

# NEWSLETTER

FRIDAY 9TH FEBRUARY 2024



TEL: 01274 639049

WWW.SWAINHOUSE.CO.UK

EMAIL: OFFICE@SWAINHOUSE.BRADFORD.SCH.UK

ASPIRE

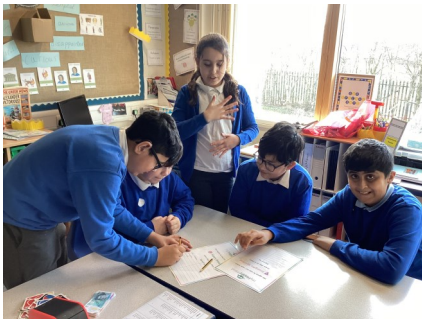
BELIEVE

PERSEVERE

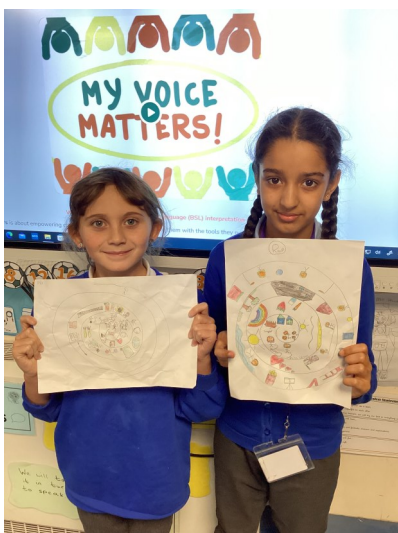
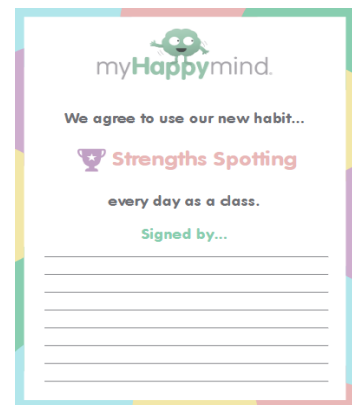
ACHIEVE



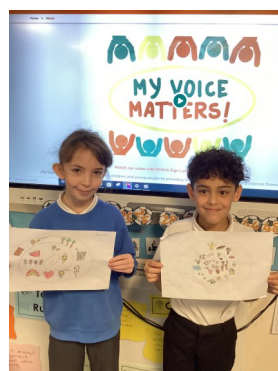
We have now come to the end of our 'Celebrate' module in school and the children have learnt so much!



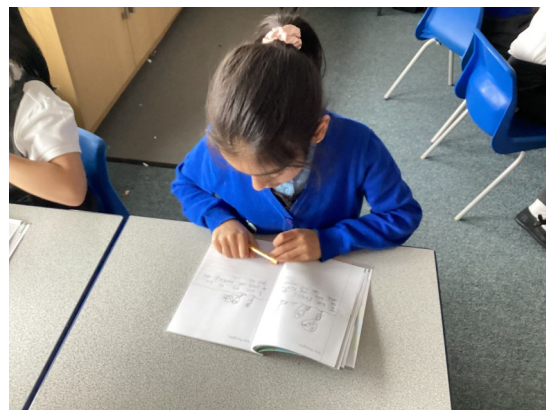
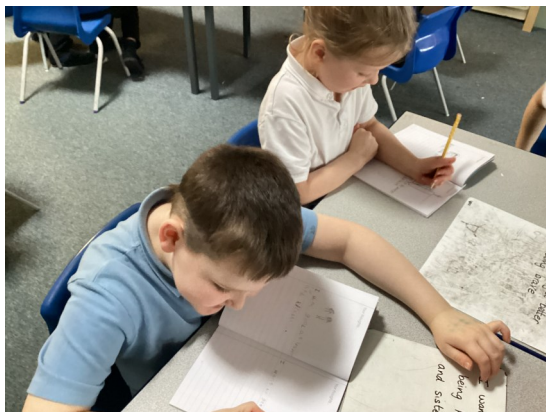
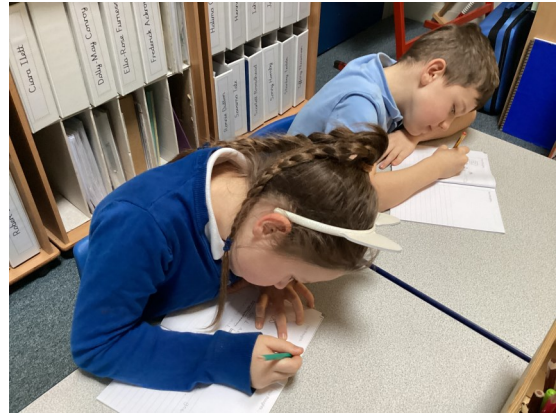
Signing our habit agreement for the 'Celebrate' module. Children agreed to use the habit of 'Strengths Spotting'.



