

NEWSLETTER

FRIDAY 5TH SEPTEMBER 2025



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ASPIRE

BELIEVE

PERSEVERE

ACHIEVE

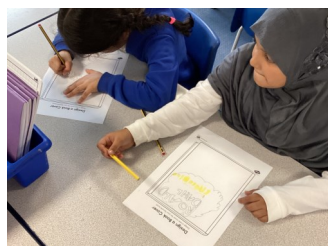
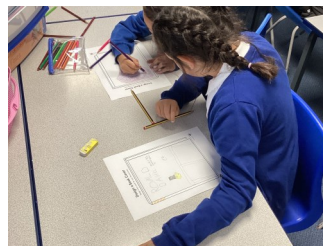
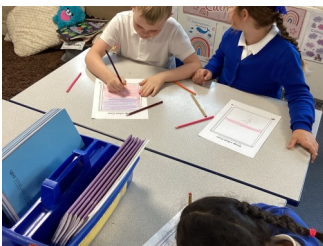
WELCOME BACK!

We would like to welcome back to school all of our families and children after the summer holidays. We hope you have all had a restful break and enjoyed spending time together!

WELCOME BACK!

OUR FIRST WEEK!

All of the children in school have had a fantastic first week and have had a great time getting back into their learning. This week, the children have been learning about their class namesake and completing lots of exciting activities to help them settle into their new classes. Children in our nurseries and reception classes have also enjoyed settling into their new classes and getting to know their new teachers.



ATTENDANCE



Going to school regularly is key to children doing well. It sets them up with good routines for later life and gives them the opportunity to:

- make new friends and feel included
- learn new things and develop new skills
- increase confidence and self-esteem
- improve their social skills
- achieve their full potential

Missing school has a huge impact on how a pupil gets on. The more school a child misses, the harder it is for them to get back into a routine and to catch up on missed work.

ATTENDANCE



Tips for good attendance

Talk to your child about the importance of going to school every day

Take an interest in their school work, including helping with homework and attending parents' evenings. If they know it matters to you it will matter to them

Have set times for going to bed and waking up so your child gets plenty of sleep and is up in good time to get to school on time

Stop using electronic devices one hour before bedtime

Have clothes and school bag ready the night before

Only let your child stay home if they are genuinely ill

If your child doesn't want to go to school, find out why and work with your school and child to try to sort out the problem

Celebrate your child's achievements at school and their good attendance

Try to book doctor, dentist, and other appointments after school hours

Book holidays in the school holidays, not term time

ATTENDANCE



At Swain House Primary School we believe that good attendance and punctuality are key to your child making good progress at school. Our aim is that all children have attendance at 95% or above. The information below shows how attendance can affect your child's future progression.

Above 96%: Less than 8 days absence a year (0 to 44 hours of learning lost) Excellent attendance! These pupils will almost certainly get the best grades they can, leading to better prospects for the future. Pupils will also get into a habit of attending school which will help in the future.
95% - 95.9%: Less than 10 days absence a year (0 to 55 hours of learning lost) These pupils are likely to achieve good grades and form a habit of attending school regularly, but are less likely to do as well as a child with attendance above 96%. Pupils who take a 2 week holiday every year can only achieve 95% attendance.
94.9% and lower to 90%: 10 to 19 days absence a year (55 to 105 hours of learning lost) Pupils with attendance below 95% have attendance below the national average and they are at risk of missing key lessons in a sequence of lessons and may find it hard to keep up with their work. They may find this level of attendance, particularly if it is erratic, adversely affects their friendship groups as pupils play with other children when they are absent.
90% and lower: 19 or more days absence a year (at least 105 hours of learning lost) The Government identifies pupils with attendance below 90% as "Persistent Absentees", and it will be almost impossible to keep up with work. Parents of pupils in this group could also face the possibility of legal action being taken by the Local Authority.

If your child is absent due to illness, school will ask for supporting documents. Some examples of evidence that could be used are: Prescriptions, Appointment Cards, Doctor's Notes, etc. Please ensure any routine appointments are made out of school hours. If this evidence is not supplied when your child returns after an illness or medical absence, your child's absence will be recorded as "unauthorised".

Please could I remind you of the importance of getting your child to school on time. The doors open at **8.30am and close promptly at 8.40am**; if you arrive after this time until 9am, your child will be classed as late. Any child that arrives after 9am will receive an unauthorised absence mark and this will affect their attendance percentage. High levels of unauthorised absences or poor punctuality will result in a referral to Bradford Education Safeguarding Attendance Team.

