

# NEWSLETTER

FRIDAY 6TH FEBRUARY 2026



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WWW.SWAINHOUSE.CO.UK

EMAIL: OFFICE@SWAINHOUSE.BRADFORD.SCH.UK

ASPIRE

BELIEVE

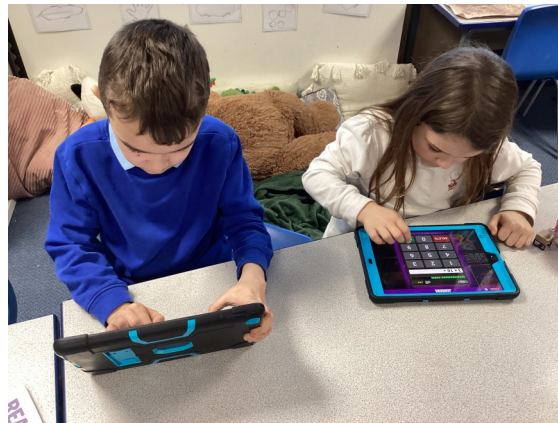
PERSEVERE

ACHIEVE

## NUMBER DAY 2026!

We enjoyed celebrating Number Day for NSPCC Rocks by have a times table battle against other schools in the country!

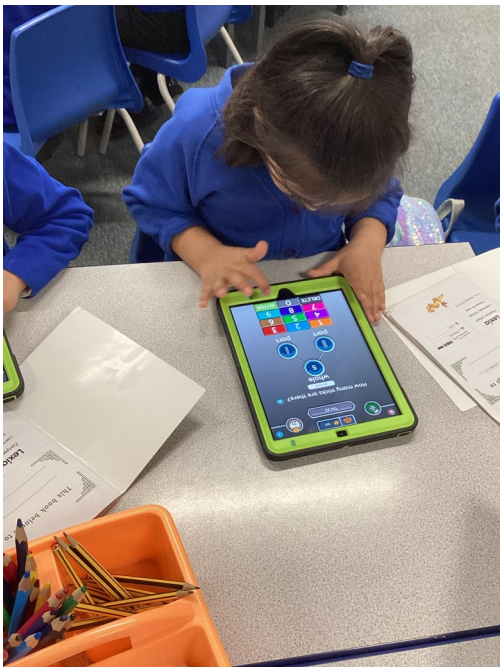
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# NUMBER DAY 2026!

Early Years and Key Stage 1 enjoyed completing some fun number activities!



# SAFER INTERNET DAY

## SAFER INTERNET DAY

Tuesday 10th February 2026



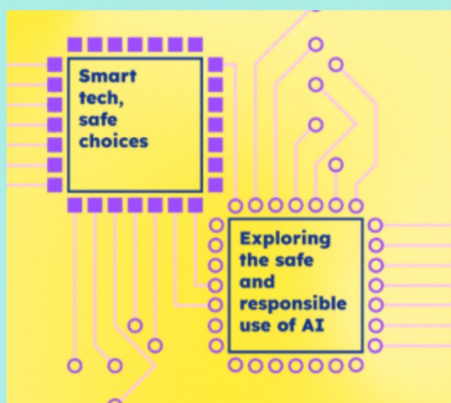
Smart tech, safe choices – Exploring the safe and responsible use of AI

This Safer Internet Day we are exploring the impact of AI on all of our lives, looking at how AI can be used for good, and giving advice and guidance that empowers people to use AI safely and responsibly.

Safer Internet Day is the UK's biggest celebration of online safety. Each year we cover an online issue or theme that speaks about the things young people are seeing and experiencing online.

### AT SWAIN HOUSE...

The children from Reception to Year 6 will be taking part in a range of activities within their classrooms linked to this year's topic. There will also be a whole school assembly to talk about the day!