The children have lots of opportunities to write in their journals.



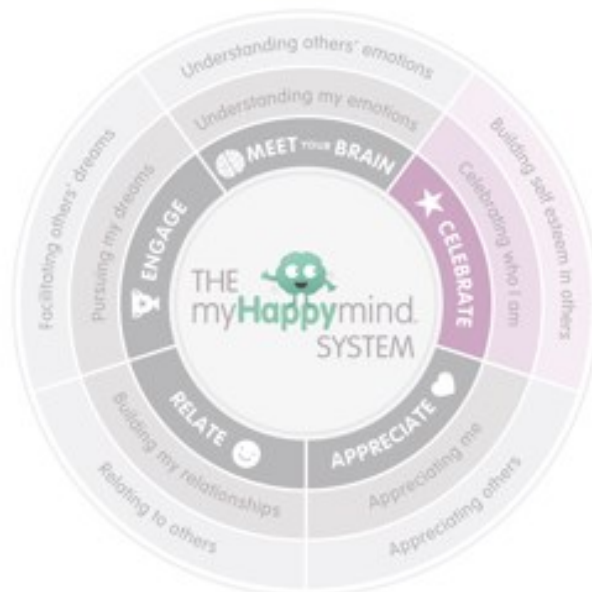
# MYHAPPYMIND



# MYHAPPYMIND



## CELEBRATE PARENT NEWSLETTER



# MYHAPPYMIND

## Celebrate

We have just come to the end of the Celebrate module in the myHappyMind programme. The children have learnt so much through this module including:

- What character strengths are and why they matter.
- How to recognise character strengths in ourselves and others.
- How understanding our character strengths can make us feel.

**Why not ask your children to tell you what they have learnt. Here's some questions to help you:**

- What is your top Character Strength?
- Which strength would you like to grow and use more?
- Why is it important to spot Character Strengths in other people?

**Support your child at home:**

**Log onto the parent app for more information about the Celebrate module and how you can support your child at home.**

**There are lots of activities you can do together at home including creating strength spotting glasses, listening to the story and song, plus much more.**

To access these materials just go to <https://myhappymind.org/parent-resources> and enter your name, email, and authentication code.

Your authentication code is 107220.

Want to learn more? Check out our founder Laura Earnshaw's best selling book on [Amazon](#).



# MYHAPPYMIND

Our Happiness Heroes will be leading the way next half term by helping Mrs Pugh deliver the assembly about our next module - Appreciate

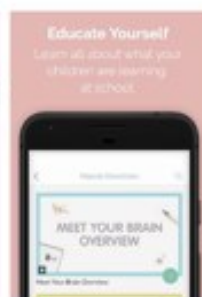
## What's up next?

The next module is called Appreciate. Here we will be learning all about how to develop an Attitude of gratitude and how that makes us feel amazing!



You can sign up with the app here by <https://myhappymind.org/parent-resources>.

Our schools URN is 107220



# MYHAPPYMIND APP

The myHappyMind app has been updated and now includes some new features—kids zone, myHappyMind games and mini master classes for parents .



## Download your FREE myHappyMind Parent App



...An online resource to support you and your family to learn more about how you can use myHappyMind to support your child.



**myHappyMind for Parents**

Exclusively for parents with children at a myHappyMind School or Nursery.



Learn all about what your children are learning in school



**YOU WILL NEED THIS AUTHENTICATION CODE TO SIGN UP**

**107220**

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# GREAT OAK STAY-AND-PLAY



Last Friday, Great Oak Nursery had their Stay and Play sessions. Since it was Number Day, all the activities were number themed! The children and their grown ups enjoyed making number hats, printing with Numicon, forming numbers 1-10 and playing with the number trains! It was a lovely day.

# YEAR 2 MULTI-SKILLS FESTIVAL



Year 2 had great fun at the multi-skills festival on Monday. They competed against 7 other schools from our local area in a variety of different games. They all had great sportsmanship!