Children who arrive at school late are greatly disadvantaged because they miss starting the day with their peers and the beginning of lessons. This means that they are often unsettled and confused about tasks. It is essential that you ensure that your child arrives at school on time to prevent disruption to your child's own learning and that of others. It is also very important that children establish good routines and habits in preparation for the rest of their lives. Punctuality is a life skill that they need to develop whilst they are young.

Please remember that we also run a Breakfast Club which is available to children from Nursery to Year 6 from 7.30am.

Currently we are part of the Government 'Breakfast Club Early Adopter Scheme' which entitles all families for free breakfast club from 8am.

If you are experiencing difficulties with attendance and/or punctuality and would like to talk to us about it, please contact the Pastoral Team on 01274 639049.



Swain House Primary School
Radcliffe Avenue, Bradford BD2 1JL

Headteacher: Mrs Clare Pugh

Tel: 01274 639049

E-mail: office@swainhouse.bradford.sch.uk

Website: www.swainhouse.co.uk

Friday 5th September 2025

Dear Parent/Guardian

New Class Meetings

You are invited to your child's class to meet with the teacher and ask any questions about their new class and year group from 3.15pm – 3.30pm. Please see the dates below for your child's new class meeting. Year 4 parents will have the opportunity to view the swimming pool during their new class meeting.

Year group	Date
Year 3	Monday 15th September 2025
Year 6	Tuesday 16th September 2025
Reception	Thursday 18th September 2025
Year 2	Friday 19th September 2025
Year 5	Monday 22nd September 2025
Year 1	Tuesday 23rd September 2025
Year 4	Wednesday 24th September 2025

Please sign in at the main entrance, on arrival at 3.15pm.

Yours sincerely

Mrs Clare Pugh
Headteacher

MYHAPPYMIND

MEET THE BRAIN LAUNCH ASSEMBLY

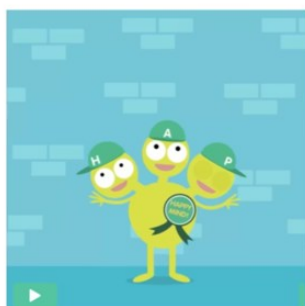


Mrs Pugh will be presenting her special assembly on
Thursday 11th September, **Meet The Brain**

The **Meet The Brain** module is focused on teaching children all
about our brains, how they work and how they can help us to be
at our best.



The Meet Your Brain habit
we are developing is...



Happy Breathing!

Happy Breathing can help us
when we are feeling sad,
scared or worried.

It can also help with
Neuroplasticity too.

SHARING YOUR NEWS!

If you have any news about your child's achievements that you would like to share in our newsletter, please speak to your child's class teacher!



COMMUNITY LIBRARY



Please help yourself to any books you wish to borrow from our community library. Donations of children's books are also gratefully received—Thank you!

Our community library is located just outside the main office.



**CLICK THE ICON TO SEE REGULAR UPDATES
ON OUR FACEBOOK PAGE!**



WEEKLY UPDATES

ATTENDANCE AND PUNCTUALITY

Here are this week's attendance and punctuality figures. There is a proven link between attendance and achievement and it is therefore very important that your child attends school and is on time unless they are too unwell to do so. Our doors open at **8.30am** and close at **8.40am**.

Please see the information below for our whole school and class attendance for the week ending **05/09/25**.

Early Years and Key Stage 1:

CLASS	PERCENTAGE %	LATES
Elm	97.6%	0
Willow	100%	0
Kandinsky	100%	1
Matisse	100%	0
Lowry	95.3%	0
Van Gogh	99.2%	1

Key Stage 2:

CLASS	PERCENTAGE %	LATES
Anne Fine	98.5%	0
Roald Dahl	92.1%	1
JK Rowling	100%	0
Michael Morpurgo	96.3%	1
Elgar	96%	0
Mozart	93.9%	1
Beethoven	99.1%	1
Vivaldi	99.2%	1

Congratulations to **Willow Class, Kandinsky Class, Matisse Class and JK Rowling Class** for having the **best attendance** this week.

Well done to **Elm Class, Willow Class, Matisse Class, Lowry Class, Anne Fine Class, JK Rowling Class and Elgar Class** for having **no lates**!

Our whole school attendance this week:

97.4%

COMMUNICATION SINCE THE LAST NEWSLETTER

These are the letters, messages and website updates that have been sent out this week. If you have not received any of these letters, please speak to your child's class teacher or contact the office on **01274 639049**.

