

NEWSLETTER

FRIDAY 4TH JULY 2025



TEL: 01274 639049

WWW.SWAINHOUSE.CO.UK

EMAIL: OFFICE@SWAINHOUSE.BRADFORD.SCH.UK

ASPIRE

BELIEVE

PERSEVERE

ACHIEVE

YEAR 3 IN WHITBY!

Year 3 had a great visit to Whitby on Thursday. They enjoyed seeing the sights and climbing the 199 steps up to the Abbey. The beach was their next stop, where they ate their lunch and paddled in the sea. The children were great ambassadors for our school, with members of the public commenting on their wonderful manners!



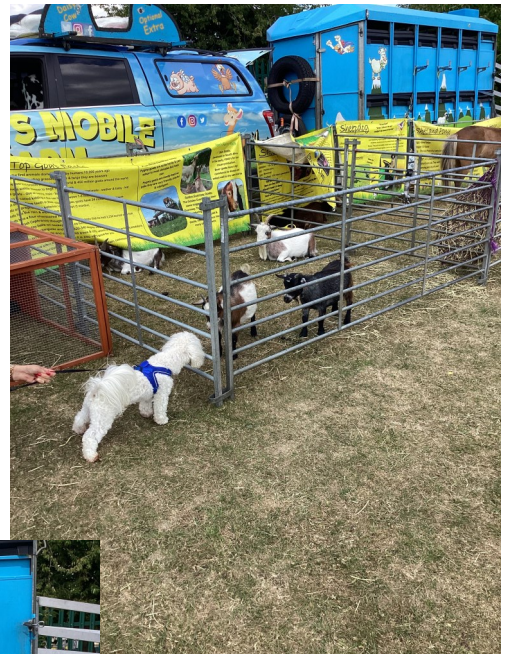
IAN'S MOBILE FARM!

Ian's Mobile Farm came to visit the children in Little Acorns and Great Oak Nursery this week. He brought a selection of animals. The children were so brave and kind, meeting and caring for the animals. They learnt some new facts about the animals that they didn't know before. The children also loved Ian's sheepdog Meg!



LEO OUR FURRY FRIEND

Leo enjoyed Ian's Mobile Farm visiting us yesterday. He made lots of new friends!



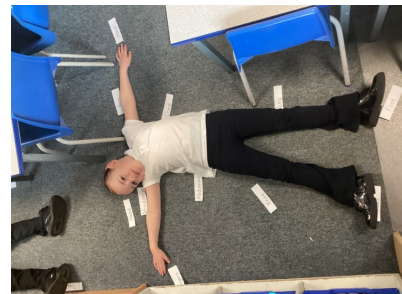
SCIENCE IN ACTION

“A scientist is not a person who gives the right answers, they are the one who asks the right questions”

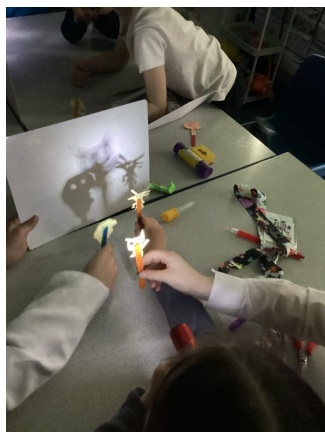
At Swain House Primary School, we aim to teach a broad and balanced curriculum for science. We want our children to think like scientists and have no limits to their ambitions. Science stimulates children's natural curiosity and at Swain House we aim to develop this through exciting and engaging hands on science. Children learn to ask scientific questions and begin to appreciate the way science will affect their future on a personal, national, and global level.



This year, we have been on science based trips to develop a love of science. Year 6 visited STEM Fest in Bradford, which hosted a huge range of science and technology activities. The event involved around 80 companies delivering hands-on activities, showcasing the wide range of careers and job roles available in the Yorkshire and Humber regions. There were activities with robots, code breaking, programming computers, aerodynamics and much more.