For more information about how you can support your child at home please visit the website:  
<https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2026/top-tips-for-parents-and-carers>



# YEAR 4 HISTORY DAY!

On Monday, Year 4 took part in a history workshop led by Eden from The History Squad. He came dressed as an Anglo-Saxon and brought many artefacts for the children to see and handle. Through his story-telling and hands-on activities, he really brought the Anglo-Saxon era to life and the children had a great time.





# RECEPTION POLICE OFFICER VISIT

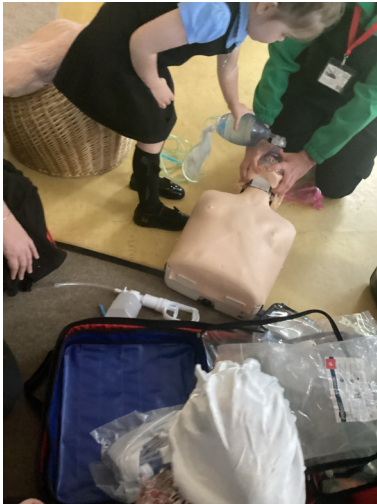
Reception enjoyed their visit from Officer Ali on Thursday. He showed the children lots of important equipment that he uses everyday to do his very important job.





# EYFS PARAMEDIC VISIT

Early Years had a very special visit from St John Ambulance this week. They learnt about paramedics and how they help us. They were particularly excited when they got to see the flashing lights on the ambulance!





# PARENTS COURSE

Please join us for a parents course about supporting your child in the digital world—see information below. If you will be attending please let a member of the office staff know—thank you.



Please join us for a parent course

## Supporting your Child in the Digital World

In this interactive workshop, you will:

- Understand the opportunities and risks of **mobile phones and social media** for children
- Learn practical strategies for setting healthy boundaries
- Build a personalised 'digital family agreement'

**Tuesday 10th February**  
**8.45am - 10.00am**

Refreshments will be provided



# SHARING YOUR NEWS!



Bilal in Year 1 received a medal at mosque last week for attending mosque for 100 days. Keep up the hard work Bilal.

If you have any news about your child's achievements that you would like to share in our newsletter, please speak to your child's class teacher!

## LEO!

Thank you to Life Skills for letting Leo try the macaroni cheese they had made. He thought it was delicious!



CLICK THE ICON TO SEE REGULAR UPDATES  
ON OUR FACEBOOK PAGE!





# GREAT OAK NURSERY



## Great Oak Nursery

at

### Swain House Primary School

Now enrolling for our September, January and April intakes

## Is your child 3 or 4 years old?

*'My child started Great Oak Nursery in September. All of the teachers have been amazing and my child loves coming to his new school and is thriving*



***We have full & part time places available***

**With wrap around care 7.30am until 6.00pm**

**7.30am Breakfast Club - £2.40 a day**

**7.45am Breakfast Club - £1.90 a day**

**8.00am Breakfast Club - free**

**After School club 3.15pm until 4.00pm £2.50 a day**

**Extra Club 4.00pm until 6.00pm £4.50 a day**

**Please contact the school on  
01274 639049**



# LITTLE ACORNS NURSERY

## Little Acorns Nursery At Swain House Primary School Do you have a 2 year old?

September, January and April intake

Little Acorns Nursery is a warm, nurturing atmosphere where children learn through play in a safe and stimulating environment



We have full & part time places available

With wraparound care  
7.30am until 6.00pm

please contact the school on  
01274 639049



# WEEKLY UPDATES

## ATTENDANCE AND PUNCTUALITY

Here are this week's attendance and punctuality figures. There is a proven link between attendance and achievement and it is therefore very important that your child attends school and is on time unless they are too unwell to do so. Our doors open at **8.30am** and close at **8.40am**.

Please see the information below for our whole school and class attendance for the week ending **06.02.26**.