WEBSITE UPDATES:	National Online Safety - Creating Family Rules for using Devices'.
LETTERS:	03.09.25 - Attendance & Punctuality 04.09.25 - DfE Early Adopter Breakfast Club Scheme 05.09.25 - New Class Meetings
MESSAGES VIA PARENTAPPS:	04.09.25 - Bikes & Scooters

MYHAPPYMIND APP

The myHappymind app has been updated and now includes some new features—kids zone, myHappymind games and mini master classes for parents .



REMINDERS

BREAKFAST CLUB AFTER SCHOOL CLUB

Our Breakfast Club opens at 7.30am at a cost of £2.40 each per day or at 7.45am at the cost of £1.90 each per day. Children from Nursery to Year 6 can attend.

If you would like to book your child into Breakfast Club, please use ParentPay.

We have a free Breakfast Club 8.00am—8.30am

If you would like to book this please use ParentApps

Our After School Club is available until 4pm at a cost of £2.50 each per day.

If you would like to book your child into After School Club, please use ParentPay.

EXTRA CLUB

We also offer an Extra Club service that runs until 6.00pm at a cost of £4.50 per day.

If you would like to book your child into Extra Club, please use ParentPay.

Please can you ensure that Extra Club places are booked and paid for in advance - by Monday morning. This ensures registers are accurate and places are booked and guaranteed.

If you have any problems booking any of our before or after school clubs, please contact Miss Armitage, one of our learning mentors.

DIARY DATES

ANY NEWLY ADDED ITEMS WILL BE IN BLUE

DAY	DATE	TIME	EVENT
Wednesday - Friday	10.09.25 - 12.09.25		Year 5 Residential Malham
Wednesday - Friday	01.10.25 - 03.10.25		Year 6 Residential Newby Wiske

COMING UP IN AUTUMN TERM

AUTUMN TERM ASSEMBLY SCHEDULE

DAY	DATE	TIME	EVENT
Thursday	18.09.25	2.30pm	Year 5 Residential Assembly
Thursday	09.10.25	2.30pm	Year 6 Residential Assembly
Thursday	16.10.25	2.30pm	Roald Dahl Class Assembly
Thursday	23.10.25	2.30pm	Michael Morpurgo Class Deepawali Assembly
Thursday	13.11.25	2.30pm	Beethoven Class Assembly
Thursday	27.11.25	2.30pm	JK Rowling Class Hanukkah
Thursday	11.12.25	2.30pm	Vivaldi Class Assembly

MENU 08/09/25

Homemade bread,
selection of seasonal
vegetables or fresh
salad served daily



Swain House Primary School

Wk 1 - 21st Apr, 12th May,
2nd Jun, 23rd Jun, 14th Jul,
1st Sep, 22nd Sep, 13th Oct
Wk 2 - 28th Apr, 19th May,
9th Jun, 30th Jun, 21st Jul,
8th Sep, 29th Sep, 20th Oct
Wk 3 - 5th May, 26th May,
16th Jun, 7th Jul, 28th Jul,
15th Sep, 6th Oct, 27th Oct