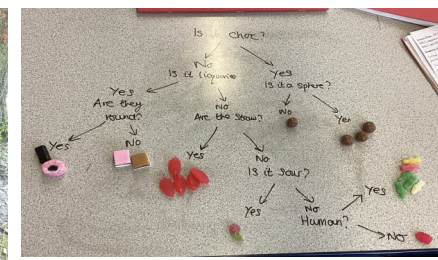
Nursery had a special visit from a scientist called Gaynor, who delivered a forces and motion workshop. Our children used cars, marbles, and pendulums to create some large-scale artwork.



We love to celebrate British Science Week at Swain House. This year's theme was 'Change and Adapt'. It is a brilliant celebration of science, where the children complete a range of incredible investigations and are wowed by awesome experiments. We started the week with an exciting assembly led by Mr Gibbs and Mrs Pugh and watched some live experiments.

During our careers week this year, we welcomed a range of visitors from scientific fields. Caroline and Donna worked for the NHS Blood and Transplant Team and explained why it is important for adults to give blood. Sarah and Ben worked in Data Science for the NHS. They told us the important information that is collected regarding hospitals, ambulances and doctor surgeries.

Our science curriculum is full of engaging activities to spark an enjoyment of science and encourage learning—here is just an idea of the amazing learning our children have done this year! Year 1 have been learning about plants and have planted sunflowers. Year 4 have made use of our wildlife area and have been hunting for minibeasts. Year 6 have been learning about classification and used sweets to group by characteristics. Year 2 have been studying living things and their habitats and went on a hunt in our wildlife area.



RE VISITOR IN YEAR 2

Mrs Hesselwood came to visit Year 2. She used props, fabric and wooden figures to tell us about Jesus's life and the stories he told.



50 THINGS TO DO BEFORE YOU'RE FIVE

This week's activity is #2 Where Am I? Please have a go at completing the activity and send any photos to 50things@swainhouse.bradford.sch.uk then we will share them in our weekly newsletter!

This week's activity is...

Try #2 Where am I?
on your poster, app or
local website...

Find out more...

Look - it is you!
Oh, baby-

Help baby understand **their** world.

#2 Where Am I?

50
things to do

www.50thingstodo.org

Click [here](http://www.50thingstodo.org) to access the 50 Things website to find out more about the activity or scan the QR code below

How to do it

Children learn all their early language from you, so help them by introducing a growing number of words. Try to find times in your day that you can spend alongside your child, talking to them about the things they can see or touch.

What you will need

Add language to everyday activities, such as shopping, going for a walk and cooking dinner. Create a language- rich environment by talking to them often, using simple and clear language and responding to their attempts at communication.



SUMMER READING CHALLENGE



THE
READING
AGENCY

Summer Reading Challenge



City of
BRADFORD
METROPOLITAN DISTRICT COUNCIL

Bradford Libraries Summer Reading Challenge 2025 starts on **Saturday 5th July** and runs right through the summer holidays!

This summer, Bradford Libraries in association with The Reading Agency invites children to step into the magical world of Story Garden, the 2025 Summer Reading Challenge theme.