### Early Years and Key Stage 1:

CLASS	PERCENTAGE %	LATES
Elm	97.9%	0
Willow	93.7%	0
Kandinsky	93.6%	4
Matisse	97.5%	3
Lowry	96.6%	2
Van Gogh	98.4%	0

### Key Stage 2:

CLASS	PERCENTAGE %	LATES
Anne Fine	94.4%	1
Roald Dahl	98.0%	2
JK Rowling	94.1%	1
Michael Morpurgo	91.1%	1
Elgar	97.4%	2
Mozart	91.8%	2
Beethoven	93.8%	2
Vivaldi	93.3%	0

Congratulations to **Van Gogh Class** and **Roald Dahl Class** for having the **best attendance** this week.

Congratulations to **Elm Class**, **Willow Class**, **Van Gogh Class** and **Vivaldi Class** for having **no lates**!

Our whole school attendance this week:

**95.1%**

## COMMUNICATION SINCE THE LAST NEWSLETTER

These are the letters, messages and website updates that have been sent out this week. If you have not received any of these letters, please speak to your child's class teacher or contact the office on **01274 639049**.

WEBSITE UPDATES:	National Online Safety - 'Wake Up Wednesday' guide from National Online Safety is about 'Supporting Safe use of AI'.
LETTERS:	05.02.26 - Lowry Class Assembly 06.02.26 - Children's Mental Health Week Reminder
MESSAGES VIA PARENTAPPS:	06.02.26 - Year 5 Homework

# BRADFORD NORTH FOOD BANK




Dear Friends and Supporters,

Sincerest thanks for your support of our work. Thanks to your kindness, our food bank was able to bring comfort and hope to countless people in our local community. We cannot thank you enough for standing with us. Every tin of food, every pound donated, and every hour volunteered was a reminder of the strength of our community.

During 2025, with your help, Bradford North Foodbank provided:

 18,483  
days of food given to  
people in 2025

 37%  
of the people we helped  
were children

“

Absolutely amazing what you all do here, you all deserve a medal.

Our visit today was brilliant, very polite people and helpful and offered a warm drink and food if you wanted which is amazing when people are struggling to even afford the essentials.

Absolutely felt so welcome and not too embarrassed, lovely people, I'm going home with a spring in my step, and fill my empty cupboards.



# COMMUNITY NEWS



## Family Fun Day Nell Bank



Access via booking only.

Please email [Tracey.mcphee@bradford.gov.uk](mailto:Tracey.mcphee@bradford.gov.uk). (inc a phone number if you are happy to be called about our opportunities.)

We have Fun Days running April 2<sup>nd</sup>, May 26<sup>th</sup>, August 3<sup>rd</sup> or 28<sup>th</sup> and October 26<sup>th</sup> 2026!!

**SEND Short Breaks - Specialist Inclusion Team and Nell Bank Charitable Trust are delighted to invite you to our Family Fun Day!**

If you are a family of any shape or size living in the Bradford District, with a child who has a disability and no social care package in place, we would love you to come along for a day of fully inclusive fun in nature.

The site is fully accessible with its own hygiene suite available for use.

11am - 3pm why not join us and why not ... have a go at ...

Adventure Play



Nellbanian Mountains (pm)



Den Building (am)



Pond Dipping



Gruffalo Hunt



Water Play



Wheelchair Swing



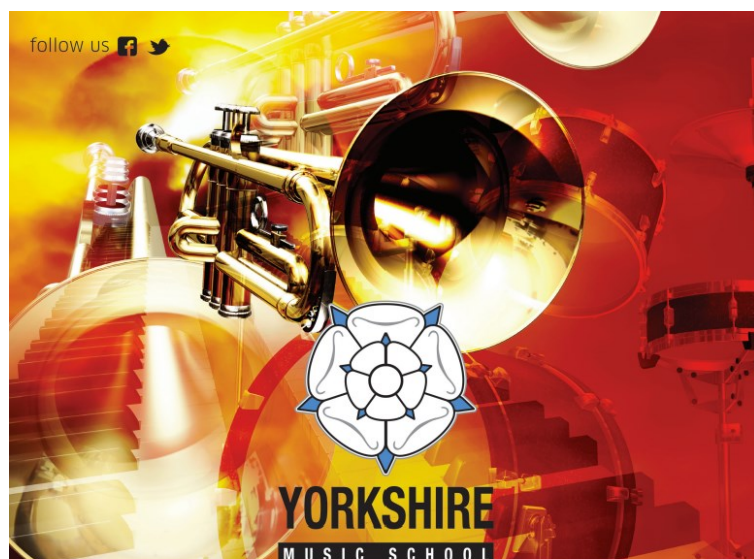
Bikes & Trikes (pm)



