

# NEWSLETTER

FRIDAY 12TH SEPTEMBER 2025



TEL: 01274 639049

WWW.SWAINHOUSE.CO.UK

EMAIL: OFFICE@SWAINHOUSE.BRADFORD.SCH.UK

ASPIRE

BELIEVE

PERSEVERE

ACHIEVE

## YEAR 4 LOCAL AREA WALK

Year 4 started their new topic, Marvellous Maps, by enjoying a walk around the local area. They were looking out for all the physical and human features that we could see in the streets around our school.





# MALHAM

Year 5 had a fantastic time at Malham and cannot wait to tell you all about it!





# YEAR 4 SWIMMING

Year 4 have had a fantastic start to their daily swimming lessons this half term. The children have very quickly settled into the routine and are thoroughly enjoying their sessions in the pool. The instructor, Rees, is thrilled with the rapid progress they are making and has already seen huge improvements in confidence and ability. The lifeguards are pleased with their behaviour and Mrs Farr and Mrs Tetley are very impressed with how sensible the children are when changing and going back to class. We look forward to seeing the children's swimming skills develop even more throughout the half term.



# WEEKLY UPDATES

## ATTENDANCE AND PUNCTUALITY

Here are this week's attendance and punctuality figures. There is a proven link between attendance and achievement and it is therefore very important that your child attends school and is on time unless they are too unwell to do so. Our doors open at **8.30am** and close at **8.40am**.

Please see the information below for our whole school and class attendance for the week ending **12/09/25**.

### Early Years and Key Stage 1:

CLASS	PERCENTAGE %	LATES
Elm	97.3%	0
Willow	98.0%	0
Kandinsky	96.4%	2
Matisse	100%	0
Lowry	95.3%	0
Van Gogh	100%	0

### Key Stage 2:

CLASS	PERCENTAGE %	LATES
Anne Fine	96.3%	0
Roald Dahl	97.6%	0
JK Rowling	97.4%	0
Michael Morpurgo	96.0%	2
Elgar	98.1%	1
Mozart	96.8%	0
Beethoven	95.5%	2
Vivaldi	97.7%	0

Congratulations to **Matisse Class, Van Gogh Class and Elgar Class** for having the **best attendance** this week.

Well done to **Elm Class, Willow Class, Matisse Class, Lowry Class, Van Gogh Class, Anne Fine Class, Roald Dahl Class, JK Rowling Class, Mozart Class and Vivaldi Class** for having **no lates**!

Our whole school attendance this week: **97.2%**

## COMMUNICATION SINCE THE LAST NEWSLETTER

These are the letters, messages and website updates that have been sent out this week. If you have not received any of these letters, please speak to your child's class teacher or contact the office on

WEBSITE UPDATES:	National Online Safety - 'Supporting Children to Manage Conflict Effectively'.
LETTERS:	08.09.25 - Year 6 Heights & Weights 09.09.25 - Uniform Changes 10.09.25 - Autumn Term Assembly Schedule 11.09.25 - Year 5 Malham Residential Assembly
MESSAGES VIA PARENTAPPS:	11.09.25 - Year 6 Residential Meeting 12.09.25 - Milk

# MYHAPPYMIND APP

**The myHappymind app has been updated and now includes some new features—kids zone, myHappymind games and mini master classes for parents .**





# COMMUNITY NEWS



9 September 2025

Dear Year 6 Parent/Carers

## **St Mary's Menston Open Day – Saturday 27 September 2025, 11:00am – 2:00pm**

You are warmly invited to join our school community for St Mary's Annual Open Day on Saturday 27 September 2025.

This event is especially significant for our prospective Year 6 pupils and their families, as you begin to consider the next stage of your child's educational journey. At St Mary's, we deeply understand how important this decision is, and we are committed to supporting you every step of the way.

As our Mission Statement affirms, every child is at the heart of all we do. We recognise that each member of our community is on a unique journey of growth and self-discovery, and it is a privilege to walk alongside you during this formative time in your child's life.

We look forward to welcoming you in person between **11:00am and 2:00pm**, when you'll have the opportunity to experience the vibrant life of our school. We hope the day will give you a true sense of what makes St Mary's so special, a place where our Mission is not just words, but a lived reality. Together with our families, we nurture each pupil's gifts, talents, and character so they leave us ready to contribute positively to society and the world around them.