Click [here](#) to access more information

SUMMER READING CHALLENGE

LIBRARY-LED STORY GARDEN SUPER SESSIONS

MONDAY 21 JULY

Eccleshill Library

Seed planting and pot decorating
10am – 11am

TUESDAY 22 JULY

City Library

Sunflower craft 11am – 12noon

Bingley Library

Make a butterfly craft
2.30pm – 3.30pm
Booking Essential

WEDNESDAY 23 JULY

Shipley Library

Volcano Art 10am – 11am
Booking Essential 6 – 9 years

THURSDAY 24 JULY

Laisterdyke Library

Decorate ceramic tealight
gnomes 2pm – 3pm

Menston Library

Decorate ceramic tealight
gnomes 11am
Booking Essential

SATURDAY 26 JULY

Keighley Library

Story/rhyme time and bird
feeders crafts 11am – 12n

MONDAY 28 JULY

Manningham Library

Leaf Monsters 11am – 12noon

TUESDAY 29 JULY

Bingley Library

Birds nest crafting 2.30pm –
3.30pm
Booking Essential

WEDNESDAY 30 JULY

City Library

Bird house crafts
2pm – 3pm

THURSDAY 31 JULY

Wibsey Library

Nature collages
10.30am – 11.30am

Clayton Library

Gnoming around the garden
1.30pm – 2.45pm

FRIDAY 1 AUGUST

Heaton Hub Library

Nature Treasure Hunt 2pm –
4pm

SATURDAY 2 AUGUST

Keighley Library

Story/rhyme time and handprint
crafts 11am – 12noon

SUNDAY 3 AUGUST

Manningham Library

Nature colouring 1.30pm – 2pm

MONDAY 4 AUGUST

Wibsey Library

Rainforest Rhymers 10am –
10.30am

Manningham Library

Making nature wands
11am – 12noon

TUESDAY 5 AUGUST

Wibsey Library

Beaded bracelets
10.30am – 11.30am

WEDNESDAY 6 AUGUST

Shipley Library

Decorate ceramic tealight
gnomes 10am – 11am
Booking Essential 7 – 11 years

Eccleshill Library

Pebble painting
2.30pm – 3.30pm

THURSDAY 7 AUGUST

Menston Library

Flower Art with old books 11am
Booking Essential

SUNDAY 10 AUGUST

Manningham Library

Colours of Nature: creating
bookmarks 1.30pm – 2pm

MONDAY 11 AUGUST

Manningham Library

Nature Collage 11am – 12noon

TUESDAY 12 AUGUST

Clayton Library

Rock painting 11am – 12noon

THURSDAY 14 AUGUST

Heaton Hub Library

Leaf Art 10am – 12noon &
2pm – 4pm

Menston Library

Drawing & painting the bugs of
Menston 11am

Wibsey Library

Make your own animal jigsaws
10.30am – 11.30am

FRIDAY 15 AUGUST

City Library

Seed planting 2pm – 3pm

SATURDAY 16 AUGUST

Keighley Library

Story/rhyme time and rocking
snail/insect crowns crafts
11am – 12noon

SUNDAY 17 AUGUST

Manningham Library

Nature and Crayon Fun
1.30pm – 2pm



SUMMER READING CHALLENGE

MONDAY 18 AUGUST

Heaton Hub Library
Rock painting 10am – 1pm

Manningham Library
Woven by nature (weaving)
11am – 12noon

TUESDAY 19 AUGUST

Wibsey Library
Air Dry Clay Crafts
10.30am – 11.30am

Wyke Library
Bugs in the garden craft
10.30am – 11.30am

City Library
Decorate ceramic tealight
gnomes 11am – 12noon

Bingley Library
Make a junk bird house craft
2.30pm – 3.30pm
Booking Essential

WEDNESDAY 20 AUGUST

Shipley Library
Hedgehog book crafts
10am – 11am
Booking Essential
8 – 11 years

Eccleshill Library
Making mini beasts
10am – 11am

THURSDAY 21 AUGUST

Burley Library
Crazy herby pots! Harvest
potatoes & herbs! 10am –
11.30am
Free tasting! No need to book,
aimed at 5 – 11 years but all
welcome.

Laisterdyke Library
Crazy rainforest bookmark craft
2pm – 3pm

Burley Library
Win a prize at the Story Trail in
Burley Village 2pm – 4pm
No need to book, aimed at
5 – 11 years but all welcome
(meet at the library).

Menston Library
Painting Rocks! 11am
Booking Essential

SATURDAY 23 AUGUST

Keighley Library
Story/rhyme time and woolly
caterpillar crafts 11am – 12noon

SUNDAY 24 AUGUST

Manningham Library
Summertime colouring
1.30pm – 2pm

TUESDAY 26 AUGUST

Shipley Library
Tree Art Craft & Storytelling
2pm – 2.45pm

Wyke Library
Magical Pixies, Fairies & Elves
Collage 2pm – 3pm

Bingley Library
Rock painting 2.30pm – 3.30pm
Booking Essential

THURSDAY 28 AUGUST

Wibsey Library
Weaving 10.30am – 11.30am

Clayton Library
Nature Trail – planting bulbs &
decorating pots 2pm – 3.15pm

Bradford Libraries:

Baildon.....	01274 581425
Bingley.....	01274 438780
City.....	01274 433600
Clayton.....	01274 880689
Eccleshill.....	01274 431544
Ilkley.....	01943 436225
Keighley.....	01535 618212
Laisterdyke.....	01274 434724
Manningham.....	01274 435353
Shipley.....	01274 437150
Wibsey.....	01274 435446
Wyke.....	01274 431598