# DONATIONS!

We would like to increase outdoor learning sessions in school. If you have any wellies that are in good condition and your child has outgrown please could you donate them to school. Thank you for your continued support.

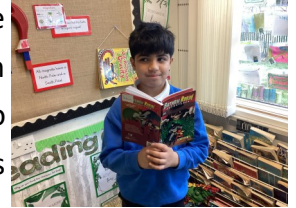


# READING PLANET REVIEWS!

As part of our Key Stage 2 reading scheme, we would like to use our weekly newsletter to help promote and share some of your children's favourite stories that they have read. Each week, we will be sharing book reviews that have been written by your children. Hopefully these reviews will inspire our children to read one of the books when they choose their next one.

## **Batman and Robin adventures - Scarecrow's Nightmare Maze Author J.E Bright**

I really am enjoying reading this book it is probably my favourite book I have read in the reading planets. Every time I get to the end of a page I want to turn over to find out what happens next. I would recommended this book to anyone who likes superheroes and adventure stories. It has all the plot twists and excitement you would expect from this type of book.



## **Muhammed - Year 5**

# SHARING YOUR NEWS!

This week we would like to say well done to Amelia in Year 3. She was awarded a silver medal for her work on the bar in gymnastics! Well done!



If you have any news about your child's achievements that you would like to share in our newsletter, please speak to your child's class teacher!

# HAPPY HALF TERM!

Finally, we would like to wish all of our children, families and staff a happy half term holiday. May you have a wonderful week off and remember to stay safe.

**School reopens on Monday 19th February 2024**

**CLICK THE ICON TO SEE REGULAR UPDATES ON  
OUR FACEBOOK PAGE!**





# COMMUNITY NEWS

**February Half-Term Family Activities**  
 Tuesday 22nd February  
 10am-12pm and 1pm-3pm



**BRADFORD CATHEDRAL**

Join us for free family activities during the half-term holiday, as we welcome the spring with some lovely craft activities involving nature, flowers and woodland creatures.

There will also be colouring, quizzes and family guided tours at 11am and 2pm.

01274 77 77 20 | [Facebook](#) | [Twitter](#) | [Email](#) | [www.bradfordcathedral.org](http://www.bradfordcathedral.org)



## FEBRUARY FUN FOR FAMILIES & EARLY YEARS

FREE HALF TERM ACTIVITIES 10 – 17 FEBRUARY

**BRADFORD**  
DISTRICT  
MUSEUMS & GALLERIES



[bradfordmuseums.org](http://bradfordmuseums.org)

**SCIENCE+  
MEDIA  
MUSEUM**



**SPACE**  
HALF TERM

This February, join us for free family activities in community venues and shopping centres across Bradford.

### PLANETARIUM AND FREE FAMILY ACTIVITIES

**SHINE West Bowling**  
 St Stephen's Church,  
 Bradford BD5 7BX  
 Monday 12 February, 10.00–16.00

### PLANETARIUM AND FREE FAMILY ACTIVITIES

**The Thornbury Centre**  
 79 Leeds Old Rd,  
 Bradford BD3 8JX  
 Tuesday 13 February, 10.00–16.00

### EXPLORING SPACE SHOW AND FREE FAMILY ACTIVITIES

**Oastler Market**  
 John Street, Bradford BD1 3JS  
 Wednesday 14 February, 10.00–16.00

### FIND OUT MORE AT

[scienceandmediamuseum.org.uk](http://scienceandmediamuseum.org.uk)

### PLANETARIUM AND FREE FAMILY ACTIVITIES

**The Broadway**  
 Hall Ings, Bradford BD1 1JR  
 Thursday 15 February, 10.00–16.00

### STORYTIME AND FREE FAMILY ACTIVITIES

**City Library**  
 Centenary Square,  
 Bradford BD1 1SD  
 Thursday 15 February, 10.00–12.00

### FREE FAMILY ACTIVITIES

**Kirkgate Market**  
 Darley St, Bradford BD1 1TQ  
 Friday 16 February, 10.00–16.00

### STORYTIME AND FREE FAMILY ACTIVITIES

**City Library**  
 Centenary Square,  
 Bradford BD1 1SD  
 Friday 16 February, 10.00–12.00

# COMMUNITY NEWS



**BRADFORD INDUSTRIAL**  
Museum  
01274 435900

**Tuesday 13 February**

11am – 12.30pm & 1.30pm – 3pm

## Scout Den Building

Come and learn how to build a Scout Den in the Museum. Using natural materials and lots of imagination you can create your own Den for your friends and family. Free. Drop in. All ages including Early Years.

