

# NEWSLETTER

FRIDAY 18TH JULY 2025



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ASPIRE

BELIEVE

PERSEVERE

ACHIEVE

## WROSE CARNIVAL

Thank you to all of the children and adults in school that supported us taking part in Wrose Carnival on Saturday 5th July. All of the props for the day and the gifts that we gave out were made by the children and our amazing t-shirts were made by Miss Downes and decorated by the Wrose Carnival Club children. Thank you to everyone that came along to support us and walk with us on this fantastic day! We are already coming up with ideas for next year!



Special thanks to Miss Bales, Miss Njie, Miss Patchett and Miss Sayce for running the Wrose Carnival club!

# NURSERY GRADUATION

Nursery children were so excited to have their graduation this week. They did a fantastic performance in front of their family members, performing some of our favourite rhymes. We are so proud of them and wish them all the best in Reception!





# EARLY YEARS AND KS1 FUN DAY

Our children in Early Years and KS1 had a great afternoon at their fun day, despite there being no bouncy castles however, it was lovely to have such positive feedback from the parents about the different activities.





# GOODBYE AND GOOD LUCK!

We would like to wish a very special goodbye to Mrs Normington!

Mrs Normington has been an integral part of our Swain House team for the last 17 years and her work has made a lasting impact on the children, families, and colleagues she has supported. We will all miss her, but we are incredibly proud of her achievement and wish her every success in this exciting next chapter of her career.





# GOODBYE AND GOOD LUCK!

We would like to say a fond farewell to Miss Aslam, Miss Loxam and Mrs Harland who are sadly leaving us. Thank you for all your hard work and dedication, we will miss you!

From all your colleagues and the children at Swain House Primary School.





# A WARM WELCOME!

We would like to extend a warm welcome to Mr Hogg who will be teaching JK Rowling class, Year 4 in September.



# HAPPY SUMMER HOLIDAYS!

We would like to wish all of our families a happy summer holidays. We hope you have a rested, enjoyable break and we look forward to seeing you back in school at the start of our Autumn term on **Tuesday 2nd September 2025.**





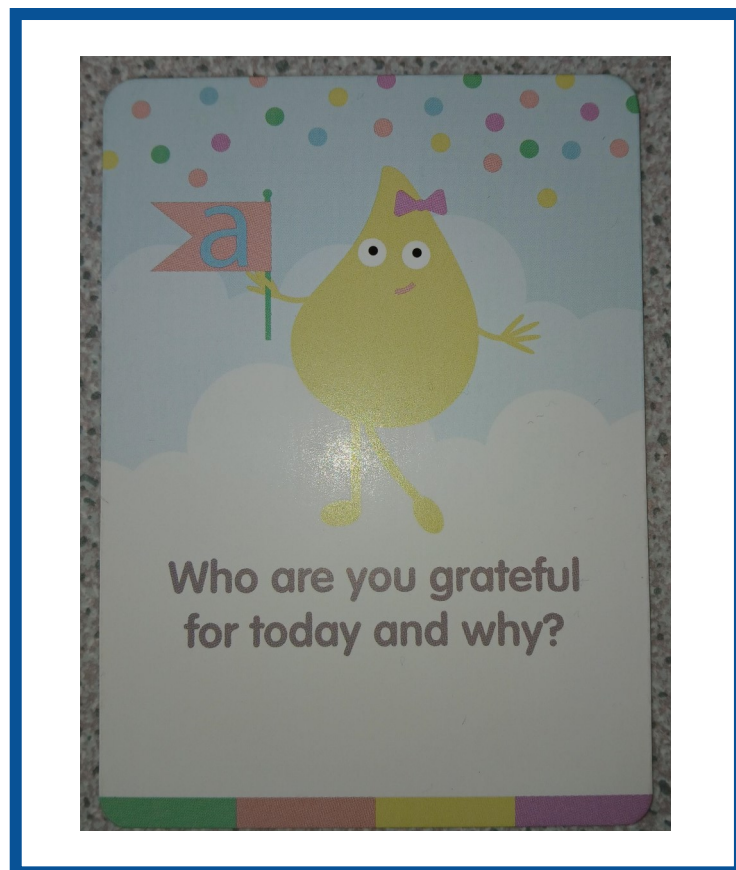
# MYHAPPYMIND

## OUR CONVERSATION CARD OF THE WEEK



### Enjoy a conversation!

Each week we will share a conversation card. These are designed to help you have meaningful and fun conversations with your child and aid discussions about mental health and happiness.