	MON	TUES	WED	THUR	FRI
WEEK 1	<p> Cheese Flan (Served with Paprika Potatoes, Seasonal Vegetables or Salad)</p> <p> Fajita Pasta Bake (Served with Crusty Bread, Salad or Seasonal Vegetables)</p> <p>Assorted Jacket Potatoes</p> <p> Hot Sub Roll</p> <p> Apple Cake (Baked Vanilla Sponge with Blended Apples & topped with Icing Sugar)</p> <p> Freshly Prepared Fruit</p>	<p> Chicken Tikka Masala (Served with Rice & Salad)</p> <p> Halal Chicken Korma (Served with Naan Bread & Salad)</p> <p> Vegetarian Mince Lasagne (Served with Garlic Bread & Salad)</p> <p>Assorted Jacket Potatoes</p> <p> Hot Sub Roll</p> <p> Flapjack</p> <p> Freshly Prepared Fruit</p>	<p>Roast Dinner (Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy)</p> <p> Halal Roast Chicken Tikka Dinner (Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy)</p> <p> Veggie Mince Shepherd's Pie (Served with Yorkshire Pudding & Seasonal Vegetables)</p> <p>Assorted Jacket Potatoes</p> <p> Hot Sub Roll</p> <p> Cornflake Tart (Served with Custard)</p> <p> Freshly Prepared Fruit</p>	<p> Cheese & Tomato Pizza (Served with Jacket Wedges & Beans or Salad)</p> <p> Mini Meatless Ball Pizza (Served with Jacket Wedges, Baked Beans or Salad)</p> <p>Assorted Jacket Potatoes</p> <p>Selection of Sandwiches</p> <p> Marble Sponge (Served with Chocolate Sauce)</p> <p> Freshly Prepared Fruit</p>	<p>Southern Fried Chicken Goujons (Served with Chips, Salad or Seasonal Vegetables)</p> <p>MSC Battered Fish (Served with Chips, Salad or Vegetables)</p> <p> Vegetable Dippers (Served with Ketchup, Chips, Salad or Seasonal Vegetables)</p> <p>Assorted Jacket Potatoes</p> <p>Selection of Sandwiches</p> <p> Ice Cream Tubs</p> <p> Freshly Prepared Fruit</p>
WEEK 2	<p> Homemade Cheese & Onion Pasty (Served with Seasoned Potatoes, Salad or Seasonal Vegetables)</p> <p> Bombay Veg Biryani (Curried Vegetables & Rice served with Naan Bread & Salad)</p> <p>Assorted Jacket Potatoes</p> <p> Hot Sub Roll</p> <p> Chocolate Crispy Crunch</p> <p> Freshly Prepared Fruit</p>	<p>Spaghetti Bolognese (Spaghetti Bolognese, served with Garlic Bread & Salad)</p> <p> Halal Spaghetti Bolognese (Spaghetti Bolognese served with Garlic Bread & Salad)</p> <p> Arrabiata Pasta (Served with Crusty Bread & Salad)</p> <p>Assorted Jacket Potatoes</p> <p> Hot Sub Roll</p> <p> Volcano Buns (A Sponge-like Biscuit with a Jam / Lemon filling)</p> <p> Freshly Prepared Fruit</p>	<p>Roast Dinner (Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy)</p> <p> Halal Roast Chicken Tikka Dinner (Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy)</p> <p> Savoury Veggie Mince & Tatties (Soya Mince & Vegetables served in a Yorkshire Pudding)</p> <p>Assorted Jacket Potatoes</p> <p> Hot Sub Roll</p> <p> Old School Sponge Cake (Served with Custard)</p> <p> Freshly Prepared Fruit</p>	<p> Cheese & Tomato Pizza (Served with Chips & Beans or Salad)</p> <p> Savoury Rolls (Served with Chips & Salad or Beans)</p> <p>Assorted Jacket Potatoes</p> <p>Selection of Sandwiches</p> <p> Chocolate Sponge (Served with Chocolate Sauce)</p> <p> Freshly Prepared Fruit</p>	<p>All Day Brunch (Traditional Breakfast Items: Sausage, Egg, Toast & Beans)</p> <p>MSC Fish Fingers (Served with Jacket Wedges & Salad or Seasonal Vegetables)</p> <p> All Day Vegetarian Brunch (Quorn Sausage, Scrambled Egg, Baked Beans, Chips & Bread and Butter)</p> <p>Assorted Jacket Potatoes</p> <p>Selection of Sandwiches</p> <p> Oat Cookie</p> <p> Freshly Prepared Fruit</p>
WEEK 3	<p> Mac & Cheese (Served with Crusty / Garlic Bread & Salad)</p> <p> Veg Jambalaya (Seasoned Vegetables & Rice, served with Crusty Bread & Salad)</p> <p>Assorted Jacket Potatoes</p> <p> Hot Sub Roll</p> <p> Jam Sponge (Served with Custard)</p> <p> Freshly Prepared Fruit</p>	<p>Chicken Pie (Served with Seasoned Potatoes & Seasonal Vegetables)</p> <p> Halal Keema & Peas (Served with Pilau Rice & Salad)</p> <p> Cheese Roll (Served with Seasoned Potatoes & Seasonal Vegetables)</p> <p>Assorted Jacket Potatoes</p> <p> Hot Sub Roll</p> <p> Fruity Flapjack</p> <p> Freshly Prepared Fruit</p>	<p>Roast Dinner (Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy)</p> <p> Halal Roast Chicken Tikka Dinner (Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy)</p> <p> Quorn Roast (Served with Yorkshire Pudding & Seasonal Vegetables)</p> <p>Assorted Jacket Potatoes</p> <p> Hot Sub Roll</p> <p> Fruit Jelly (Fruit Jelly topped with Cream)</p> <p> Freshly Prepared Fruit</p>	<p>Cheesy Beef Taco Pasta (Served with a side Salad)</p> <p> Cheese & Tomato Pizza (Served with Chips & Beans or Salad)</p> <p> Loaded Vegetable Pizza (Served with Chips & Salad)</p> <p>Assorted Jacket Potatoes</p> <p>Selection of Sandwiches</p> <p> Chocolate Sponge (Served with Chocolate Sauce)</p> <p> Freshly Prepared Fruit</p>	<p>MSC Fish Fingers (Served with Creamed Potatoes & Seasonal Vegetables)</p> <p>MSC Salmon & Sweet Potato Fishcake (Served with Creamed Potatoes & Seasonal Vegetables)</p> <p> Breaded Cheese & Vegetable Grill (Served in a Bun with Salad & Optional Coleslaw)</p> <p>Assorted Jacket Potatoes</p> <p>Selection of Sandwiches</p> <p> Vanilla Cookie</p> <p> Freshly Prepared Fruit</p>



food quarter
FM SERVICES

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& nutritional
information
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NATIONAL ONLINE SAFETY