The day will include:

- A welcome address from me, as Headteacher
- Guided visits to all areas of the school
- Opportunities to meet staff and pupils across subject areas
- Insights into our daily teaching and learning

Due to the high level of interest from families considering Year 7 entry in September 2026, we will be operating a **ticketed system** for the Headteacher's Welcome presentation. This will help ensure that all visitors can enjoy the full experience of what our school has to offer.

**To book your place at our Open Day**, please visit our open events and tours page using the link below. Once there you will be prompted to complete a booking form which will allow you to book tickets for one of the two **Headteacher Welcome and Admissions Information sessions**. These will be held in our Main Hall at **11:20am and 12:20pm**.

<https://www.stmarysmenston.org/Admissions/Open-Events-and-Tours/>

ST MARY'S MENSTON  
A CATHOLIC VOLUNTARY ACADEMY

Bradford Road Menston  
West Yorkshire LS29 6AE

T: 01943 883000  
E: [admin@stmarysmenston.org](mailto:admin@stmarysmenston.org)

[www.stmarysmenston.org](http://www.stmarysmenston.org)  
Headteacher: Miss Margaret Hattersley



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# COMMUNITY NEWS

If you are unable to access the online booking system, please don't hesitate to contact us directly on **01943 883 000**, and we will be happy to reserve a place for you.

Once your session is booked, you are welcome to arrive at any time from **11:00am**.

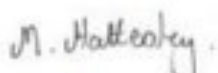
- Visitors attending the **11:20am** presentation will have the opportunity to explore the school's facilities once their talk concludes.
- Those attending the **12:20pm** presentation are encouraged to tour the school from 11:00am onwards, prior to their talk starting.

In addition to our Open Day, we invite you to explore the many resources available on our website: [www.stmarysmenston.org](http://www.stmarysmenston.org). There, you'll find a wealth of information about life at St Mary's, from curriculum details to enrichment opportunities, including our internationally recognised Bambisanani Partnership.

Our Open Day is a genuine highlight of our annual calendar, and I am excited by the prospect of sharing many of the outstanding aspects of life at St Mary's, including the exceptional 2025 examination results achieved by our former Year 11 and Year 13 students.

It is a true privilege to lead this exceptional school community and to support you during this important time in your family's journey. I look forward to welcoming you warmly to St Mary's on **Saturday 27 September 2025**, and to meeting you in person.

Yours sincerely



**Miss M Hattersley**  
Headteacher

# REMINDERS

## BREAKFAST CLUB AFTER SCHOOL CLUB

Our Breakfast Club opens at 7.30am at a cost of £2.40 each per day or at 7.45am at the cost of £1.90 each per day. Children from Nursery to Year 6 can attend.

If you would like to book your child into Breakfast Club, please use ParentPay.

We have a free Breakfast Club 8.00am—8.30am

If you would like to book this please use ParentApps

Our After School Club is available until 4pm at a cost of £2.50 each per day.

If you would like to book your child into After School Club, please use ParentPay.

## EXTRA CLUB

We also offer an Extra Club service that runs until 5.30pm at a cost of £4.50 per day.

If you would like to book your child into Extra Club, please use ParentPay.

**Please can you ensure that Extra Club places are booked and paid for in advance - by Monday morning. This ensures registers are accurate and places are booked and guaranteed.**

**If you have any problems booking any of our before or after school clubs, please contact Miss Armitage, one of our learning mentors.**

## DIARY DATES

ANY NEWLY ADDED ITEMS WILL BE IN BLUE

DAY	DATE	TIME	EVENT
Thursday	18.09.25	3.15pm	Year 6 Residential Meeting
Wednesday - Friday	01.10.25 - 03.10.25		Year 6 Residential Newby Wiske
Tuesday	07.10.25	3.10pm - 6.15pm	Parent Consultations



# COMING UP IN AUTUMN TERM

## AUTUMN TERM ASSEMBLY SCHEDULE

DAY	DATE	TIME	EVENT
Thursday	18.09.25	2.30pm	Year 5 Residential Assembly
Thursday	09.10.25	2.30pm	Year 6 Residential Assembly
Thursday	16.10.25	2.30pm	Roald Dahl Class Assembly
Thursday	23.10.25	2.30pm	Michael Morpurgo Class Deepawali Assembly
Thursday	13.11.25	2.30pm	Beethoven Class Assembly
Thursday	27.11.25	2.30pm	JK Rowling Class Hanukkah
Thursday	11.12.25	2.30pm	Vivaldi Class Assembly

## DATES TO REMEMBER!

**Year 6**

### **Residential Meeting**

Thursday 18th September 2025 at 3.15pm. Please come to the school office as the meeting will be held in our main hall.