**Tuesday 13 February**

10.30am – 12.30pm & 1.30pm – 3.30pm

## Rebelling against The Fast Fashion Machine

Upcycle a new outfit! Adult and child workshop. Suitable for children over 10 with 1:1 adult supervision. Bring a piece of your old clothing which needs a revamp and upcycle with buttons, fabric paints, embellishing etc. We will be using sewing machines, irons and needles.

Please e-mail to book a place (16 available);  
Alison.brophy@bradford.gov.uk

**Tuesday 13 February**

11am – 12.30pm & 1.30 – 3pm

Join us for some construction challenges and a recycled materials craft designed by pupils at Fagley Primary School. Drop in, all ages.

**All week**

## Scouting Badge Seekers Trail

Explore the Museum and find the Scout badges on display. Find out more about being a Scout and how their badges link in with some of the amazing exhibits in the museum! Suitable for all the family. Free.



**CARTWRIGHT HALL**  
Art Gallery  
01274 431212

Please note Cartwright Hall Art Gallery is closed during the February Half Term for essential maintenance.



**CLIFFE CASTLE**  
Museum  
01535 618231

**Wednesday 14 & Thursday 15 February,**

11am – 12.30pm & 1.30 – 3pm

## The Art of The Samurai

Come and see Samurai costumes and swords and learn about the myths and legends of ancient Japan in our fantastic new exhibition! Have a go at Anime drawing with a real Anime artist. Learn tips and techniques to get the best out of your drawings. Or take part in relaxing Tai Chi with all the family. Drop in, suitable for all ages.



**BOLLING HALL**  
Museum & Library  
01274 431826

**Wednesday 14 February –**

**Saturday 17 February**

10 – 11.30am Sessions for under 5's!

12 – 3pm Families drop in

## Playbox at Bolling Hall

We will be doing everything "outdoorsy" in our outdoor playbox. Come and launch a rocket, build a den or make a bug house! Dress warmly and ready to get messy! Childminders please book by e-mailing miroslava.zarkov@bradford.gov.uk

**Wednesday 14 February**

## Day for Cosmic Play

**Thursday 15 February**

## Imagine, build and create

(den building)

**Friday 16 February**

## Messy play (mud kitchens, planting)

**Saturday 17 February**

## Traditional Sports and Games

# SPOTLIGHT ON SEND

Each half-term, I write a section on our school newsletter to keep parents and carers of pupils on the SEND register 'in the loop' about all things SEND related. I highlight support available in school and also resources and workshops available in the local area.

Mrs. White

Assistant Head/SEND.co

Keep updated with all things SEND at Swain House. Click [here](#) or scan the QR code.



## Bradford Local Offer

The new Bradford Local Offer website brings together information for children and young people with special educational needs and disabilities and their families.

Click the logo to access the website.



HELP AND INFORMATION FOR FAMILIES WITH SPECIAL NEEDS AND DISABILITIES BRADFORD AND DISTRICT LOCAL OFFER



## Bradford Local Offer

The SEND Local Offer website provides valuable information and resources to parents and carers. There is a useful list of support groups available in the local area. Click [here](#) to see the support group list.

In their monthly newsletter you will find out about the latest useful SEND news, information, stories, upcoming events, consultations, holiday activities and much more inside every issue. Sign up for the newsletter [here](#).

## Speech and Language

We are aware of the long waiting lists for speech and language sessions via the NHS.

Please [click here](#) to access NHS resources to support your child at home.



Bradford District Care  
NHS Foundation Trust

## Parents' Evening

Parents Evening was on Tuesday 23rd January. At the meeting, you will have been updated on the progress your child is making and any additional support that is in place. Their termly targets are listed on their Pupil Profile.

If your child has an IEP (Individual Education Plan), you will have been given a copy at the meeting. The class teacher has written the IEP and set targets for your child to work on this term. We would really appreciate it if you could support your child at home with their targets. If you need any support or resources for this, please speak to your child's class teacher.

Pupils who receive speech and language support in school have their own bespoke plan. When the therapist assesses your child, she will write a new plan. These targets will be worked on in school. A copy of the plan will also be sent home so you can also support your child with these targets.

