

NEWSLETTER

FRIDAY 8TH MAY 2026



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ASPIRE

BELIEVE

PERSEVERE

ACHIEVE

MYHAPPYMIND GOVERNORS MEETING

On Thursday evening the Happiness Heroes met with our Governors to tell them about all the amazing work we are doing with myHappyMind. The Happiness Heroes each took turns to present some information, share their journals and show some of the lovely resources we use. The Governors asked the Happiness Heroes lots of questions and they enjoyed answering them. We are really proud of their presenting skills and confidence!



LEO TURNS 3!

HAPPY
3RD
BIRTHDAY



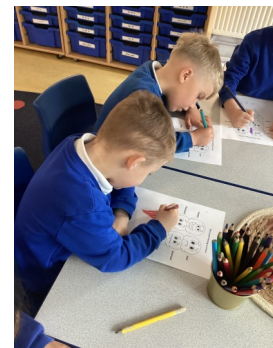
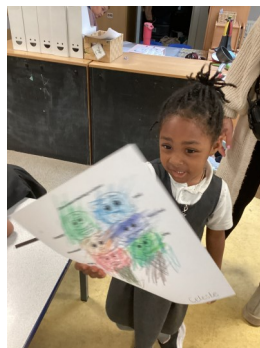
We celebrated Leo's 3rd birthday! Leo thoroughly enjoyed opening presents, indulging in lots of treats, and went on a special birthday walk with some of Leo's Leaders.

Happy Birthday Leo!



'MY FEELINGS WORKSHOP'

Willow class and Elm class have taken part in a 'My Feelings' workshop this week. Simrat from the Bradford Education Emotional Wellbeing Practitioner team came to talk to us about the different feelings we have and when we might feel these. The children did the most amazing listening and answered some fantastic questions. We then chose a colour that represented each feeling to colour our ice cream cones!



DEAF AWARENESS WEEK

Happy Deaf Awareness Week!

We started the week with a whole-school assembly led by our RP pupils, who acted out different deaf awareness scenarios to help children think about communication, inclusion and how to support Deaf people in everyday situations. They did a fantastic job and signed/spoke so confidently in front of the school.

During the week, hearing children learnt new playground signs so they can communicate more easily with their Deaf friends during break and lunchtime. In class, pupils have been taking part in activities about assumptions people sometimes make about Deaf people, discussing whether they are true or false and talking about why understanding and inclusion matter.

It has been lovely to see so much enthusiasm from the children, with lots of thoughtful questions, signing, and positive discussions taking place across school.

Happy Deaf Awareness Week from all of us in the RP!



KANDINSKY CLASS

Year 1 Great Fire of London stream - last week, Year 1 took part in a virtual stream of the Great Fire of London. They had the opportunity to listen to what had happened and also ask questions to the experts!



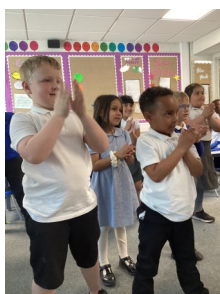
BREAKFAST CLUB

Breakfast club: This week in Breakfast Club, we have been making new friends and playing with the toys. We have seen lots of new friendships being made and also children having down time on the beanbags.

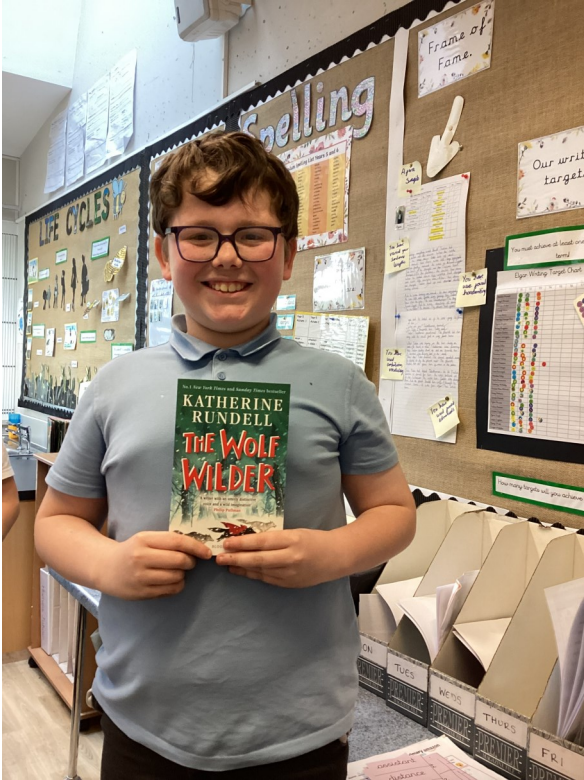


VAN GOGH CLASS

Van Gogh class have been doing lots of fun learning recently from music to computing. We can't wait to see what we get up to next week!