**Halloween Disco**

Thursday 23rd October 2025

5:00pm - 6.30pm

More details to follow!




**Parents Consultations**

Tuesday 7th October 2025

More details to follow!

# SPECIAL MENU



## CENSUS DAY SPECIAL MENU

**THURSDAY 2ND OCTOBER**

Help us make Census Day count – join us for  
a delicious school dinner!



**Marinated Chicken Pizza**



**Classic Cheese & Tomato Pizza**



**Savoury Roll**

Served with  
Fries  
Baked Bean  
Assorted Salad

**Gallydale Biscuit**

**Jelly & Ice Cream**



**FM SERVICES**



# MENU 15/09/25

Homemade bread,  
selection of seasonal  
vegetables or fresh  
salad served daily

## Swain House Primary School

Wk 1 - 21st Apr, 12th May,  
2nd Jun, 23rd Jun, 14th Jul,  
1st Sep, 22nd Sep, 13th Oct  
Wk 2 - 28th Apr, 19th May,  
9th Jun, 30th Jun, 21st Jul,  
8th Sep, 29th Sep, 20th Oct  
Wk 3 - 5th May, 26th May,  
16th Jun, 7th Jul, 28th Jul,  
15th Sep, 6th Oct, 27th Oct



	MON	TUES	WED	THUR	FRI
WEEK 1	<p> Cheese Flan (Served with Paprika Potatoes, Seasonal Vegetables or Salad)</p> <p> Fajita Pasta Bake (Served with Crusty Bread, Salad or Seasonal Vegetables)</p> <p>Assorted Jacket Potatoes</p> <p> Hot Sub Roll</p> <p> Apple Cake (Baked Vanilla Sponge with Blended Apples &amp; topped with Icing Sugar)</p> <p> Freshly Prepared Fruit</p>	<p> Chicken Tikka Masala (Served with Rice &amp; Salad)</p> <p> Halal Chicken Korma (Served with Naan Bread &amp; Salad)</p> <p> Vegetarian Mince Lasagne (Served with Garlic Bread &amp; Salad)</p> <p>Assorted Jacket Potatoes</p> <p> Hot Sub Roll</p> <p> Flapjack</p> <p> Freshly Prepared Fruit</p>	<p>Roast Dinner (Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables &amp; Gravy)</p> <p> Halal Roast Chicken Tikka Dinner (Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables &amp; Gravy)</p> <p> Veggie Mince Shepherds Pie (Served with Yorkshire Pudding &amp; Seasonal Vegetables)</p> <p>Assorted Jacket Potatoes</p> <p> Hot Sub Roll</p> <p> Cornflake Tart (Served with Custard)</p> <p> Freshly Prepared Fruit</p>	<p> Cheese &amp; Tomato Pizza (Served with Jacket Wedges &amp; Beans or Salad)</p> <p> Mini Meatless Ball Pizza (Served with Jacket Wedges, Baked Beans or Salad)</p> <p>Assorted Jacket Potatoes</p> <p>Selection of Sandwiches</p> <p> Marble Sponge (Served with Chocolate Sauce)</p> <p> Freshly Prepared Fruit</p>	<p>Southern Fried Chicken Goujons (Served with Chips, Salad or Seasonal Vegetables)</p> <p>MSC Battered Fish (Served with Chips, Salad or Vegetables)</p> <p> Vegetable Dippers (Served with Ketchup, Chips, Salad or Seasonal Vegetables)</p> <p>Assorted Jacket Potatoes</p> <p>Selection of Sandwiches</p> <p> Ice Cream Tubs</p> <p> Freshly Prepared Fruit</p>
WEEK 2	<p> Homemade Cheese &amp; Onion Pasty (Served with Seasoned Potatoes, Salad or Seasonal Vegetables)</p> <p> Bombay Veg Biryani (Curried Vegetables &amp; Rice served with Naan Bread &amp; Salad)</p> <p>Assorted Jacket Potatoes</p> <p> Hot Sub Roll</p> <p> Chocolate Crispy Crunch</p> <p> Freshly Prepared Fruit</p>	<p>Spaghetti Bolognese (Spaghetti Bolognese, served with Garlic Bread &amp; Salad)</p> <p> Halal Spaghetti Bolognese (Spaghetti Bolognese served with Garlic Bread &amp; Salad)</p> <p> Arrabiata Pasta (Served with Crusty Bread &amp; Salad)</p> <p>Assorted Jacket Potatoes</p> <p> Hot Sub Roll</p> <p> Volcano Buns (A Sponge-like Biscuit with a Jam / Lemon