We are really excited to be hosting a special coffee morning. There will be an opportunity to win prizes and play some exciting games. You will also have a chance to suggest ways in which our local area can be improved. Children are welcome and there will be exciting activities for them to take part in.

**Swain House Primary School**

**COFFEE MORNING**

**The Gateway Take over**

**Games/Quizzes/activities  
Raffle/Tombola  
Information**

**FRIDAY 23RD FEB FROM 8.30AM**

Ebony@ravenscliffe.org.uk 01274 636602

# Little Acorns Nursery

At Swain House Primary School

Do you have a 2 year old?

Parents of two year olds can access 15 hours a week of free childcare if they are in receipt of income support benefits, such as Universal Credit, and earn less than £15,400 a year or if they are working parents of two year olds.

September, January and April intake

Little Acorns Nursery is a warm, nurturing atmosphere where children learn through play in a safe and stimulating environment



*Children in the early years receive an excellent education. They make good progress because of the strong curriculum. They are highly engaged and independent in their learning. Adults are very effective in supporting them (Ofsted March 2023)*

For more information please contact our school office on 01274 639049 or [office@swainhouse.bradford.sch.uk](mailto:office@swainhouse.bradford.sch.uk)

# WEEKLY UPDATES

## ATTENDANCE AND PUNCTUALITY

Here are this week's attendance and punctuality figures. There is a proven link between attendance and achievement and it is therefore very important that your child attends school and is on time unless they are too unwell to do so. Our doors open at **8.30am** and close at **8.40am**.

Please see the information below for our whole school and class attendance for the week ending **09/02/2024**

### Early Years and Key Stage 1:

CLASS	PERCENTAGE %	LATES
Elm	88.6%	4
Willow	92.9%	3
Kandinsky	85.9%	1
Matisse	84.2%	2
Lowry	90.0%	0
Van Gogh	89.4%	3

### Key Stage 2:

CLASS	PERCENTAGE %	LATES
Anne Fine	91.4%	1
Roald Dahl	93.8%	2
JK Rowling	90.9%	1
J Wilson	94.7%	2
Elgar	90.6%	3
Mozart	88.8%	8
Beethoven	90.9%	3
Vivaldi	85.7%	1

Well done to **Lowry Class** for having no lates!

Our whole school attendance this week:

**89.8%**

## COMMUNICATION SINCE THE LAST NEWSLETTER

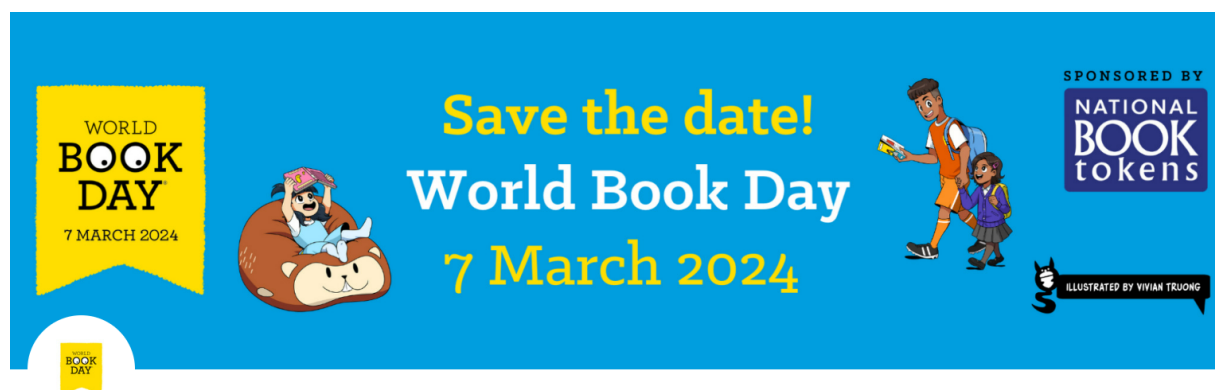
These are the letters, messages and website updates that have been sent out this week. If you have not received any of these letters, please speak to your child's class teacher or contact the office on **01274 639049**.