WEEKLY BOOK REVIEW



Michael - Elgar

Title: The Wolf Wilder

Author: Katherine Rundell

I would recommend this book to other children who like imaginative and adventure stories. I like how the author sets the scene of the story and the ending. My favourite characters are the wolves, especially Feo. It was written by the same Author that wrote The Explorer so if you enjoyed that book, I think you will love this one too!

SHARING YOUR NEWS

Ivy in Roald Dahl thoroughly enjoyed her Bank Holiday this week, meeting lots of

different animals at a relatives mini farm. She was involved in feeding and cuddling them



We are very proud of Minnie who received a special medal from her boxing class. Minnie was awarded her medal for learning new skills like skipping and dodging. Well done Minnie, great job!

SATS WEEK

Next week, children in Year 6 will be sitting their official KS2 SATs assessments. We will be running the assessment week just like the previous assessment weeks.

Please ensure your child comes to school at 8:10am via the piazza door with a full water bottle Monday - Thursday next week. Breakfast club is still available for those families that use it.

We will be giving the children toast and juice when they arrive in school but please ensure your child still eats their usual breakfast at home each morning.

The SATs are running from Monday until Thursday, children will be coming to school at normal time on Friday.

If you have any questions about the assessments, please speak to a member of the Year 6 team.'



JUNIOR PARKRUN



What is junior parkrun?

First timers welcome

It's 2k community event and for 4 to 14 year olds

It's free and every Sunday

Event are created and run by our amazing volunteers

Walk, jog, run, skip around the course, volunteer or spectate

It's fun, no one finishes last and we welcome everyone!



It's a run not a race, keep a smile on your face!



We had a special assembly, led by Miss Broad, about Junior Parkrun.

We have signed up to be a Parkrun Partner School. We were very excited to tell the children all about Junior Parkrun and to invite them to join us in the Junior Parkrun at Roberts Park on **Sunday 17th May**. We would love to see you there!

To register for parkrun visit this website www.parkrun.org.uk/register. You will then be sent your very own parkrun barcode. Bring this with you to every parkrun event. Click [here](#) to register.



Five steps to get involved

- Ask a parent or adult to register you on the [parkrun website](http://www.parkrun.org.uk/register), you will then be sent your very own parkrun barcode
- Join us at any junior parkrun or parkrun event
- Bring your personal barcode with you
- Walk, jog, run, skip around the course, volunteer or spectate
- Most importantly **have fun...**
- We are going to join the junior parkrun at Roberts park on **SUNDAY 17th May at 9am!!** We look forward to seeing you all there!





Sleep Workshop



Who is the workshop for?

Parents/carers of children with SEN needs who are having difficulty with their child's sleep.

What will the workshop cover?

The workshop aims to help parents/carers develop an understanding of sleep including:

- What factors affect sleep.
- What factors promote sleep.
- Common sleep problems/disorders.
- Strategies to support your young person in settling to sleep and with night waking.

The workshop will be split into two main sections:

- Section 1: Understanding what sleep is and why it is important.
- Section 2: Helpful Strategies.

Where and when will the workshop be held:

- Keighley Town Hall on TBC between 10am and 1:30pm
- Britannia House Bradford City Centre on TBC between 10am and 1:30pm

How to apply:

- Complete the CCST consent form and attach evidence of SEN

These will be provided through your school

C.C.S.T will deliver to groups of a minimum of 10 or more parents.

C.C.S.T reserve the right to cancel workshops if less than 10 parents apply. Parents will be informed the week before the training date if this is the case.

This workshop will be last around 3 hours



Managing Behaviours that Challenge Workshop

Who is the workshop for?

Parents and Carers of Children with SEN needs who are having difficulty with their child's challenging behaviour.

What will the workshop cover?

The workshop aims to help parents develop an understanding of:

- Causes of behaviours which challenge.
- Why behaviours which challenge can occur.
- How to react to the child/young person's behaviour.
- How to respond to the child/young person's emotions.

The workshop will be split into two main sections:

- Section 1: Understanding behaviours that can challenge.
- Section 2: Strategies.

