consultation, please be prepared that your call could be at a slightly earlier or later time to your booking. However, we will endeavor to call you at the exact time of your booking.

Parents who are coming into school will have the opportunity to have a look at their child's books following the meeting with the teacher. If you have a telephone appointment, your child's books will be available to be viewed between 3.00pm and 3.10pm on Wednesday 14th October 2026.

Following the Parents' Consultation Evening, if you have any feedback, please either email this to office@swainhouse.bradford.sch.uk or phone the school office on 01274 639049.

Yours sincerely

A handwritten signature in black ink, appearing to read 'C. Pugh'.

Mrs Clare Pugh
Headteacher

Menu 12/10/26

Week 3: 27th Apr, 18th May,
8th Jun, 29th Jun, 20th Jul,
10th Aug, 31st Aug, 21st Sep,
12th Oct, 2nd Nov

Homemade Bread,
selection of seasonal
Vegetables / fresh Salad &
fresh Fruit served daily.

Selection of cold
Sandwiches served daily.

Swain House Primary School Menu

Mon

ProVeg Rich & Creamy Meat Lasagne
Red Tractor Accredited Beef Mince in a rich Tomato Sauce with Vegetables, Herbs & Garlic, layered with Pasta Sheets & a Creamy Cheese Sauce, served with Garlic Bread.

Rich & Creamy Vegetarian Mince Lasagne
Soya Mince & Vegetables in a rich Tomato Sauce with Vegetables, Herbs & Garlic, layered with Pasta Sheets & a Creamy Cheese Sauce, served with Garlic Bread.

Homemade BBQ Quorn with Rice
Quorn Pieces in a Barbeque flavoured Tomato Sauce, served with Rainbow Rice.

Assorted Jacket Potatoes / Selection of Sandwiches

Flapjack
A sweet Bar made with Oats, Golden Syrup & Butter.

Tue

Traditional Chicken Pie
Red Tractor Accredited diced Chicken Pieces in a rich Gravy with Vegetables, topped with a Golden Pastry Lid, served with Potatoes.

Halal Keema & Peas
Red Tractor Accredited HMC Beef Mince & Peas, served with Spicy Pilau Rice.

Golden Cheese Whirl
Cheese, Potato & Onion, encased in Puff Pastry, served with Seasoned Potatoes.

Selection of Sandwiches / Hot Sub Roll

Strawberry Sponge & Custard
Homemade, light Vanilla Sponge with a Strawberry Jam Swirl, served with Custard.

Wed

Sausage Pie
Red Tractor Accredited Sausage in Gravy, topped with Cheesy Mashed Potatoes, served with Yorkshire Pudding.

Halal Roast Chicken Breast
Red Tractor accredited HMC Chicken Breast, served with Yorkshire Pudding, Roast Potatoes & Vegan Gravy.

Quorn Roast Dinner
Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Vegan Gravy.

Selection of Sandwiches / Hot Sub Roll

Pears & Ice Cream with Syrup
Vanilla Ice Cream with Tinned Pear Slices, with a Chocolate flavoured Syrup.

Thu

Classic Cheese & Tomato Pizza
Wholemeal 50/50 base, topped with a lightly spiced Sauce and topped with Mozzarella / Cheddar Cheese, served with Chips / Jacket Wedges.

Mini Power Ball Pizza
Wholemeal 50/50 base topped with a lightly spiced Sauce, and topped with Mozzarella / Cheddar Cheese & Meatless Balls, served with Chips / Jacket Wedges.

ProVeg Indian-style Sausage Rolls
Puff Pastry with a Vegan Filling, served with Chips / Jacket Wedges.

Assorted Jacket Potatoes / Selection of Sandwiches

Chocolate Sponge & Chocolate Sauce
Homemade, light Chocolate Sponge, served with Chocolate Sauce.

Fri

MSC Breaded Fish Fillet Fingers
MSC Fish Fillet Fingers, served with Chips / Jacket Wedges.

Vegetable Pakoras
Mixed Vegetables & Onion coated in Tempura Batter, served with Chips / baked Jacket Wedges & Riata.

Neapolitan Pasta
Seasonal Veg, Beans & Herbs cooked and blended into a rich Tomato Sauce, served with Pasta.

Assorted Jacket Potatoes / Selection of Sandwiches

Butterfly Buns
Individual, decorated Sponge-based Dessert.