<b>WEBSITE UPDATES:</b>	National Online Safety - Stay Safe on new Devices
<b>LETTERS:</b>	06.02.24 - Information Regarding Scarlett Fever 08.02.24 - Elgar Class Assembly 09.02.24 - Matisse Class Assembly - Rescheduled 09.02.24 - Year 1 Trip to Skipton Castle 09.02.24 - Year 2 Arctic Workshop
<b>MESSAGES VIA PARENTAPPS:</b>	

# COMING UP NEXT HALF TERM

## SPRING TERM ASSEMBLY SCHEDULE

DAY	DATE	TIME	EVENT
Thursday	22/02/24	2.30pm	Elgar Class Assembly
Tuesday	27/02/24	2.30pm	Matisse Chinese New Year Assembly - Rescheduled
Thursday	29/02/24	2.30pm	JK Rowling Class Assembly
Thursday	07/03/24	2.30pm	Anne Fine Class Assembly
Thursday	14/03/24	2.30pm	Kandinsky Holi Assembly
Thursday	21/03/24	2.30pm	Mozart Easter Assembly



## EASTER CRAFT WORKSHOPS

Next half term parents will be invited to some Easter crafts workshops with their children. Keep an eye out for some more information next half term.



# MENU 19/02/24



## Swain House Primary School

WEEK 2

6th Nov, 27th Nov,  
8th Jan, 29th Jan,  
19th Feb, 11th Mar



# MENU

**MON**

**TUES**

**WED**

**THUR**

**FRI**

### MAINS

- Vegetarian Chilli & Nachos
- Soya Mince Bolognese

- Minced Beef & Onion Pie
- Halal Keema Roll
- Cheese & Potato Flan

- Roast of the Day
- Halal Chicken Hotpot
- Soya Mince Cottage Pie

- Cheese & Tomato Pizza

- Battered Fillet of Fish
- Salmon Fishcakes
- Savoury Roll

### SIDES

- Garlic Bread
- Assorted Individual Salads
- Potato Salad

- Herby Potatoes
- Seasonal Vegetables
- Assorted Individual Salads

- Dry Roast Potatoes
- Yorkshire Pudding
- Seasonal Vegetables
- Assorted Individual Salads

- Dry Roast Jacket Potato Wedges
- Baked Beans
- Assorted Individual Salads

- Chips
- Seasonal Vegetables
- Assorted Individual Salads

### OTHER OPTIONS

- Assorted Jacket Potatoes
- Assorted Panini
- Assorted Sandwiches

- Assorted Jacket Potatoes
- Assorted Panini
- Assorted Sandwiches

- Assorted Jacket Potatoes
- Assorted Panini
- Assorted Sandwiches

- Assorted Jacket Potatoes
- Assorted Sandwiches

- Assorted Jacket Potatoes
- Assorted Panini
- Assorted Sandwiches

### DESSERTS

- Ginger Sponge
- Freshly Prepared Fruit

- Decorated Fruit Jelly
- Freshly Prepared Fruit

- Syrup Sponge
- Freshly Prepared Fruit

- Decorated Sponge Cake
- Freshly Prepared Fruit

- Chocolate Sponge
- Freshly Prepared Fruit





# REMINDERS

## BREAKFAST CLUB

Our Breakfast Club opens at 7.30am at a cost of £2.50 each per day or at 7.45am at the cost of £2.00 each per day. Children from Nursery to Year 6 can attend.

If you would like to book your child into Breakfast Club, please use ParentPay.

## AFTER SCHOOL CLUB

Our After School Club is available until 4pm at a cost of £2.00 each per day.

If you would like to book your child into After School Club, please use ParentPay.

## EXTRA CLUB

We also offer an Extra Club service that runs until 5.30pm at a cost of £4.00 per day.

If you would like to book your child into Extra Club, please use ParentPay.

**Please can you ensure that Extra Club places are booked and paid for in advance - by Monday morning. This ensures registers are accurate and places are booked and guaranteed.**

## COMING UP THIS TERM

DAY	DATE	TIME	EVENT
Thursday	07.03.24	All Day	World Book Day
Friday	08.03.24	All Day	Year 1 Trip to Skipton Castle
Friday	08.03.24	All Day	Year 2 Arctic Workshop
Monday - Sunday	11.03.24 - 17.03.24	N/A	Science Week
Friday	15.03.24	All Day	Comic Relief
Friday	22.03.24	N/A	School closes for Easter

# NATIONAL ONLINE SAFETY

This week, our 'Wake Up Wednesday' guide from National Online Safety is all about '10 Ways Gaming Can Support Positive Outcomes'.