Community Managed Libraries:

Addingham.....	01943 436230
Allerton @ Cafe West.....	01274 488499
Bolling Hall.....	07582 108216
Burley.....	01943 863714
Denholme.....	07743 228797
Great Horton.....	01274 431583
Holme Wood Library.....	07816 204490
Heaton Hub.....	07582 102546
Idle Library @ Wright Watson.....	01274 952057
Menston.....	01943 876539
Queensbury.....	07582 109225
Silsden.....	01535 654131
Thornbury.....	01274 666984
Thornton.....	01274 833442
Wilsden.....	07485 118026

All telephone numbers correct at time of press.

For up to date contact details and opening times please visit
www.bradford.gov.uk/libraries

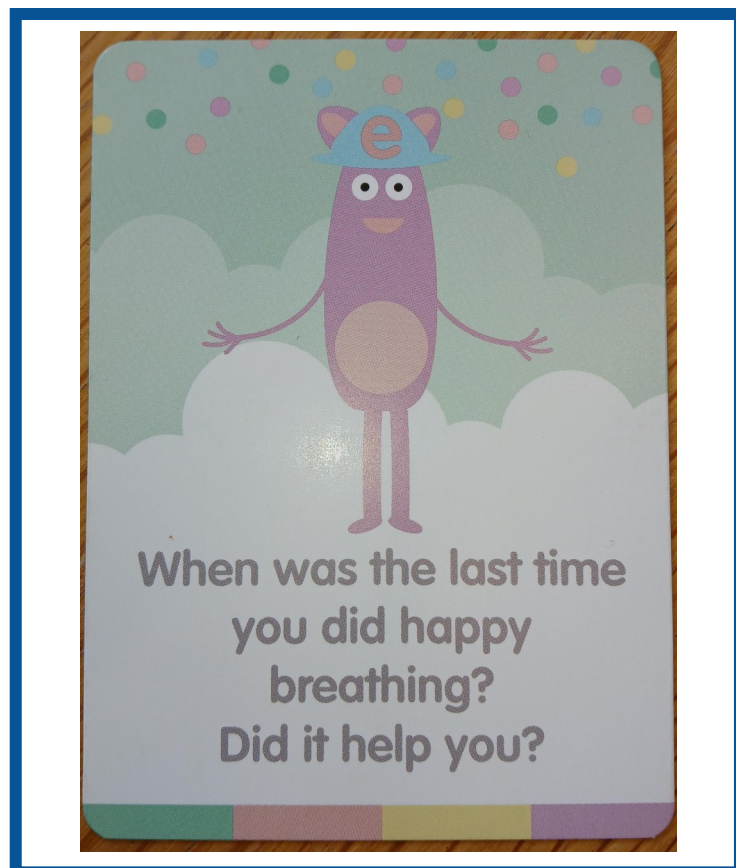
MYHAPPYMIND

OUR CONVERSATION CARD OF THE WEEK



Enjoy a conversation!

Each week we will share a conversation card. These are designed to help you have meaningful and fun conversations with your child and aid discussions about mental health and happiness.



MYHAPPYMIND APP

The myHappyMind app has been updated and now includes some new features—kids zone, myHappyMind games and mini master classes for parents .



Download your FREE myHappyMind Parent App



...An online resource to support you and your family to learn more about how you can use myHappyMind to support your child.



myHappyMind for Parents

Exclusively for parents with children at a myHappyMind School or Nursery.



Learn all about what your children are learning in school



YOU WILL NEED THIS AUTHENTICATION CODE TO SIGN UP

107220

WEEKLY UPDATES

ATTENDANCE AND PUNCTUALITY

Here are this week's attendance and punctuality figures. There is a proven link between attendance and achievement and it is therefore very important that your child attends school and is on time unless they are too unwell to do so. Our doors open at **8.30am** and close at **8.40am**.

Please see the information below for our whole school and class attendance for the week ending **04/07/25**.