Where and when will the workshop be held:

- Keighley Town Hall on TBC between 10am and 1:30pm
- Britannia House Bradford City Centre on TBC between 10am and 1:30pm

How to apply:

- Complete the CCST consent form and attach evidence of SEN

These will be provided through your school

C.C.S.T will deliver to groups of a minimum of 10 or more parents.

C.C.S.T reserve the right to cancel workshops if less than 10 parents apply. Parents will be informed the week before the training date if this is the case.

This workshop will be last around 3.5 hours

Tuesday 26th, Wednesday 27th,
Thursday 28th & Friday 29th May.
To be held at Calverley CofE Primary School.

£28

with multiple
discount days

**BOOKINGS
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No two camps
are ever the
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SOFT ARCHERY &
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DEN BUILDING

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SLACKLINE
& SWINGS

...& MUCH,
MUCH MORE!

office@gowildoutdoors.co.uk
01274 900 301

gowildoutdoors.co.uk

All children welcome from Reception age 4+ & above.
Wraparound & indoor facility available.



**GO
WILD
OUTDOORS**

Come and join a new Adventure?



We are looking for young people aged 4 - 14 to join our scout group, in Squirrels, Beavers, Cubs or Scouts!

Want to make new friends, learn new skills and have fun?

If you answer YES! Then we could be the choice for you!



Squirrels - Age 4-6 - Saturday 10am - 11am

Beavers - Age 6 - 8 - Thursday 6:15pm - 7:30pm

Cubs - Age 8- 10.5 - Monday 6:30pm - 8pm

Scouts - Age 10.5 - 14 - Friday 7:30pm - 9pm

Our group meets at St Andrews Church Undercliffe on above nights, please contact us for more information

via facebook @29thBNscouts or just turn up on the night relevant to you.




Scouts

GREAT OAK NURSERY



Great Oak Nursery

at

Swain House Primary School

Now enrolling for our September, January and April intakes

Is your child 3 or 4 years old?

'My child started Great Oak Nursery in September. All of the teachers have been amazing and my child loves coming to his new school and is thriving



We have full & part time places available

With wrap around care 7.30am until 6.00pm

7.30am Breakfast Club - £2.40 a day

7.45am Breakfast Club - £1.90 a day

8.00am Breakfast Club - free

After School club 3.15pm until 4.00pm £2.50 a day

Extra Club 4.00pm until 6.00pm £4.50 a day

Please contact the school on

01274 639049

LITTLE ACORNS NURSERY

Little Acorns Nursery At Swain House Primary School

Do you have a 2 year old?

September, January and April intake

Little Acorns Nursery is a warm, nurturing atmosphere where children learn through play in a safe and stimulating environment



We have full & part time places available

With wraparound care
7.30am until 6.00pm

please contact the school on
01274 639049

COMMUNITY NEWS



SEND Youth Voice Summit

A youth voice event for students with special educational needs and/or disabilities





Tuesday 9 June, 2026

10am - 1.30pm

City Hall, Bradford

An opportunity for secondary students with SEND (supported by staff) to share their views and experiences, visit City Hall and meet other young people.

**CONTACT
US**

-  meet key services
-  share experiences
-  develop ideas
-  shape the future.

SENDYouthVoice@bradford.gov.uk

Phone: 074845 44062



COMMUNITY NEWS



SEND Marketplace drop-in events

Specialist services available to ask questions, give information, advice and support. The last Monday of every month.



- 26 January (2pm - 4.30pm) at Reevy Hill Family Hub
- 23 February (9.30am -12.30pm) at Rainbow Family Hub
- 30 March (1pm - 3pm) at Barkerend Family Hub
- 27 April (9.30am -12.30pm) at Farcliffe Family Hub
- 18 May (2pm - 4.30pm) at TFD Family Hub
- 29 June (9.30am -11.30am) at Shipley Library
- 27 July (1pm - 3pm) at Barkerend Family Hub
- 24 August (9.30am - 12.30pm) at Farcliffe Family Hub
- 25 September (2pm - 4.30pm) at Reevy Hill Family Hub
- 26 October (9.30am -12.30pm) at Rainbow Family Hub
- 30 November (1pm - 3pm) at Barkerend Family Hub
- 21 December (9.30am - 12.30pm) at Farcliffe Family Hub

Support available on:

Autism/ADHD

Speech and language

Relationship issues

Sleeping difficulties

Finance/benefits

Education

Bradford District and Craven
Health and Care Partnership



COMMUNITY NEWS



**AT THE HIGHFIELD
HOTEL, BD10**

splash & glide
swimming lessons

**Pre-school
classes:**
Monday, Wednesday,
Thursday & Friday

From 10am



**After school
classes:**
Monday, Wednesday
& Thursday
4pm - 7pm



to book email:
hello@velocitykids.co.uk

new website coming soon!