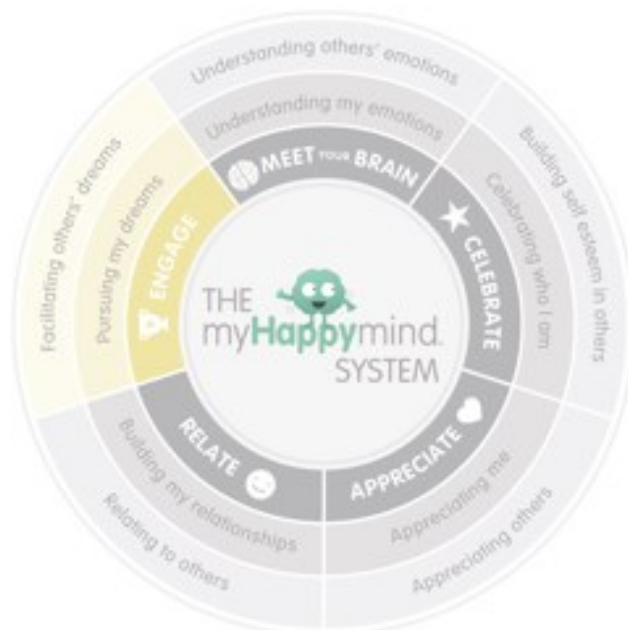




# MYHAPPYMIND—ENGAGE



## ENGAGE PARENT NEWSLETTER



# MYHAPPYMIND—ENGAGE

## Engage

We have just come to the end of our last module in the myHappyMind programme called Engage. The children learned so much through this module including:

- Why it is important to have goals that we are passionate about.
- How to set our own goals.
- That when we feel good, we do good.

**Why not ask your children to tell you what they have learnt. Here's some questions to help you:**

- What is a Big Dream Goal and what is yours?
- What are the 3 steps to set a goal?
- Do setting Goals help you feel good?

### Support your child at home:

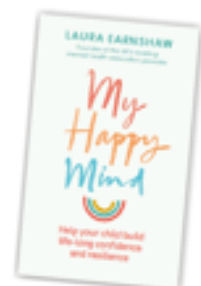
**Log onto the parent app for more information about the Engage module and how you can support your child at home.**

**There are lots of activities you can do together at home including listening to the story and song, plus much more.**

To access these materials just go to <https://myhappymind.org/parent-resources> and enter your name, email, and authentication code.

**Your authentication code is 107220**

Want to learn more? Check out our founder Laura Earnshaw's best selling book on





# MYHAPPYMIND—ENGAGE

## What's up next?

This is the last module in the myHappyMind programme.

We have really enjoyed our learning in school and we hope you have enjoyed continuing the learning at home with your child.

## Want to learn more about the science of happiness and wellbeing?

BY LAURA EARNSHAW

My Happy Mind is the first book from our founder Laura Earnshaw. The book reveals all the science-backed secrets used in our curriculum to empower and educate parents - whether your child is struggling already, or you're interested in future proofing their mental health, there's something in here for everyone.



Want to hear more about myHappyMind?

Want to share a picture of your myHappyMind experience as a parent?

We'd love for you to join us over on our social media channels!



# SHARING YOUR NEWS!

Aria in Year 1 had her dance show at the weekend, it was called 'Best of British'. She did ballet, jazz and modern dances. Her little sister Ena was her top supporter



On Sunday it was William's football award ceremony. William was awarded two trophies for his goalkeeping for the football season. They also recognised his skills for position by awarding him "Golden Glove" trophy. Well done William!



If you have any news about your child's achievements that you would like to share in our newsletter, please speak to your child's class teacher!

**CLICK THE ICON TO SEE REGULAR UPDATES ON OUR  
FACEBOOK PAGE!**





# SHARING YOUR NEWS!

Freddie in Year 3 has done so well with his swimming lessons this year! He has now achieved his Stage 4. Keep working hard Freddie!



# MYHAPPYMIND APP

The myHappyMind app has been updated and now includes some new features—kids zone, myHappyMind games and mini master classes for parents .



## Download your FREE myHappyMind Parent App



...An online resource to support you and your family to learn more about how you can use myHappyMind to support your child.



### myHappyMind for Parents

Exclusively for parents with children at a myHappyMind School or Nursery.



Learn all about what your children are learning in school



YOU WILL NEED THIS AUTHENTICATION CODE TO SIGN UP

107220



# WEEKLY UPDATES

## ATTENDANCE AND PUNCTUALITY

Here are this week's attendance and punctuality figures. There is a proven link between attendance and achievement and it is therefore very important that your child attends school and is on time unless they are too unwell to do so. Our doors open at **8.30am** and close at **8.40am**.

Please see the information below for our whole school and class attendance for the week ending **18/07/25**.