The wheelchair swing and Nellmobile or Buzz will be available on request  
- just give us a shout!

Free tea, coffee and juice - don't forget your picnic!

# COMMUNITY NEWS



## BOOK YOUR **FREE** MUSIC LESSON

Lessons available for all ages:

VOCALS | DRUMS | UKULELE | BASS  
PIANO | GUITAR | BRASS | SHOW CHOIR

An advertisement for North Bradford Juniors FC. The background is a dark, stylized image of a football pitch with white and blue lines. In the top left corner, there is a circular logo with the text "NORTH BRADFORD" in a white, sans-serif font, a white silhouette of a wolf's head, and "JUNIORS FC" in a smaller, white, sans-serif font. Below the wolf's head, it says "Est: 2022" and there is a yellow and black ribbon. To the right of the logo, the text "PLAYERS WE WANT YOU!" is written in a large, white, sans-serif font. In the center, there is a photograph of a football pitch with several players in blue and white kits. At the bottom, the text "U7'S" is written in a large, white, sans-serif font. Below this, there is a paragraph of text: "We welcome unattached players into our grassroots club." and "We are actively seeking players from this school year 2. To join our U7 team for the 2025/26 season." To the right of this paragraph, there is another paragraph: "Please contact the club via our Facebook page or northbradfordjuniors@gmail.com". At the very bottom, the website "www.northbradford.co.uk" is written in a small, white, sans-serif font.



# MYHAPPYMIND

## OUR CONVERSATION CARD OF THE WEEK



### Enjoy a conversation!

Each week we will share a conversation card. These are designed to help you have meaningful and fun conversations with your child and aid discussions about mental health and happiness.



# MYHAPPYMIND APP

The myHappyMind app includes lots of fantastic features such as—kids zone, myHappyMind games and mini master classes for parents .



## Download your FREE myHappyMind Parent App



...An online resource to support you and your family to learn more about how you can use myHappyMind to support your child.



### myHappyMind for Parents

Exclusively for parents with children at a myHappyMind School or Nursery.



Learn all about what your children are learning in school



YOU WILL NEED THIS AUTHENTICATION CODE TO SIGN UP

107220



# REMINDERS

## BREAKFAST CLUB AFTER SCHOOL CLUB

Our Breakfast Club opens at 7.30am at a cost of £2.40 each per day or at 7.45am at the cost of £1.90 each per day. Children from Nursery to Year 6 can attend.

If you would like to book your child into Breakfast Club, please use ParentPay.

We have a free Breakfast Club 8.00am—8.30am

If you would like to book this please use ParentApps

## CLUB

Our After School Club is available until 4pm at a cost of £2.50 each per day.

If you would like to book your child into After School Club, please use ParentPay.

## EXTRA CLUB

We also offer an Extra Club service that runs until 6.00pm at a cost of £4.50 per day.

If you would like to book your child into Extra Club, please use ParentPay.