MYHAPPYMIND

OUR CONVERSATION CARD OF THE WEEK



Enjoy a conversation!

Each week we will share a conversation card. These are designed to help you have meaningful and fun conversations with your child and aid discussions about mental health and happiness.



WEEKLY UPDATES

ATTENDANCE AND PUNCTUALITY

Here are this week's attendance and punctuality figures. There is a proven link between attendance and achievement and it is therefore very important that your child attends school and is on time unless they are too unwell to do so. Our doors open at **8.30am** and close at **8.40am**.

Please see the information below for our whole school and class attendance for the week ending **08.05.26**

Early Years and Key Stage 1:

CLASS	PERCENTAGE %	LATES
Elm	98.3%	0
Willow	97.5%	0
Kandinsky	95.0%	2
Matisse	98.0%	1
Lowry	87.1%	1
Van Gogh	93.5%	1

Key Stage 2:

CLASS	PERCENTAGE %	LATES
Anne Fine	95.2%	1
Roald Dahl	95.4%	4
JK Rowling	98.1%	2
Michael Morpurgo	94.8%	1
Elgar	94.8%	2
Mozart	93.8%	3
Beethoven	96.3%	1
Vivaldi	94.8%	1

Congratulations to **Elm Class** and **JK Rowling Class** for having the **best attendance** this week.

Congratulations to **Elm Class, & Willow Fine Class** for having **no lates!**

Our whole school attendance this week:

95.1%

COMMUNICATION SINCE THE LAST NEWSLETTER

These are the letters, messages and website updates that have been sent out this week. If you have not received any of these letters, please speak to your child's class teacher or contact the office on **01274 639049**.

WEBSITE UPDATES:	National Online Safety - 'Wake Up Wednesday' guide from National Online Safety is about 'Helping Neurodivergent Children Navigate The Online World'
LETTERS:	08.05.26 - Junior Parkrun
MESSAGES VIA PARENTAPPS:	

MYHAPPYMIND APP

The myHappyMind app includes lots of fantastic features such as—kids zone, myHappyMind games and mini master classes for parents .



Download your FREE myHappyMind Parent App



...An online resource to support you and your family to learn more about how you can use myHappyMind to support your child.



myHappyMind for Parents

Exclusively for parents with children at a myHappyMind School or Nursery.



Learn all about what your children are learning in school



YOU WILL NEED THIS AUTHENTICATION CODE TO SIGN UP

107220

COMING UP IN SUMMER TERM

SUMMER TERM ASSEMBLY SCHEDULE

DAY	DATE	TIME	EVENT
Thursday	21.05.26	2.20pm	Year 4 Residential Assembly
Tuesday	09.06.26	2.20pm	Elgar Class Eid Assembly
Thursday	11.06.26	2.20pm	Mozart Class Assembly
Tuesday	16.06.26	2.20pm	Anne Fine Class Assembly
Thursday	18.06.26	2.20pm	Willow Class Assembly
Thursday	25.06.26	2.20pm	Matisse Class Assembly
Thursday	02.07.26	2.20pm	Elm Class Assembly
Thursday	09.07.26	2.20pm	Roald Dahl Class Assembly
Thursday	16.07.26	1.45pm	Year 6 Leavers Presentation

REMINDERS

BREAKFAST CLUB AFTER SCHOOL CLUB

Our Breakfast Club opens at 7.30am at a cost of £2.40 each per day or at 7.45am at the cost of £1.90 each per day. Children from Nursery to Year 6 can attend.

If you would like to book your child into Breakfast Club, please use ParentPay.

We have a free Breakfast Club 8.00am—8.30am

If you would like to book this please use ParentApps

CLUB

Our After School Club is available until 4pm at a cost of £2.50 each per day.

If you would like to book your child into After School Club, please use ParentPay.

EXTRA CLUB

We also offer an Extra Club service that runs until 6.00pm at a cost of £4.50 per day.

If you would like to book your child into Extra Club, please use ParentPay.