Early Years and Key Stage 1:

CLASS	PERCENTAGE %	LATES
Elm	90.8%	1
Willow	92.5%	0
Kandinsky	94.4%	3
Matisse	97.7%	0
Lowry	96.4%	1
Van Gogh	95.3%	2

Key Stage 2:

CLASS	PERCENTAGE %	LATES
Anne Fine	97.0%	0
Roald Dahl	94.1%	1
JK Rowling	96.2%	0
Michael Morpurgo	96.6%	2
Elgar	92.3%	0
Mozart	95.0%	2
Beethoven	96.0%	0
Vivaldi	91.4%	0

Well done to **Matisse Class** and **Anne Fine Class** for having the best attendance this week!

Well done to **Willow Class**, **Matisse Class**, **Anne Fine Class**, **JK Rowling Class**, **Elgar Class**, **Beethoven Class** and **Vivaldi Class** for having no lates!

Our whole school attendance this week:

94.8%

COMMUNICATION SINCE THE LAST NEWSLETTER

These are the letters, messages and website updates that have been sent out this week. If you have not received any of these letters, please speak to your child's class teacher or contact the office on **01274 639049**.

WEBSITE UPDATES:	National Online Safety - 'Wake Up Wednesday' guide from National Online Safety is about 'Apple iPads'.
LETTERS:	02.07.25 - Summer Reading Challenge
MESSAGES VIA PARENTAPPS:	04.07.25 - Extra Club Friday 18th July

COMMUNITY NEWS

CREATIVE ARTS

SUMMER CAMP

£10 PER DAY

AGES 8-15

COME AND JOIN!

28TH JULY - 22ND AUGUST
MONDAY - FRIDAY
10AM - 3PM

HERE'S THE LINK TO BOOK:
<https://www.yacad.co.uk/summer-camp-booking>

FUNDED PLACES NOW AVAILABLE
IF YOU ARE ON FREE SCHOOL MEALS
OR PUPIL PREMIUM YOU MAY BE ELIGIBLE
TO SEE IF YOUR ELIGIBLE
REGISTER THROUGH THE HAF PORTAL BELOW:
<https://bradford.haf.fun/login>

ANY HAF ENQUIRIES EMAIL:
JESS@YACAD.ORG

YACAD STUDIO'S,
CO-OP ACADEMY PARKLAND,
OLD PARK ROAD, BD10 9BG

**Yorkshire Academy of
Creative Arts & Dance**



MINI CAMP

£10 PER DAY

AGES 5-7

28TH JULY - 15TH AUGUST
MONDAY - FRIDAY
10AM - 3PM

FOLLOW THE LINK BELOW TO SECURE YOUR SPOT:
<https://www.yacad.co.uk/summer-camp-booking>

FUNDED PLACES AVAILABLE
If you are on free school meals or pupil premium you may be eligible.
To see if your eligible register through the HAF portal below:
<https://bradford.haf.fun/login>

WRAP AROUND CHILDCARE AVAILABLE

FOR ANY QUERIES CONTACT JESS@YACAD.ORG

LOCATION: CO-OP ACADEMY PARKLAND,
OLD PARK ROAD, BD10 9BG

Co-op Academy Parkland

**Yorkshire Academy of
Creative Arts & Dance**



COMMUNITY NEWS

BFA PRESENTS OUR SCHOOL PRODUCTION FOR 2025

PERFORMANCE: 5PM PROMPT START

**£5.00 ADULT TICKET
£3.50 CHILDREN AND BFA STUDENTS**

MONDAY 7TH -10TH JULY

**TICKETS
AVAILABLE ON
PARENTPAY**



INVICTUS
well-being

Sunday 17th August 9am-1pm
Old Rishworthian RUFC
HX3 0UG

All proceeds to
Childrens
mental health
charity!