**Please can you ensure that Extra Club places are booked and paid for in advance - by Monday morning. This ensures registers are accurate and places are booked and guaranteed.**

**If you have any problems booking any of our before or after school clubs, please contact Miss Armitage, one of our learning mentors.**

## DIARY DATES

ANY NEWLY ADDED ITEMS WILL BE IN BLUE

DAY	DATE	TIME	EVENT
MONDAY	09.02.26		NON UNIFORM DAY —CHILDREN'S MENTAL HEALTH WEEK
THURSDAY	12.02.26		NON UNIFORM & TOY DAY
THURSDAY	12.02.26		SCHOOL CLOSES

# COMING UP IN SPRING TERM

## SPRING TERM ASSEMBLY SCHEDULE

DAY	DATE	TIME	EVENT
Thursday	12.02.26	2.20pm	Lowry Class Assembly
Thursday	26.02.26	2.20pm	JK Rowling Class Assembly
Thursday	12.03.26	2.20pm	Kandinsky Class Holi Assembly
Thursday	19.03.26	2.20pm	Roald Dahl Class Passover Assembly
Tuesday	24.03.26	2.20pm	Mozart Class Easter Assembly

## DATES TO REMEMBER!



Toy Day and non-uniform—Thursday 12th  
February 2026





# MENU 09/02/26

Homemade bread,  
selection of seasonal  
vegetables / fresh salad  
and fresh fruits served  
daily

## Swain House Primary School

Wk 1 - 3rd Nov, 24th Nov,  
15th Dec, 5th Jan, 16th  
Jan, 9th Mar  
Wk 2 - 10th Nov, 1st Dec,  
22nd Dec, 12th Jan, 2nd  
Feb, 23rd Feb, 16th Mar  
Wk 3 - 17th Nov, 8th Dec,  
29th Dec, 19th Jan, 9th  
Feb, 2nd Mar, 23rd Mar

### MON TUES WED THUR FRI

#### WEEK 1

**Halal Rich & Creamy  
Meat Lasagne**  
(Red Tractor Accredited HMC Beef  
Mince in a rich Tomato Sauce with  
Herbs & Garlic layered with Pasta  
Sheets and a Creamy Cheese  
Sauce, served with Garlic Bread)

**Rich & Creamy  
Meat Lasagne**  
(Red Tractor Accredited Beef Mince  
in a rich Tomato Sauce with Herbs &  
Garlic layered with Pasta Sheets and  
a Creamy Cheese Sauce, served with  
Garlic Bread)

**Spaghetti Marinara**  
(A Tomato and mildly spiced  
Sauce combined into cooked  
Spaghetti, topped with Cheese)

Assorted Jacket Potatoes /  
Hot Sub Roll

**Chocolate Sponge  
& Chocolate Sauce**  
(Homemade, light  
Chocolate Sponge, served  
with Chocolate Sauce)

**Chicken Tikka Masala with  
Pilau Rice / Naan Bread**  
(Red Tractor Accredited diced Chicken  
& Chickpeas in a mild Curry Sauce  
with Pilau Rice or Naan Bread)

**Creamy Mac  
& Cheese**  
(A Macaroni Pasta dish, coated  
in a Creamy Mature Cheddar  
Sauce, served with Crusty Bread)

Assorted Jacket Potatoes /  
Hot Sub Roll

**Butterfly Buns**  
(Individual decorated  
Sponge-based Dessert)

**Roast Meat Dinner**  
(Red Tractor Accredited Meat (either  
Gammon, Turkey or Pork Loin) served  
with Yorkshire Pudding, Roasties &  
Gravy)

**Halal Roast  
Chicken Breast**  
(Red Tractor Accredited HMC  
Chicken Breast, served with  
Yorkshire Pudding, Roast  
Potatoes & Vegan Gravy)

**Toad in the Hole**  
(Quorn Sausage Baked in a  
light Batter, served with Roast  
Potatoes)

Assorted Jacket Potatoes /  
Hot Sub Roll

**Fruity Flapjack**  
(A sweet Bar made with  
Oats, Golden Syrup &  
Butter with Fruit)

**Classic Cheese &  
Tomato Pizza with  
Coleslaw & Salad**  
(Wholemeal 50/50 Base topped with  
a lightly spiced Sauce and topped  
with Mozzarella/Cheddar Cheese)