Scan the QR code to head to our app for full allergen & nutritional info



FM CATERING SERVICES

Community news



**SWAIN HOUSE
PRIMARY SCHOOL**

RECEPTION 2027 OPEN DAYS

Thursday 24th Sept - 1.30pm

Wednesday 7th Oct - 9.30am

Wednesday 14th Oct - 3.30pm

Monday 19th Oct - 9.30am

More dates to follow



01274 639049



www.swainhouse.co.uk



Little Acorns & Great oak Nursery



Did you know
We have two
Nurseries
at our school?



**Little
Acorns**
NURSERY
From age 2



Great Oak
Nursery
From age 3

Both offer
wrap around
care from
7.30am - 6pm

Call the office for more information or to book a visit
01274 639049

Friends of swain house



The Friend of
Swain House
are hosting a

HALLOWEEN DISCO

Thursday 22nd Oct
4pm - 5.30pm
(doors close at 4.15)

£3.00 per ticket
which includes a drink
and a bag of crisps.

Flashing items
available to buy
on the night
ranging from
£1 - £3.

Tickets on sale now!
Strict ticket deadline
Monday 19th Oct 9am

Swain House
Acting Beliere Beliere Beliere
Swain House
Primary School
Achieve

The poster is a vibrant Halloween-themed advertisement. It features a dark purple background with orange and yellow accents. At the top, two jack-o'-lanterns with glowing faces are flanked by black bats. The text 'The Friend of Swain House are hosting a' is in white, leading to 'HALLOWEEN DISCO' in large, dripping orange and pixelated blue/purple letters. Below this, the date and time 'Thursday 22nd Oct 4pm - 5.30pm (doors close at 4.15)' are on an orange brushstroke. A purple banner states the ticket price '£3.00 per ticket' and what it includes. To the right, a green box lists 'Flashing items available to buy on the night ranging from £1 - £3.' with illustrations of a red cup, a bag of crisps, a disco ball, and neon lights. A large orange banner at the bottom says 'Tickets on sale now!' with the 'Strict ticket deadline Monday 19th Oct 9am' below it. The bottom edge shows a graveyard scene with tombstones, jack-o'-lanterns, and a black cat. Two circular logos are in the bottom corners: 'Friends of Swain House' and 'Swain House Primary School'.

Our conversation card of the week



Enjoy a conversation!

Each week we will share a conversation card. These are designed to help you have meaningful and fun conversations with your child and aid discussions about mental health and happiness.



Community news

Please see below a selection of posters outlining support for parents/carers of pupils with SEND.

One Minute Guides BRADFORD DISTRICT'S LOCAL OFFER

Masking Toileting Sleep
Assessments Reviews Exclusions and more...

Discover a range of topics!

SCAN ME!

- ✓ Annual reviews
- ✓ EHC assessments
- ✓ Personal Budgets
- ✓ Masking in school
- ✓ Exclusions
- ✓ Early Years specialist provision
- ✓ Special schools
- ...and many more!

VISIT localoffer.bradford.gov.uk
and search 'One Minute Guides'

BRADFORD DISTRICT'S LOCAL OFFER SEND

Special educational needs and disabilities

Access to help and support

Information all in one place

Sign up for our newsletter

Look at our One Minute Guides

Follow us
@LocalOfferBd

BRADFORD DISTRICT'S LOCAL OFFER can help you find information, services and activities for children and young people from birth to 25 years with special educational needs, and/or disabilities (SEND) or who are neurodivergent.

SCAN ME

Look out for this symbol to receive the messages in your chosen language and give you accessibility options too.

West Yorkshire Health and Care Partnership

LocalOffer.bradford.gov.uk

BARNARDOS Changing childhoods. Changing lives.

IT'S OKAY to ASK for HELP

Need a little help to support your child in school or college?

Bradford SENDIASS are an independent service supporting parents and carers of children and young people who have special educational needs and/or disabilities (SEND) aged up to 25.

The team offer educational advice and support, including:

- ♥ coffee mornings
- ♥ workshops
- ♥ advice and information
- ♥ in-person support
- ♥ telephone and email support.