**Book your
spot today,
don't miss out!**



FR Registered with
FUNDRAISING
REGULATOR

charity no: 1193094

£10 per Car
£12 Van or Car with trailers
Contact Katie: 07562242429

COMMUNITY NEWS

MOVING UP Summer Camp

**FOR YOUNG PEOPLE TRANSITIONING
FROM YEAR 6 TO YEAR 7**

**TUES 10:30AM - 3PM
THURS 1PM - 3PM**

**STARTS TUES 22ND JULY, FOR 4 WEEKS
AT
RAVENSCLIFFE YOUTH CENTRE, BD10 0LL**

Self Esteem

Sports

Workshops

Creative Arts

Hopes & Fears

Trips Out

Confidence Building

Please scan the QR code to sign up or
contact Nicky on 07582102432

Made with PosterMyWall.com



COMMUNITY NEWS

Young People's Activity Sessions

Fagley Park, Off Flawith Drive

Mondays

21st, 28th July & 4th, 11th Aug

1pm - 3pm

Ages 8-16yrs



Multi Sports

Arts + Crafts

Music

Cooking

Team Games



Please use the QR code to sign up



For further information, please contact Nicky Lannen on 07582102432

Made with PosterMyWall.com

COMMUNITY NEWS



RAVENSCLIFFE YOUTH CENTRE SUMMER ACTIVITIES



Starts W/C 21st July

Ages 8-16 YEARS

SIGN UP HERE!



BOXING

MULTI SPORTS

TRIPS OUT

BBQ/ FUN DAY

OPEN ACCESS

COOK + EAT

More info: Contact Nicky Lannen

07582 102432 / 01274 641772

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COMMUNITY NEWS



Email: greg.hill@activefuture.info
Tel: 07733793170
www.activefuture.info
Active Future North Bradford



Summer Holiday Fun HAF 25

WHEN

Monday to Thursday - 12days
Week 1: 4th to 7th August
Week 2: 11th to 14th August
Week 3: 18th to 21st August
Time: 9.30am to 3pm Daily
Year 1 to 7

WHERE

GOALS

282 Kings Rd
Bradford
BD2 1JP



The HAF programme in partnership with the Bradford Council, GOALS and DFE is **FREE** for parents whose children are entitled to benefit-related free school meals. The event will run over a 3 week period, starting on Monday 4th and ending on Thursday 21st of August, Monday to Thursday. For children who don't qualify for FSM and are keen to partake, we welcome you to join in the April Fun at a rate of £10 per day. Weekly activities may include Nerf Games (Fortnite), Dodgeball, Arts and Crafts, Football, Pizza Making, and Lego. Your child will be treated to a hot meal, water, and juice each day that caters for all children.

BOOK NOW TO SECURE YOUR PLACE

Free Place Registration



Scan me!

Early & Late Clubs



Scan me!

HAF Paid Places



We are Ofsted Registered!
Pay with vouchers



www.activefuture.info



REMINDERS

BREAKFAST CLUB

Our Breakfast Club opens at 7.30am at a cost of £2.40 each per day or at 7.45am at the cost of £1.90 each per day. Children from Nursery to Year 6 can attend.

If you would like to book your child into Breakfast Club, please use ParentPay.

AFTER SCHOOL CLUB

Our After School Club is available until 4pm at a cost of £2.50 each per day.

If you would like to book your child into After School Club, please use ParentPay.

EXTRA CLUB

We also offer an Extra Club service that runs until 6pm at a cost of £4.50 per day.

If you would like to book your child into Extra Club, please use ParentPay.

Please can you ensure that Extra Club places are booked and paid for in advance - by Monday morning. This ensures registers are accurate and places are booked and guaranteed.

If you have any problems booking any of our before or after school clubs, please contact Miss Armitage, one of our learning mentors.

COMING UP THIS TERM

ANY NEWLY ADDED ITEMS WILL BE IN BLUE

DAY	DATE	TIME	EVENT
Wednesday	09.07.25	1.30pm	KS2 Sports Day
Thursday	10.07.25		Year 6 Summer Trip Lazerzone
Friday	11.07.25	1.30pm	Early Years and Key Stage One Fun Day

MENU 07/07/25

Homemade bread,
selection of seasonal
vegetables or fresh
salad served daily

Swain House Primary School

Wk 1 - 21st Apr, 12th May,
2nd Jun, 23rd Jun, 14th Jul,
1st Sep, 22nd Sep, 13th Oct
Wk 2 - 28th Apr, 19th May,
9th Jun, 30th Jun, 21st Jul,
8th Sep, 29th Sep, 20th Oct
Wk 3 - 5th May, 26th May,
16th Jun, 7th Jul, 28th Jul,
15th Sep, 6th Oct, 27th Oct