**Arrabiata Pasta**  
(Chili Tomato Sauce with  
Lentils and Peppers, served  
with Pasta & Crusty Bread)

Assorted Jacket Potatoes

**Creamy Rice  
Pudding with  
Strawberry Jam**  
(Creamy Milk pudding  
served with Jam)

**MSC Breaded Fish  
Fillet Fingers**  
(MSC Fish Fillet Fingers, served with  
Seasoned Potatoes)

**Southern Fried Chicken  
Goujons & Garlic Mayo**  
(Red Tractor Accredited pre-fried  
Breaded Chicken, served with Garlic  
Mayonnaise & baked Jacket Wedges)

**Vegetable Samosa**  
(Vegetables with a light Spice  
encased in Pastry & Baked,  
served with Rata)

Assorted Jacket Potatoes /  
Hot Sub Roll

**Strawberry Sponge  
& Custard**  
(Homemade, light Vanilla  
Sponge with a Strawberry Jam  
swirl, served with Custard)

#### WEEK 2

**Beef & Red Lentil  
Bolognese & Garlic Bread**  
(Red Tractor Accredited Beef Mince &  
Lentils in a Tomato Sauce served with  
Pasta & Garlic Bread)

**Halal Keema Biryani**  
(Red Tractor Accredited HMC  
Beef Mince & Peas in a Spicy  
Pilau Rice)

**Pomodoro Pasta**  
(A simple, delicious rich Tomato  
Sauce with Beans, served with  
Garlic Bread)

Assorted Jacket Potatoes /  
Hot Sub Roll

**Decorated  
Fruit Jelly**  
(Jelly with Fruit, topped  
with Fresh Cream)

**Traditional Chicken Pie**  
(Red Tractor Accredited diced Chicken  
Pieces in a rich Gravy with Vegetables,  
topped with a Golden Pasty Lid served  
with Potatoes)

**Golden Cheese Whirl**  
(Cheese, Potato & Onion encase  
in Puff Pastry, served with baked  
Jacket Wedges)

Assorted Jacket Potatoes /  
Hot Sub Roll

**Vanilla Sponge**  
(Homemade, light Vanilla  
Sponge with a hint of  
Vanilla, served with Custard)

**Roast Meat Dinner**  
(Red Tractor Accredited Meat (either  
Gammon, Turkey or Pork Loin) served  
with Yorkshire Pudding, Roasties &  
Gravy)

**Halal Roast  
Chicken Breast**  
(Red Tractor Accredited HMC  
Chicken Breast, served with  
Yorkshire Pudding, Roast  
Potatoes & Vegan Gravy)

**Hearty Shepherd's  
Pie**  
(Soya Mince, Veg and Gravy  
filling, topped with Mashed  
Potato)

**Sprinkle Cake**  
(Homemade Vanilla  
Sponge, lightly topped with  
Water long and Sprinkles)

**Classic Cheese &  
Tomato Pizza with  
Coleslaw & Salad**  
(Wholemeal 50/50 Base  
topped with a lightly spiced Sauce  
and topped with Mozzarella/  
Cheddar Cheese)

**Arrabiata Pasta**  
(Chili Tomato Sauce with  
Lentils and Peppers, served  
with Pasta & Crusty Bread)

Assorted Jacket Potatoes /  
Selection of Sandwiches

**Gallydale Biscuits**  
(Homemade, Charming,  
Catty Biscuits)

**MSC Battered  
Fish Fillet**  
(MSC Battered Fillet of Fish,  
served with Baked Jacket Wedges)

**Vegetable Pakoras**  
(Mixed Vegetables & Onion  
coated in Tempura Batter,  
served with Baked Jacket  
Wedges & Rata)

Assorted Jacket Potatoes /  
Hot Sub Roll

**Marble Sponge &  
Chocolate Sauce**  
(Homemade Sponge with  
Ribbons of both Vanilla &  
Chocolate Cake, served  
with Chocolate Sauce)