filling)</p> <p> Freshly Prepared Fruit</p>	<p>Roast Dinner (Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables &amp; Gravy)</p> <p> Halal Roast Chicken Tikka Dinner (Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables &amp; Gravy)</p> <p> Savoury Veggie Mince &amp; Tatties (Doya Mince &amp; Vegetables served in a Yorkshire Pudding)</p> <p>Assorted Jacket Potatoes</p> <p> Hot Sub Roll</p> <p> Old School Sponge Cake (Served with Custard)</p> <p> Freshly Prepared Fruit</p>	<p> Cheese &amp; Tomato Pizza (Served with Chips &amp; Beans or Salad)</p> <p> Savoury Rolls (Served with Chips &amp; Salad or Beans)</p> <p>Assorted Jacket Potatoes</p> <p>Selection of Sandwiches</p> <p> Chocolate Sponge (Served with Chocolate Sauce)</p> <p> Freshly Prepared Fruit</p>	<p>All Day Brunch (Traditional Breakfast Items: Sausage, Egg, Toast &amp; Beans)</p> <p>MSC Fish Fingers (Served with Jacket Wedges &amp; Salad or Seasonal Vegetables)</p> <p> All Day Vegetarian Brunch (Quorn Sausage, Scrambled Egg, Baked Beans, Chips &amp; Bread and Butter)</p> <p>Assorted Jacket Potatoes</p> <p>Selection of Sandwiches</p> <p> Oat Cookie</p> <p> Freshly Prepared Fruit</p>
WEEK 3	<p> Mac &amp; Cheese (Served with Crusty / Garlic Bread &amp; Salad)</p> <p> Veg Jambalaya (Seasoned Vegetables &amp; Rice, served with Crusty Bread &amp; Salad)</p> <p>Assorted Jacket Potatoes</p> <p> Hot Sub Roll</p> <p> Jam Sponge (Served with Custard)</p> <p> Freshly Prepared Fruit</p>	<p>Chicken Pie (Served with Seasoned Potatoes &amp; Seasonal Vegetables)</p> <p> Halal Keema &amp; Peas (Served with Pilau Rice &amp; Salad)</p> <p> Cheese Roll (Served with Seasoned Potatoes &amp; Seasonal Vegetables)</p> <p>Assorted Jacket Potatoes</p> <p> Hot Sub Roll</p> <p> Fruity Flapjack</p> <p> Freshly Prepared Fruit</p>	<p>Roast Dinner (Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables &amp; Gravy)</p> <p> Halal Roast Chicken Tikka Dinner (Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables &amp; Gravy)</p> <p> Quorn Roast (Served with Yorkshire Pudding &amp; Seasonal Vegetables)</p> <p>Assorted Jacket Potatoes</p> <p> Hot Sub Roll</p> <p> Fruit Jelly (Fruit Jelly topped with Cream)</p> <p> Freshly Prepared Fruit</p>	<p>Cheesy Beef Taco Pasta (Served with a side Salad)</p> <p> Cheese &amp; Tomato Pizza (Served with Chips &amp; Beans or Salad)</p> <p> Loaded Vegetable Pizza (Served with Chips &amp; Salad)</p> <p>Assorted Jacket Potatoes</p> <p>Selection of Sandwiches</p> <p> Chocolate Sponge (Served with Chocolate Sauce)</p> <p> Freshly Prepared Fruit</p>	<p>MSC Fish Fingers (Served with Creamed Potatoes &amp; Seasonal Vegetables)</p> <p>MSC Salmon &amp; Sweet Potato Fishcake (Served with Creamed Potatoes &amp; Seasonal Vegetables)</p> <p> Breaded Cheese &amp; Vegetable Grill (Served in a Bun with Salad &amp; Optional Coleslaw)</p> <p>Assorted Jacket Potatoes</p> <p>Selection of Sandwiches</p> <p> Vanilla Cookie</p> <p> Freshly Prepared Fruit</p>



**food quarter**  
FM SERVICES

For full allergen  
& nutritional  
information  
head to our app



City of  
**BRADFORD**  
METROPOLITAN DISTRICT COUNCIL



# NATIONAL ONLINE SAFETY

This week, our 'Wake Up Wednesday' guide from National Online Safety is about 'Supporting Children to Manage Conflict Effectively'.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](https://nationalcollege.com).