	MON	TUES	WED	THUR	FRI
WEEK 1	<p> Cheese Flan (Served with Paprika Potatoes, Seasonal Vegetables or Salad)</p> <p> Fajita Pasta Bake (Served with Crusty Bread, Salad or Seasonal Vegetables)</p> <p>Assorted Jacket Potatoes</p> <p> Hot Sub Roll</p> <p> Apple Cake (Baked Vanilla Sponge with Blended Apples & topped with Icing Sugar)</p> <p> Freshly Prepared Fruit</p>	<p> Chicken Tikka Masala (Served with Rice & Salad)</p> <p> Halal Chicken Korma (Served with Naan Bread & Salad)</p> <p> Vegetarian Mince Lasagne (Served with Garlic Bread & Salad)</p> <p>Assorted Jacket Potatoes</p> <p> Hot Sub Roll</p> <p> Flapjack</p> <p> Freshly Prepared Fruit</p>	<p> Roast Dinner (Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy)</p> <p> Halal Roast Chicken Tikka Dinner (Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy)</p> <p> Veggie Mince Shepherd's Pie (Served with Yorkshire Pudding & Seasonal Vegetables)</p> <p>Assorted Jacket Potatoes</p> <p> Hot Sub Roll</p> <p> Cornflake Tart (Served with Custard)</p> <p> Freshly Prepared Fruit</p>	<p> Cheese & Tomato Pizza (Served with Jacket Wedges & Beans or Salad)</p> <p> Mini Meatless Ball Pizza (Served with Jacket Wedges, Baked Beans or Salad)</p> <p>Assorted Jacket Potatoes</p> <p>Selection of Sandwiches</p> <p> Marble Sponge (Served with Chocolate Sauce)</p> <p> Freshly Prepared Fruit</p>	<p>Southern Fried Chicken Goujons (Served with Chips, Salad or Seasonal Vegetables)</p> <p>MSC Battered Fish (Served with Chips, Salad or Vegetables)</p> <p> Vegetable Dippers (Served with Ketchup, Chips, Salad or Seasonal Vegetables)</p> <p>Assorted Jacket Potatoes</p> <p>Selection of Sandwiches</p> <p> Ice Cream Tubs</p> <p> Freshly Prepared Fruit</p>
WEEK 2	<p> Homemade Cheese & Onion Pasta (Served with Seasoned Potatoes, Salad or Seasonal Vegetables)</p> <p> Bombay Veg Biryani (Curried Vegetables & Rice served with Naan Bread & Salad)</p> <p>Assorted Jacket Potatoes</p> <p> Hot Sub Roll</p> <p> Chocolate Crispy Crunch</p> <p> Freshly Prepared Fruit</p>	<p>Spaghetti Bolognese (Spaghetti Bolognese, served with Garlic Bread & Salad)</p> <p> Halal Spaghetti Bolognese (Spaghetti Bolognese served with Garlic Bread & Salad)</p> <p> Arrabiata Pasta (Served with Crusty Bread & Salad)</p> <p>Assorted Jacket Potatoes</p> <p> Hot Sub Roll</p> <p> Volcano Buns (A Sponge-like Biscuit with a Jam / Lemon filling)</p> <p> Freshly Prepared Fruit</p>	<p> Roast Dinner (Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy)</p> <p> Halal Roast Chicken Tikka Dinner (Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy)</p> <p> Savoury Veggie Mince & Tatties (Soya Mince & Vegetables served in a Yorkshire Pudding)</p> <p>Assorted Jacket Potatoes</p> <p> Hot Sub Roll</p> <p> Old School Sponge Cake (Served with Custard)</p> <p> Freshly Prepared Fruit</p>	<p> Cheese & Tomato Pizza (Served with Chips & Beans or Salad)</p> <p> Savoury Rolls (Served with Chips & Salad or Beans)</p> <p>Assorted Jacket Potatoes</p> <p>Selection of Sandwiches</p> <p> Chocolate Sponge (Served with Chocolate Sauce)</p> <p> Freshly Prepared Fruit</p>	<p>All Day Brunch (Traditional Breakfast Items: Sausage, Egg, Toast & Beans)</p> <p>MSC Fish Fingers (Served with Jacket Wedges & Salad or Seasonal Vegetables)</p> <p> All Day Vegetarian Brunch (Quorn Sausage, Scrambled Egg, Baked Beans, Chips & Bread and Butter)</p> <p>Assorted Jacket Potatoes</p> <p>Selection of Sandwiches</p> <p> Oat Cookie</p> <p> Freshly Prepared Fruit</p>
WEEK 3	<p> Mac & Cheese (Served with Crusty / Garlic Bread & Salad)</p> <p> Veg Jambalaya (Seasoned Vegetables & Rice, served with Crusty Bread & Salad)</p> <p>Assorted Jacket Potatoes</p> <p> Hot Sub Roll</p> <p> Jam Sponge (Served with Custard)</p> <p> Freshly Prepared Fruit</p>	<p>Chicken Pie (Served with Seasoned Potatoes & Seasonal Vegetables)</p> <p> Halal Keema & Peas (Served with Pilau Rice & Salad)</p> <p> Cheese Roll (Served with Seasoned Potatoes & Seasonal Vegetables)</p> <p>Assorted Jacket Potatoes</p> <p> Hot Sub Roll</p> <p> Fruity Flapjack</p> <p> Freshly Prepared Fruit</p>	<p> Roast Dinner (Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy)</p> <p> Halal Roast Chicken Tikka Dinner (Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy)</p> <p> Quorn Roast (Served with Yorkshire Pudding & Seasonal Vegetables)</p> <p>Assorted Jacket Potatoes</p> <p> Hot Sub Roll</p> <p> Fruit Jelly (Fruit Jelly topped with Cream)</p> <p> Freshly Prepared Fruit</p>	<p>Cheesy Beef Taco Pasta (Served with a side Salad)</p> <p> Cheese & Tomato Pizza (Served with Chips & Beans or Salad)</p> <p> Loaded Vegetable Pizza (Served with Chips & Salad)</p> <p>Assorted Jacket Potatoes</p> <p>Selection of Sandwiches</p> <p> Chocolate Sponge (Served with Chocolate Sauce)</p> <p> Freshly Prepared Fruit</p>	<p>MSC Fish Fingers (Served with Creamed Potatoes & Seasonal Vegetables)</p> <p>MSC Salmon & Sweet Potato Fishcake (Served with Creamed Potatoes & Seasonal Vegetables)</p> <p> Breaded Cheese & Vegetable Grill (Served in a Bun with Salad & Optional Coleslaw)</p> <p>Assorted Jacket Potatoes</p> <p>Selection of Sandwiches</p> <p> Vanilla Cookie</p> <p> Freshly Prepared Fruit</p>