#### WEEK 3

**Creamy Chicken Pasta  
& Crusty Bread**  
(Red Tractor Accredited diced Chicken  
in a homemade Creamy Sauce with  
Garlic, served with Penne Pasta)

**Halal Chicken Bhuna**  
(Red Tractor Accredited HMC  
Chicken stir-fried and slow cooked  
in a spicy Shama Masala)

**BBQ Quorn Pasta**  
(Quorn Pieces in a Barbecue  
flavoured Tomato Sauce, served  
with Wholemeal Pasta)

Assorted Jacket Potatoes /  
Hot Sub Roll

**Apple Crumble  
& Custard**  
(Sliced Apples topped with  
Oat Crumble, served with  
Custard)

**Loaded Wedges with a  
Mild Mexican Chilli &  
topping**  
(Red Tractor Accredited Beef Mince in  
a mild, homemade Chilli Sauce, served  
on Baked Jacket Wedges)

**Loaded Wedges with  
a mild Mexican Veg  
Chilli**  
(Vegan Mince in a mild,  
homemade Chilli Sauce, served  
on Baked Jacket Wedges with  
toppings)

Assorted Jacket Potatoes /  
Hot Sub Roll

**Peaches & Ice  
Cream with Syrup**  
(Vanilla Ice Cream with  
Thinly Sliced Peaches with a  
Chocolate flavoured Syrup)

**Sausage in Gravy with  
Yorkshire Pudding**  
(Red Tractor Accredited Sausage,  
served with Yorkshire Pudding)

**Halal Cottage Pie**  
(Red Tractor Accredited HMC  
Beef Mince in a Gravy with  
Onions, topped with Mashed  
Potatoes & Cheese served with  
Yorkshire Pudding & Gravy)

**Savoury Mince  
topped Tatties**  
(Soya Mince, Vegetables &  
Potatoes, served with a  
Yorkshire Pudding)

Assorted Jacket Potatoes /  
Hot Sub Roll

**Cornflake Tart**  
(Pastry base with  
Cornflakes and Syrup,  
served with Custard)

**Classic Cheese &  
Tomato Pizza with  
Coleslaw & Salad**  
(Wholemeal 50/50 Base  
topped with a lightly spiced Sauce  
and topped with Mozzarella/  
Cheddar Cheese)

**Spaghetti Marinara**  
(A Tomato and mildly spiced  
Sauce combined into cooked  
Spaghetti, topped with Cheese)

Assorted Jacket Potatoes /  
Selection of Sandwiches

**Chocolate Sponge  
& Chocolate Sauce**  
(Homemade, light  
Chocolate Sponge, served  
with Chocolate Sauce)

**MSC Breaded Fish  
Fillet Fingers**  
(MSC Fish Fillet Fingers, served with  
Seasoned Potatoes)

**MSC Salmon &  
Sweet Potato Fishcake**  
(MSC Salmon & Sweet Potato, served  
with Seasoned Potatoes)

**American Style  
Quorn Hot Dog**  
(Quorn Sausage, served in a White  
Bun with Seasoned Potatoes)

Assorted Jacket Potatoes /  
Hot Sub Roll

**Chocolate  
Crispy Crunch**  
(A sweet Bar made from  
puffed Rice, Cocoa & Syrup)

food quarter

For full allergen  
& nutritional  
information  
head to our app



City of  
**BRADFORD**  
METROPOLITAN DISTRICT COUNCIL



# NATIONAL ONLINE SAFETY

This week, our 'Wake Up Wednesday' guide from National Online Safety is about 'Supporting Safe use of AI'.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](https://nationalcollege.com).

## 10 Top Tips for Parents and Educators SUPPORTING SAFE USE OF AI

Artificial Intelligence (AI) is increasingly woven into young people's digital lives. It can offer some educational benefits and day-to-day assistance; however, it also raises concerns about misinformation, privacy, fairness, and safety. This guide provides parents and educators with practical strategies to support young people to navigate AI tools responsibly, and to use them safely and with discernment.