### Early Years and Key Stage 1:

CLASS	PERCENTAGE %	LATES
Elm	93.2%	1
Willow	96.7%	2
Kandinsky	97.2%	4
Matisse	98.7%	0
Lowry	95.0%	1
Van Gogh	95.0%	1

### Key Stage 2:

CLASS	PERCENTAGE %	LATES
Anne Fine	95.7%	0
Roald Dahl	95.3%	1
JK Rowling	97.2%	2
Michael Morpurgo	94.6%	2
Elgar	95.7%	0
Mozart	91.0%	1
Beethoven	96.0%	3
Vivaldi	93.6%	1

Well done to **Matisse Class** and **JK Rowling Class** for having the best attendance this week!

Well done to **Matisse Class**, **Anne Fine Class** and **Elgar Class** for having no lates!

Our whole school attendance this week:

**95.4%**

## COMMUNICATION SINCE THE LAST NEWSLETTER

These are the letters, messages and website updates that have been sent out this week. If you have not received any of these letters, please speak to your child's class teacher or contact the office on **01274 639049**.

WEBSITE UPDATES:	National Online Safety - 'Wake Up Wednesday' guide from National Online Safety is about 'Staying safe around Water'.
LETTERS:	14.07.25 - Year 4 Swimming
MESSAGES VIA PARENTAPPS:	

# COMMUNITY NEWS



**City of BRADFORD METROPOLITAN DISTRICT COUNCIL**  
**Bradford Youth Service Here for YOUTH**  
**Peel Park Community Hub**

## PEEL PARK YOUTH & COMMUNITY HUB FAMILY STAY & PLAY DAY

**FRIDAY 22<sup>ND</sup> AUGUST  
11:00 - 14:00  
PEEL PARK YCH**

BRING A PICNIC  
OR BUY YOUR  
LUNCH AT THE  
HUB

Illustration of children playing in a park with a fence, trees, and a picnic blanket.



**Peel Park Community Hub**  
**Happy Healthy YOU**

## GET FIT, STAY LIT

Staying active doesn't have to be boring. Join us in Peel Park with your friends for a fun fitness session

**11 - 16 Year Olds**  
**Thursday 7<sup>th</sup> August  
12:45 - 14:00  
Peel Park Youth & Community Hub**

For more information  
 Contact Happy Healthy You  
 WhatsApp Only - 07521183422  
 Humera@happyhealthyyou.org.uk

Illustration of a group of children standing in a park, with a person doing a sit-up and another person lifting weights.



**Bradford East Presents**  
**Global Village Event**  
**Free Entry!**

**EVENT DETAILS**

- Saturday 26<sup>th</sup> July 2025
- 11:30am to 3:00pm
- Peel Park, Cliffe Road BD3 0LT

**Come join us at Bradford East "The Global Village" Family Fun Day!!**

We will celebrate with music, food and culture. Bringing everyone from across the East Constituency together.

**CHILDREN ACTIVITIES**

- CHILDREN'S FUNFAIR RIDES
- MEHNDI
- FACE PAINTING
- HAIR BRAIDING
- BOUNCY CASTLE
- OUTDOOR JENGA
- PLUS**
- FROZEN LOLLIES FOR UNDER 16'S
- AND MUCH MORE!!

On the day there will be stage performances by: Bollywood dance group Sonash Sisters, including Bhangra performance by Punjabi roots, African Drumming, Gospel Choir, and Caribbean Street dance by R&R Productions.

We have subsidised food stalls allowing you to enjoy culturally rich foods to celebrate our diverse communities. Plenty to choose from: Yorkshire afternoon tea, Southeastern foods to Caribbean street foods and much much more!!

For more information or to be a stall holder  
 please email: [samina.ali@bradford2025.co.uk](mailto:samina.ali@bradford2025.co.uk) or [adnan.ahmed@bradford.gov.uk](mailto:adnan.ahmed@bradford.gov.uk)

**City of BRADFORD METROPOLITAN DISTRICT COUNCIL**  
**Bradford 2025**

Illustration of a Ferris wheel, a carousel, and a city skyline.



**City of BRADFORD METROPOLITAN DISTRICT COUNCIL**  
**Bradford Youth Service Here for YOUTH**

## FREE BOXING SKILLS SESSION

**11 - 19 YEAR OLDS**  
**THURSDAY 31<sup>ST</sup> JULY  
13:00 - 16:00**

**PEEL PARK YOUTH & COMMUNITY HUB (NEXT TO PEELERS' CAFE)**

Contact Stacey Tolley for more information 07582103718

**City of BRADFORD METROPOLITAN DISTRICT COUNCIL**  
**Bradford Youth Service Here for YOUTH**

Illustration of a pair of red boxing gloves.

# REMINDERS

## BREAKFAST CLUB

Our Breakfast Club opens at 7.30am at a cost of £2.40 each per day or at 7.45am at the cost of £1.90 each per day. Children from Nursery to Year 6 can attend.