This week, our 'Wake Up Wednesday' guide from National Online Safety is about 'Creating Family Rules for using Devices'.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators CREATING FAMILY RULES FOR USING DEVICES

A set of family rules agreed on with children can promote the safe, responsible use of devices like tablets, smartphones, gaming consoles and computers. By developing rules around technology, it opens the conversation regarding boundaries and expectations, ensuring a healthy balance of screen time. This guide will help you to develop an age-appropriate family agreement to suit your household.

1 WORK TOGETHER

Collaborating with children when setting rules around the use of technology is a valuable task that can encourage them to take more ownership. It's important to make rules which reflect your family and are age appropriate. Think about what you all enjoy doing online and what apps, games or devices children use most frequently.

2 AGREE TIME LIMITS AND SUITABLE TIMES

Be realistic when setting screen time limits. These can vary depending on the child's age, whether it's a weekday or weekend, and what they're actually doing online. If they're conducting research for homework, that might require more time than if they were playing games. Consider when screen time begins: does it come after chores and homework? Agree times when technology and phones must be put away.

3 ENCOURAGE HONESTY

Family rules ensure that everyone can have fun with their devices and be safe while doing so. Nonetheless, children may make mistakes as they learn to navigate the online world. Emphasise that if they ever feel worried, unsafe or upset about something they've done, sent, said or received, they should tell you immediately so you can help them resolve the problem.

4 CHARGING AND OVERNIGHT STORAGE

To ensure children get the downtime they need overnight, it's important that devices – especially smartphones – are kept in a common space, where possible. This reduces the chance of pointless late-night scrolling or sleep being disturbed by calls, messages or notifications. There are charging boxes you can purchase, or all gadgets could be charged in the kitchen overnight to avoid distractions.

5 REVIEW RULES REGULARLY

Anything you agree on isn't set in stone. These rules will likely alter as children get older and the way they use technology changes. Take time to review these as a family; discuss what's working, and what isn't. Communication is key – so by doing this, you involve the child in their own online safety while promoting an open dialogue.

6 PROTECT PERSONAL INFO

Discuss and demonstrate the importance of protecting your personal information. Talk about what details you share online and who with. Use parental controls to block children from connecting with strangers, so that any information they do share is among their real friends. Ask a child's permission before posting any photos of them on social media, as this demonstrates positive online behaviour that they should learn and remember.

7 BE RESPECTFUL

Highlight the importance of showing respect to others when using technology. Encourage children to speak kindly to others online – such as on social media, when playing multiplayer games or in group chats (which can often lend themselves to teasing behaviour). Explain that if they aren't treating others considerately, they might be made to stay away from their devices for a while.

8 "NO TECH" ZONES

Designating spaces in the house where technology isn't allowed (for example: bedrooms, bathrooms and at the dinner table) lets you keep an eye on what children are viewing and who they're communicating with. It gives you some quality, screen-free time with them, too. It also helps reduce any impulses to potentially engage with inappropriate content, as they're unlikely to do so in a common space within the home.

9 AGREE ON CONSEQUENCES

As a family, discuss why the rules are important: to balance their screen time, to ensure everyone enjoys gaming or interacting online, and that they are safe when doing so. Therefore, if these rules are broken, there has to be a consequence. Discuss what would be fair for certain breaches of the rules, as this can prevent a disproportionate response in the future.

10 KNOW ALL PASSWORDS

To protect children from inappropriate content, parents should have access to all passwords. Parents should also make it clear that they will check children's devices, should they have any concerns about their use. Emphasise that this isn't due to a lack of trust but is an extra way of keeping them safe.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant at BCyberAware. She has developed and implemented anti-bullying and cyber safety workshops and policies for schools in Australia and the UK. Claire has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviours of young people in the UK, USA and Australia.



#WakeUpWednesday®

The National College

Source: See full reference list on guide page at: nationalcollege.com/guides/tips-for-creating-family-rules-for-using-devices



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