Email: bradfordSENDIASS@barnardos.org.uk
Telephone: 01274 513300

www.barnardosendiass.org.uk/bradford-sendiass

SCAN ME

@Bradfordsendiass

Parent/carer SEND support groups

Down Syndrome Training and Support Service
downsyndromebradford.com
01274 561308

AWARE for young people with autism
www.aware-uk.org
07826 926150

Parents' Forum for Bradford and Airedale
Representing parent/carers
www.pfba.org.uk
01274 397396

Carers' Resource Bradford
carersresource.org
0808 501593

West Yorkshire ADHD group
www.wyadhd.org.uk
0113 8563459

SNOOP for young people with a learning disability
www.snoopcharity.org
01274 292126

FIND OUT MORE

BRADFORD DISTRICT'S LOCAL OFFER

SCAN ME

fyi FAMILIES & YOUNG PERSONS INFORMATION BRADFORD DISTRICT

Visit the FYI website to get free information and advice for children, young people and families

Family Hub Start for Life

- Family relationships, health, cost of living, and more
- Things to do in the Bradford District
- Family Hubs and Start for Life

If you can't find what you are looking for, we are here to help!

WWW.

fyi.bradford.gov.uk
or tel: **01274 432626**

Department of Children's Services

City of BRADFORD

The wording in this publication can be made available in other formats such as large print and Braille. Please call 01274 432626

Community news

mencap

Family Engagement Project

SEND Parent and Carer Coffee Morning

Join our community of parents and carers of children aged 0-10 with Special Educational Needs and Disabilities or emerging needs for informal advice and support.

Come and join us!

Wednesday 21st October

10.00am - 11.30am

Kirkgate Community Centre

39A Kirkgate, Shipley, BD18 3EH

Helpful advice and support

Free refreshments

Meet other SEND parents

Children welcome

Signposting to services

Family Engagement Project in Bradford



To register with the project, scan the QR code or visit our Facebook page - Mencap Family Engagement Project Bradford and follow the link. For further information email us at: BradfordFEP@mencap.org.uk

mencap

Family Engagement Project



Support for parents and carers of children aged 0-10 with Special Educational Needs and Disabilities or emerging needs in Bradford

Welcoming Coffee mornings

Information and signposting

1-1 Support from Family Connectors with lived experience

No diagnosis or pathway necessary

Friendly community

Scan the QR code to register. For further information, email us at: FEPBradford@mencap.org.uk

Family Engagement Project in Bradford



mencap

Family Engagement Project

SEND Parent and Carer Coffee Morning

Join our community of parents and carers of children aged 0-10 with Special Educational Needs and Disabilities or emerging needs for informal advice and support.

Come and join us!

Wednesday 7th October

10.00am - 11.30am

Mayfield Centre

35 Broadway Avenue, BD5 9NP

Helpful advice and support

Free refreshments

Meet other SEND parents

Children welcome

Signposting to services

Family Engagement Project in Bradford



To register with the project, scan the QR code or visit our Facebook page - Mencap Family Engagement Project Bradford and follow the link. For further information email us at: BradfordFEP@mencap.org.uk

Community news

Wellbeing Coffee Afternoon



for Parents and Carers of Deaf Children

When: Tuesday 20th October 2026

At: 13:15– 14:30

Where: Swain House Primary School, Rodcliffe Avenue, Bradford, BD2 1JL

Deaf children who feel **good** about themselves
can achieve amazing things!

Parents,
carers and
family members
all welcome

Our sessions include...



My Happy Mind

Toni McGrath
Specialist Practitioner

Supporting children to
build positive mental
wellbeing, resilience
and self-confidence.



Supporting the SEMH of Deaf Children

Helen Philips
Mental Health Nurse

Communication, deaf
identity and emotional
wellbeing at home.



Zones of Regulation

Christine Cashman
Teacher of the Deaf

A practical introduction
to the Zones, how we
use them in school and
simple strategies
parents can use at
home.



Oasis Wellbeing

Cleo Jones
Specialist Wellbeing and
Therapeutic Support
Practitioner

An introduction to Oasis
Wellbeing, the support
available and how
families can access it.



Ask questions, share advice and meet
other parents and carers.
Coffee, Tea and Cake provided.

Together we can help our deaf children thrive!

Information Support Practical ideas Connection

Community news



Yorkshire Academy of
Creative Arts & Dance

CREATE • EXPLORE • SOCIALISE • BE INSPIRED

COMMUNITY EVENTS

AUTUMN & WINTER 2026

FUN, CREATIVE EVENTS FOR ALL THE FAMILY!