If you would like to book your child into Breakfast Club, please use ParentPay.

## AFTER SCHOOL CLUB

Our After School Club is available until 4pm at a cost of £2.50 each per day.

If you would like to book your child into After School Club, please use ParentPay.

## EXTRA CLUB

We also offer an Extra Club service that runs until 6pm at a cost of £4.50 per day.

If you would like to book your child into Extra Club, please use ParentPay.

**Please can you ensure that Extra Club places are booked and paid for in advance - by Monday morning. This ensures registers are accurate and places are booked and guaranteed.**

**If you have any problems booking any of our before or after school clubs, please contact Miss Armitage, one of our learning mentors.**

DAY	DATE	TIME	EVENT
Tuesday	02.09.25		School Reopens
Wednesday – Friday	10.09.25 – 12.09.25		Year 5 Residential - Malham
Wednesday – Friday	01.10.25 – 03.10.25		Year 6 Residential – Newby Wiske Hall



# NATIONAL ONLINE SAFETY

This week, our 'Wake Up Wednesday' guide from National Online Safety is about 'Staying safe around Water'.

## 10 Top Tips for Parents and Educators STAYING SAFE AROUND WATER

Enjoying time in, on, and around water plays a vital role in a young person's overall development, offering a healthy and exhilarating way to have fun. This guide outlines essential safety advice, based on the Royal Life Saving Society UK's Water Safety Code, to help ensure children can enjoy swimming and similar activities safely and responsibly.

### 1 STICK TO LIFEGUARDED AREAS

It's never advisable to enter unsupervised bodies of water, especially alone. Instead, it's considered best practice to accompany children to places with lifeguards, as they will be trained to respond swiftly in emergencies and provide first aid when needed.



### 2 LEARN SIGNS AND FLAGS

When going to a new environment, it's important to research the local area and make children aware of safety signage before entering the water. If visiting the seaside, make sure children are always supervised by an adult and that they know what different beach flags mean, so they're knowledgeable of where and when they can enter the sea.



### 3 STOP AND THINK

Young people should be cautious before entering water, as it's difficult to know what hazards could be underneath. Use the Water Safety Code and encourage children to ask themselves questions such as, "Is the water too deep or too shallow? Are there currents, tides, or underwater objects?" Make sure children know never to enter water from a height, as what lurks below could cause serious injuries.



### 4 CONSIDER WATER TEMPERATURE

Even on hot days, water can be deceptively cold. Tragedies strike when young people experience cold water shock. Never let children enter water quickly; instead, ensure that they enter slowly and carefully to allow their bodies to adjust to the temperature or exit easily if needed.



### 5 INFLATABLE SAFETY

Although inflatables may seem like a fun idea when visiting locations like the beach, they can float further out from shore and into more dangerous water. It's advisable only to use inflatables in spaces like appropriately managed swimming pools, where they're used in more controlled and supervised environments.



### 6 SUPERVISION IS KEY



For young children, and particularly those under the age of five, it's important for them to be supervised at home, outside and at the pool at all times. It's essential for parents and educators to understand that young children can drown quickly and silently; therefore, anyone supervising them must maintain constant watch in case they get into difficulty.

### 7 DON'T GO TOO FAR



When swimming, especially in open water, it's best to teach children to stay within a safe depth. Share advice with them such as only entering water up to a standing depth, and in the case of visiting the beach, swim parallel to shorelines. This will allow a child to stay in control and get out of the water easily.

### 8 KEEP POOLS AND TUBS DRAINED



For parents of young children, a simple way to protect them at home is to keep outdoor spaces and bathrooms tidy after playtime. This includes removing water from paddling pools after use and turning them over, returning lids to hot tubs and taking toys out of baths, so all water can be fully drained from the tub.

### 9 FLOAT AND CALL 999



If a child gets into difficulty in the water, they should try to float on their back, stay calm, and call for help. If a young person sees someone else in trouble, they should dial 999 or 112 immediately, then shout to reassure their friend, encouraging them to float on their back, and letting them know that help is on the way. Children should never enter the water to attempt a rescue or retrieve belongings.

### 10 TEACH WATER SAFETY



Beyond swimming lessons, children should be educated in school on water safety. Use RLSS UK's accredited programme, 'Water Smart Schools', which offers free lesson plans and resources on how to be safe on, near and around water by following the Water Safety Code.

### Meet Our Expert

The Royal Life Saving Society UK (RLSS UK) is a national water safety charity that gives children the chance to enjoy a lifetime of fun in the water, safely. Water safety education provided in schools is vital and, in some instances, could be a child's only opportunity to learn about the water.



#WakeUpWednesday®

The National College