## 10 WAYS GAMING CAN SUPPORT POSITIVE OUTCOMES in Children and Young People

Gaming, of course, is phenomenally popular with children and young people. In 2021, for instance, more than three-quarters of teenagers played online games, with almost 70% of primary school aged children doing likewise. If enjoyed in moderation and supported by a healthy routine (staying hydrated, good sleep habits, taking breaks and so on), gaming can actually benefit a person's mental health. As long as we stay alert for potential risks, games can be much more than what we see on the surface: they can be a way to socialise, an avenue for creativity and a route to solving problems. Check out our top ten tips on how gaming online can sometimes work to your child's advantage ...

### THE FEEL-GOOD FACTOR

Gaming is so popular because at the base level, it's enjoyable for the player. Succeeding in any game or contest releases dopamine in our brains: the 'feel-good' chemical that makes us happy or excited. Those emotions can be incredibly beneficial for mental wellbeing – as long as young players don't become reliant solely on playing video games to make themselves feel happy.

### ACHIEVEMENT & PRIDE

A sense of achievement is incredibly important to all of us and can be particularly valuable to someone who's feeling unhappy or distracted. It's easy to get caught up in our thoughts, which can sometimes take a negative turn. So even achieving something small – like finishing a difficult level in a Mario or Sonic game – can feel like conquering Everest and give us renewed optimism.

### SOCIAL SALVATION

Gaming can be an incredibly social activity. When playing online with trusted friends, what usually start out as chats specifically about the game can often develop into conversations about school and life. Even if they've had a bad day, simply knowing that a friend is there, on the other end of their headset, can provide young gamers with a sense of security and some welcome laughs.

### TEAMWORK MAKES THE DREAM WORK

In many online games, teamwork is crucial to winning. Often, people who are struggling with their mood tend to feel like they fail or let others down a lot. Working as a team with trusted friends or family in a game can reinforce a young person's self-importance; striving for a common goal and succeeding together can remind them that they're an integral part of something bigger.

### REAL-WORLD RELATABILITY

Because many major releases are shooting or action games, when some people fear "gaming" they think of guns, explosions and violence. What's less recognised is how many titles explore relatable issues such as overcoming anxiety or coping with grief. These games allow young players to understand their emotions more deeply and realise they aren't alone in how they might be feeling.

### A DIGITAL COMFORT

Video games can provide a reliable constant. No matter what happens in school or between friends, playing a favourite game is something that youngsters can look forward to all day and can help them de-stress. Let's not forget, games are fun – and, when approached safely, an interactive activity in which the player has a degree of control over what happens next can feel immensely reassuring.

### PROBLEM-SOLVING PRACTICE

It can be difficult for young people to handle the feeling that nothing is going right or that their problems are insurmountable. Gaming can help alleviate that by presenting challenges to be overcome, either solo or alongside trusted friends. Defeating a powerful monster or solving a tricky puzzle reminds young gamers that even the most daunting obstacles can be faced and conquered.

### THE GREAT ESCAPISM

A certain amount of escapism – allowing us to temporarily park some stress while exploring a world other than our own. For children, gaming can be like reading a novel or watching a film: a moment in the day when the fantastical becomes real, firing their imagination and immersing them in a story. Who wouldn't want to venture to the stars? Or battle monsters to save the planet?

### TRIED & TRUSTED

There can be reassurance in repeating tasks. It often promotes a controlled outcome, which is ideal when life feels overwhelming or out of control. Replicating an experience, such as playing the same level of a game over and over to perfection, gives the player a sense of control and familiarity: it's like listening to a favourite song that always makes you feel happy or confident.

### ENCOURAGING CREATIVITY

Inventiveness is a huge part of many modern games: in Minecraft and Roblox, for example, players regularly dream up amazing structures or new ways to play. Using our imagination to create something (whether digitally or physically) is massively beneficial for the brain; that's why Lego is sometimes used in the medical sector as both a stress reliever and a brain injury rehabilitation tool.

### Meet Our Expert

Daniel Lipscombe is a writer who specialises in technology, video gaming, virtual reality and Web3. Author of 15 guidebooks for children on games such as Fortnite, Apex Legends, Valorant, Roblox and Minecraft, his work has also been published in the likes of PC Gamer, Kotaku, Pocket Gamer and VG247.

**NOS** National Online Safety®  
#WakeUpWednesday

Source: <https://www.ofcom.gov.uk/consult/condocs/childrens-media-use-and-attitudes-report-2022/pdf>

[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) @natonlinesafety /NationalOnlineSafety @nationalonlinesafety