- 1 DEMYSTIFY WHAT AI REALLY IS**  
Children encounter AI in most online places, including games, streaming platforms, and school tools. Explain that AI uses patterns from past data to make decisions, but it doesn't think or feel like humans. Use age-appropriate examples, like how recommendations on YouTube or Netflix work, to build understanding and prevent false beliefs about AI being all-knowing or alive.
- 2 TALK ABOUT RISKS OF MISINFORMATION**  
AI can create convincing false information, including deepfake videos, photos, and fake 'facts'. Encourage children to think critically about what they see and read. Teach them to double-check information using reliable sources, to look at images and videos carefully, and to ask an adult if something doesn't seem right.
- 3 DISCUSS DATA AND PRIVACY**  
Explain that AI systems learn by analysing lots of data, sometimes including personal information. Help young people to be mindful of what they share online and why protecting personal data matters. Model good habits like reading app permissions together or reviewing what's collected by voice assistants like Alexa or Siri.
- 4 ENCOURAGE CREATIVE USE OF AI**  
Support children, when using AI tools, to explore ideas, make art, or build projects. This fosters confidence, imagination, and independent thinking. When children use AI creatively, rather than just passively consuming it, they are more likely to stay engaged and make thoughtful choices.
- 5 USE AGE-APPROPRIATE AI TOOLS**  
Not all AI platforms are suitable for children. Choose tools designed for education or creativity, with clear safety policies. Review terms of use and privacy settings, and help children use them in age-appropriate ways. For example, some chatbot tools mimic conversation but should only be used with guidance and boundaries in place.
- 6 USE AI TOGETHER**  
Exploring AI tools together can help adults understand how they work and spot potential issues. Try co-writing a story with an AI writing assistant or experimenting with an AI art tool. This encourages curiosity, helps you stay informed about the latest AI tools, and allows you to reinforce safe and respectful use while modelling critical thinking.
- 7 SET BOUNDARIES FOR AI USE**  
Establish when, where, and how AI tools can be used, just as you would with any digital technology. For example, you might agree not to use AI tools to complete school assignments without permission, or to avoid unsupervised use of voice assistants. Consistent boundaries help manage overuse and misuse.
- 8 WATCH FOR OVERRELIANCE**  
Some AI tools, like homework help apps, may be tempting shortcuts. Encourage children to use AI to support their thinking, not replace it. Celebrate effort and process over perfect answers. Reinforce that mistakes are part of learning and that relying too heavily on AI can limit real understanding.
- 9 TEACH DIGITAL ETHICS AND LITERACY**  
Help children explore how AI works, where it might be biased, and why ethical thinking matters. Building digital literacy alongside ethical awareness ensures children engage with AI critically, not just conveniently. Help young people to understand that not all people use AI for legitimate purposes; some use it for malicious reasons. Encourage questions about fairness, representation, and who benefits from certain tools; talk about algorithms, echo chambers, and the impact of automation on daily life.
- 10 STAY CURIOUS AND INVOLVED**  
AI is developing rapidly, and staying informed helps you support the young people in your care. Follow trusted sources for updates and keep the conversation going. If a child brings up a new AI trend or tool, take the opportunity to learn about it together. Showing interest builds trust and strengthens digital resilience.

**Meet Our Expert**  
Home to the world's largest CPD library for educators, The National College has transformed the way education establishments go about developing their workforces and managing compliance. Our three memberships help all phases and types of setting raise standards, save time, reduce risk, and build a culture of improvement.

**#WakeUpWednesday**  
The National College

[@wake\\_up\\_weds](https://www.wake_up_weds.com) [/www.thenationalcollege](https://www.thenationalcollege.com) [@wake.up.wednesday](https://www.wake.up.wednesday.com) [@wake.up.weds](https://www.wake.up.weds.com)

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