Please can you ensure that Extra Club places are booked and paid for in advance - by Monday morning. This ensures registers are accurate and places are booked and guaranteed.

If you have any problems booking any of our before or after school clubs, please contact Miss Armitage, one of our learning mentors.

DIARY DATES

ANY NEWLY ADDED ITEMS WILL BE IN BLUE

DAY	DATE	TIME	EVENT
FRIDAY	05.06.26		RECEPTION THORNTON HALL FARM TRIP
MONDAY	15.06.26		YEAR 5 YORKSHIRE WILDLIFE TRIP
THURSDAY	18.06.26		YEAR 1 YORKSHIRE WILDLIFE TRIP
THURSDAY	25.06.26		YEAR 3 WHITBY TRIP
WEDNESDAY	01.07.26		YEAR 2 TROPICAL BUTTERFLY HOUSE TRIP
FRIDAY	03.07.26		NURSERY MOBILE FARM VISIT
WEDNESDAY	08.07.26		LAZERZONE & HOLLYWOOD BOWL TRIP

MENU 11/05/26

Week 2: 20th Apr, 11th May,
1st Jun, 22nd Jun, 13th Jul,
3rd Aug, 24th Aug, 14th Sep,
5th Oct, 26th Oct

Homemade Bread,
selection of seasonal
Vegetables / fresh Salad &
fresh Fruit served daily.

Selection of cold
Sandwiches served daily.

Swain House Primary School Menu

Mon

ProVeg Mild Chicken Curry
Indian inspired aromatic Red Tractor Chicken, Sweet Potato & Vegetable Curry, served with Rainbow Rice.

ProVeg Creamy Mac & Cheese
A Macaroni Pasta dish, coated in a creamy Mature Cheddar Sauce, served with crusty Bread.

Mascarpone Pasta
A creamy Sauce with Tomatoes, Mascarpone Cheese and Herbs, served with Crusty Bread.

Assorted Jacket Potatoes / Selection of Sandwiches

Paris Sandwich
A light, sweet Pastry with Jam, sandwiched in between, served with Custard.

Tue

Homemade Cheese & Onion Pasty
Creamed Potatoes with Cheese & Onions encased in Pastry.

Super Savoury Roll
Flakey Puff Pastry with a seasoned filling, served with Seasoned Potatoes.

Selection of Sandwiches / Hot Sub Roll

Peaches & Ice Cream
Vanilla Ice Cream with Tinned Peach Slices, with a Chocolate flavoured Syrup.

Wed

Roast Meat Dinner
Red Tractor Accredited Meat (either Gammon, Turkey or Pork Loin) served with Yorkshire Pudding, Roast Potatoes, Seasonal Veg & Gravy.

Halal Roast Chicken Breast
Red Tractor accredited HMC Chicken Breast, served with Yorkshire Pudding, Roast Potatoes & Vegan Gravy.

Toad in the Hole
Quorn Sausage, baked in a light Batter, served with Roast Potatoes.

Selection of Sandwiches / Hot Sub Roll

Lemon Drizzle
A fluffy Lemon Sponge with Icing Drizzle, served with optional Custard.

Thu

Classic Cheese & Tomato Pizza
Wholemeal 50/50 base, topped with a lightly spiced Sauce and topped with Mozzarella / Cheddar Cheese, served with Chips / Jacket Wedges.

Arrabiata Pasta
Chilli Tomato Sauce with Lentils & Peppers, served with Pasta & Crusty Bread.

Assorted Jacket Potatoes / Selection of Sandwiches

Marble Sponge & Chocolate Sauce
Homemade Sponge with hints of both Vanilla & Chocolate Cake, served with Chocolate Sauce.

Fri

Beef Burger in a Bun
Red Tractor Accredited Beef & Spinach Burger, served in a Bun with Chips / Baked Potato Wedges.

Halal Chicken Burger in a Bun
Red Tractor accredited HMC Chicken Burger, served in a Bread Roll with Salad and Chips / Jacket Wedges.

Quorn Pattie Burger in a Bun
Quorn Sausage-style Pattie, served in a Breadcake with baked Jacket Wedges / Chips.

Pomodoro Pasta
A simple, delicious, rich Tomato Sauce with Beans, served with Crusty Bread.

Assorted Jacket Potatoes / Selection of Sandwiches

Gallydale Biscuits
Homemade, crumbly, Oaty Biscuit.