SAT
26
SEP
2026



Afternoon Tea

Enjoy a delicious afternoon
of tea, treats and great company!

🕒 12.30pm 🧑 All welcome 💷 £20
per person

MON
05
OCT
2026



Craft & Social

Get creative, relax and
meet new people!

🕒 12.30pm 🧑 All welcome 💷 £15
per person

SAT
24
OCT
2026



Frankenstein's Laboratory

A Halloween science workshop
for curious minds! (Age 5+)

🕒 11.00am 🧑 Ages 5+
(One accompanying
adult per child) 💷 £30
per child

WED
04
NOV
2026



Bonfire Event

A cosy community event
for all the family!

COMING SOON!

🕒 5.00pm 🧑 All welcome ⓘ More details
to follow!

WED
02
DEC
2026



Candle Making Workshop

Create your own beautiful
candle, enjoy treats and
great company!

🕒 5.00pm 🧑 All welcome 💷 £35
per person

SAT
12
DEC
2026



Bath Bomb Workshop

Create, relax and enjoy!
Make two bath bombs
to take home!

🕒 11.00am 🧑 All welcome 💷 £35
per person

MON
14
DEC
2026



Soap Sponge Workshop

Make your own beautiful
soap sponge, enjoy treats
and great company!

🕒 12.30pm 🧑 All welcome 💷 £35
per person



All events take place at:
Yorkshire Academy of Creative Arts & Dance
Co-op Academy Parkland, Old Park Road, BD10 9BG



BOOK YOUR PLACE AT:

<https://www.yacad.co.uk/book-now>



01274 020263



jess@yacad.org

CREATIVITY

INDIVIDUALITY

RESPECT

RESILIENCE

COMMUNITY

Community news

Monday 26th, Tuesday 27th, Wednesday 28th,
Thursday 29th, Friday 30th October 2026.
To be held at Calverley CofE Primary School.

£25

with multiple
discount days

**BOOKINGS
ARE NOW
OPEN!**

GOWILD OUTDOORS HOLIDAY CAMPS

No two camps
are ever the
same!

office@gowildoutdoors.co.uk
01274 900 301

gowildoutdoors.co.uk

All children welcome from Reception age 4+ & above.
Wraparound & indoor facility available.

SOFT ARCHERY &
AXE THROWING

BUSHCRAFT &
DEN BUILDING

HAMMOCKS,
SLACKLINE
& SWINGS

WOODLAND &
NATURE CRAFTS

...& MUCH,
MUCH MORE!

**GO
WILD
OUTDOORS**

National online safety

Top tips for Educators Pupil Wellbeing Conversations

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. For further guides, hints and tips, please visit nationalcollege.com.

Top Tips for Educators

PUPIL WELLBEING CONVERSATIONS

It can feel difficult to know how to start a conversation with a pupil about their wellbeing, either because you do not feel equipped with the information you think you need, or because you do not feel confident opening it up. You do not need to be a specialist. This guide covers how to start, what to say about confidentiality, and what to do with what you hear.

1 NURTURE WARM, TRUSTING, & KIND RELATIONSHIPS

When pupils have a consistent, emotionally available adult who shows they care and who holds them in mind, they thrive. They are also far more willing to open up and seek support. Positive, trusting relationships are an important part of supporting pupil wellbeing and complement more formal wellbeing programmes or sessions.

2 KEEP CALM, EVEN IF YOU'RE WORRIED

When a pupil discloses, stay calm while showing that you take it seriously. Panic can raise their anxiety and teach them that telling an adult makes things worse. Your steadiness can help them to keep calm and give them enough space to say the rest. Calm does not mean unmoved, and it is fine to tell them that what they have said is important and will be heard.

3 HAVE SIDE-BY-SIDE CONVERSATIONS

Many pupils find it easier to talk when a conversation does not require them to sit face to face with an adult. For example, conversations might take place while walking, tidying the classroom, or taking part in a lunchtime club. Sitting alongside someone removes the demand of eye contact, allows longer thinking time and lowers the intensity of the exchange. This can be particularly true for neurodivergent pupils, and for anyone who needs a moment before answering.