## 10 Top Tips for Parents and Educators SUPPORTING CHILDREN TO MANAGE CONFLICT EFFECTIVELY

Disagreement is a natural part of human interaction. This can seem particularly true when dealing with the sensitive issues that arise for secondary-aged pupils. This guide brings you 10 top tips which can help prevent conflicts arising or mitigate their impacts when they do.

### 1 INSPIRE RESPONSIBILITY

The best approaches to conflict resolution are restorative. This means that rather than adults imposing their own solutions on children who have had a disagreement, they should work with them. Allowing them to handle it can feel empowering to young people and will hopefully teach them to manage their own disputes as they move towards adult life.

### 2 ACTIVELY LISTEN

Remember to give every child the opportunity to voice their opinion, regardless of their age, stage of development, special educational needs, or other individual requirements. This can be done using a variety of different communication methods. For example, some children find it easier to express how they're feeling using pictures and drawings, while some prefer to write their ideas down.

### 3 BE CURIOUS

Demonstrating how to approach conflicts with a mature and empathetic mindset can set a good example to children, which can prove a useful skill for them later in life. Model this by asking inquisitive-yet-respectful questions about the issue at hand. Really try to understand where all parties are coming from, and share information between them when and where appropriate. This should encourage young people to mirror your behaviour, teaching them to be curious about the other sides of a conflict, and thus being more willing to hear them out.

### 4 PROMOTE DIFFERENCES

Children and young people may come from a range of different backgrounds and cultures or have protected characteristics which may cause them to see things from various angles. Having a school and community culture which celebrates and embraces diversity in all things – including diversity of opinion – means people are more likely to feel heard and understood.

### 5 BE SUPPORTIVE

Discussions may be sensitive or, in some cases, even trigger negative emotions. Pupils may have mixed feelings about the issue at hand. They could be nervous or anxious before even coming to the table to talk about it. Try and create a space where all parties feel safe, welcome and comfortable. Allow breaks and time-outs if the conversation gets heated, to prevent anyone from saying something they might later regret.

### 6 MENTALLY PREPARE

Think of how you can approach the conflict in a calm and regulated manner. Consider taking some extra time to prepare beforehand and finding somewhere quiet to relax. Even if you're not directly involved with the conflict, mediating can be a stressful experience in its own right. Make sure you're hydrated, fed and comfortable, and do the same for the young people involved. These may seem like insignificant factors, but it's important to remember that physical discomfort can trigger dysregulation, which can make it much harder to have a calm, productive conversation.

### 7 GET YOUR FACTS STRAIGHT

Make sure you have all the facts, figures and timelines of the situation prior to the discussion. This should be done as objectively as possible with the aim of resolving the ongoing issue. You may want to risk assess any problems that may arise and look for possible solutions during your preparation time.

### 8 STICK TO THE POINT

Make the reason for, and purpose of, any meetings or communications clear prior to setting them up. Provide an agenda. Act as a neutral chairperson who can keep all parties on track. Make sure everyone has a chance to air their concerns about the issue being discussed and try to avoid talking about unrelated incidents. Close off with some action points, detailing what everyone can do to resolve the conflict.

### 9 BE SOLUTION FOCUSED

It's often said that the art of diplomacy is about giving others ladders to climb down. This means the main aim of any meeting or correspondence should be finding mutually acceptable and amicable solutions. Parents, carers, teachers and pupils should be aware there may need to be a compromise for the common good – and, most importantly, the good of the children you're supporting.

### 10 DON'T IGNORE OR AVOID CONFLICT

No one benefits from allowing concerns and grievances to fester, as this can lead to further division and mistrust, and ultimately doesn't help the children involved. Use our tips to open meaningful lines of communication. These should help you find a suitable resolution and minimise the number of conflicts you're faced with mediating overall.

### Meet Our Expert

Catrina Lowri is a neurodivergent former SENCO and advisory teacher. She founded her company, Neuroteachers, to improve inclusion for neurodivergent people. She works with nurseries, schools, colleges and businesses providing consultancy, training and mentoring to create belonging and understanding for people with the full range of neurotypes.



#WakeUpWednesday

The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/supporting-children-to-manage-conflict-effectively>

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