Scan the QR code to head to our app for full allergen & nutritional info



NATIONAL ONLINE SAFETY

This week, our 'Wake Up Wednesday' guide from National Online Safety is about 'Helping Neurodivergent Children Navigate The Online World'

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators HELPING NEURODIVERGENT CHILDREN NAVIGATE THE ONLINE WORLD

Neurodivergent people tend to be early adopters of technology, and many influential innovators in this space are neurodivergent themselves. It's therefore likely that a neurodivergent child or young person may be drawn to the online world from an early age. This isn't a concern in itself, but understanding both the benefits and potential risks is essential. Here are ten key considerations to support safe and positive online experiences for neurodivergent children.

1 TREAT ONLINE LIKE THE REAL WORLD

You wouldn't allow a child to cross a road without guidance – you'd hold their hand, use a pedestrian crossing, and model safe behaviour. In the same way, a neurodivergent child's first experiences online should be supported by an adult who can guide and explain safe and responsible digital behaviour to them from the outset.

2 MODEL RESPONSIBLE USE

Children learn from what they see. Show all children, regardless of neurotype, what responsible internet use looks like. Reflect on your own use of social media and AI. Consider how often you use them and your own understanding of these platforms. Talk openly about when and why you use these tools, helping all children develop a balanced and informed approach.

3 KNOW YOUR LIMITS

Current government guidance suggests no solo screen use below the age of two, with a maximum of one hour per day for two- to five-year-olds. Screen time can support communication and connection when shared with an adult. However, passive watching can affect neurodivergent children's attention and language skills. Focus on the type of content they watch, encouraging slower-paced and meaningful material rather than fast-paced, overstimulating content.

4 CONSIDER AGES AND STAGES

For older children and teenagers, agreed limits are important. Screen time can be beneficial, but it should form part of a balanced lifestyle. Neurodivergent children may find online communication easier than real-world conversation, supporting their social interaction. However, it shouldn't be their only option. Encourage a range of activities, including creative play, physical exercise, and opportunities for real-world connections.

5 KEEP CONVERSATIONS OPEN

Discussions about online safety should begin early and continue as children grow. However, neurodivergent children may worry about getting things wrong or being misunderstood, meaning these kinds of conversations should feel open and fair, rather than like a lecture. If a child encounters a problem – such as a scam or inappropriate content – they need to feel able to speak to a trusted adult without fear of judgement or embarrassment.

6 BUILD YOUR KNOWLEDGE

You aren't expected to be an expert, but it's important to stay informed about the platforms, games, or apps neurodivergent children use in order to provide practical support. Social media platforms have age limits, and many apps and games offer parental settings that can control access. Schools and families should work together to understand these tools, helping neurodivergent children use them safely while keeping up to date with new features and changes.

7 SET CLEAR BOUNDARIES

Children and young people often know more about current technology than adults, meaning it's important to recognise that controls may be bypassed. Clear, predictable boundaries should be used, based on trust and consistency. Involving children in discussions that affect them helps them feel heard. This is particularly important for neurodivergent children, who may respond strongly to perceived unfairness.

8 UNDERSTAND AI CONTENT

The internet now includes large amounts of AI-generated content, including images, videos, and stories. These can be difficult to identify. Children should be encouraged to question what they see and check the information using trusted sources. Neurodivergent children may interpret content literally, meaning adult guidance is important in helping them recognise what's real and reliable – and what isn't.

9 EXPLAIN AI LIMITATIONS

AI isn't the same as a search engine. It generates responses based on prompts and patterns, and its accuracy depends on how it's used. Sometimes, it produces incorrect or unrealistic information, known as 'hallucinations'. Both adults and children need to understand this and learn how to check information carefully using reliable and trusted sources.

10 CLARIFY AI RELATIONSHIPS

AI can feel conversational and personal, but it's not capable of real relationships. It learns from patterns in user input rather than human understanding. Some neurodivergent children may experience a sense of connection with AI chatbots, particularly if they find social situations challenging. It's therefore important to explain that these are simulated conversations and aren't a substitute for real, human relationships.

Meet Our Expert

Catrina Lowri is a neurodivergent former SENCO and Advisory Teacher who works with nurseries, schools, colleges, and businesses to improve inclusion for neurodivergent people. She is the Founder and Director of Neuroteachers and the author of "The Other 29 – How Supporting Your Neurodivergent Learner Can Improve Teaching and Learning for the Whole Class".



#WakeUpWednesday

The National College

See full reference list on our website

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/www.thenationalcollege

@wake.up.wednesday

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