4 THINK ABOUT WHERE YOU ARE

Consider whether the pupil can speak without being overheard or interrupted. If a pupil has already started talking, avoid unnecessarily disrupting the conversation by moving elsewhere. Where a more appropriate location is needed, explain why you need to move and give the pupil the opportunity to continue what they were saying.

5 BE HONEST ABOUT CONFIDENTIALITY

Never promise to keep information to yourself. Schools have a legal duty to share information relevant to a pupil's safety or welfare. Tell them at the start that you may need to pass something on, and who to. Then involve them in what happens next, as far as their age and understanding allow. Ask what they want to happen, what they want to say, and who they want to be told. Be honest that some things will need to happen whether they agree or not. A pupil who helped shape next steps is far more likely to tell someone again.

6 CREATE A SAFE ENVIRONMENT

Provide a classroom free from belittling and shame-based behaviour management. Pupils who expect to be humiliated will not disclose. Where they feel listened to and see that difficulties are acted upon, they share worries earlier and whilst those worries are still small. If pupils hear adults belittling or talking about other pupils openly, it damages trust and they are likely to assume their worries will also be handled this way.

7 DO NOT CARRY IT ON YOUR OWN

Hearing something difficult can stay with you. When informing your designated safeguarding lead, share with them how it left you feeling and whether you feel you need further support. Your role as a trusted adult is what makes all of the above possible, and just as you have a responsibility to protect pupils' welfare, your school has a responsibility to protect yours.

HELPFUL OPENERS

- I've noticed you've been quieter. How's your week been?
- You don't seem your usual self, when might be a good time to catch up today?
- Sometimes it's hard to know what to say, but I'd like to understand?
- You don't have to talk now. I'll check in with you later?

Meet Our Expert

Anna Bateman is a mental health and wellbeing specialist with nearly thirty years in education. She is a multi-academy trust director, special adviser, and a former adviser to the Department for Education on its mental health green paper.



#WakeUpWednesday®

The National College®

See full reference list on our website

X @wake_up_weds

f /www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 07.10.2026

Myhappymind app

The myHappymind app includes lots of fantastic features such as—kids zone, myHappymind games and mini master classes for parents .



The advertisement features the myHappymind logo at the top, followed by the text "Download your FREE myHappymind Parent App". Below this, three smartphones are shown displaying the app's interface, which includes sections for "Introduction and Parent Overviews", "My Library", and "Kids Zone". To the right of the phones is a QR code and the text: "...An online resource to support you and your family to learn more about how you can use myHappymind to support your child." At the bottom, there are three colored boxes: a green box for "myHappymind for Parents" (Exclusively for parents with children at a myHappymind School or Nursery), a red box with a smartphone image, and a purple box for "myHappymind Parent App" (Learn all about what your children are learning in school). Below these boxes, the text "YOU WILL NEED THIS AUTHENTICATION CODE TO SIGN UP" is followed by the code "107220" and a dashed line.

myHappymind

Download your **FREE** myHappymind Parent App

...An online resource to support you and your family to learn more about how you can use myHappymind to support your child.

myHappymind for Parents

Exclusively for parents with children at a myHappymind School or Nursery.

Learn all about what your children are learning in school

myHappymind Parent App

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107220

Community news



SEND Marketplace drop-in events

Specialist services available to ask questions, give information, advice and support. The last Monday of every month.



- 26 January (2pm - 4.30pm) at Reevy Hill Family Hub
- 23 February (9.30am - 12.30pm) at Rainbow Family Hub
- 30 March (1pm - 3pm) at Barkerend Family Hub
- 27 April (9.30am - 12.30pm) at Farcliffe Family Hub
- 18 May (2pm - 4.30pm) at TFD Family Hub
- 29 June (9.30am - 11.30am) at Shipley Library
- 27 July (1pm - 3pm) at Barkerend Family Hub
- 24 August (9.30am - 12.30pm) at Farcliffe Family Hub
- 25 September (2pm - 4.30pm) at Reevy Hill Family Hub
- 26 October (9.30am - 12.30pm) at Rainbow Family Hub
- 30 November (1pm - 3pm) at Barkerend Family Hub
- 21 December (9.30am - 12.30pm) at Farcliffe Family Hub

Support available on:

Autism/ADHD

Speech and language

Relationship issues

Sleeping difficulties

Finance/benefits

Education

Bradford District and Craven
Health and Care Partnership