NATIONAL ONLINE SAFETY

This week, our 'Wake Up Wednesday' guide from National Online Safety is about 'Apple iPads'.

What Parents & Educators Need to Know about APPLE IPADS

WHAT ARE THE RISKS?

Tablets remain a staple of children's digital lives – and Apple's iPad is by far the most popular model. According to Ofcom, over half of younger children regularly use a tablet to play games, watch online content or access apps. With their broad functionality, iPads can be helpful tools, but without supervision, they may expose children to risks ranging from inappropriate content to screen overuse.

COSTLY TO REPAIR

Unlike some child-friendly tablets, the iPad is not built for rough handling. Its slim design and high cost mean that a drop or spill can result in a costly repair. If a child is using the device regularly, a sturdy case and screen protector are strongly recommended to help prevent accidental damage.

DATA PRIVACY

While Apple is known for strong privacy protections, a recent study found that many iOS apps aimed at children still share personal data. Over 40% of the tested apps sent at least one piece of user information to third parties, raising concerns about advertising and analytics being targeted at underage users.

INAPPROPRIATE CONTENT

The App Store and Safari browser provide almost unrestricted access to online material. Children may stumble upon age-inappropriate content, whether through apps, advertisements or online searches. Even recommended content algorithms can surface unsuitable material.

BYPASSING RESTRICTIONS

Siri – Apple's voice assistant – can potentially override restrictions, especially with the newer text-based commands introduced through Apple Intelligence. Without safeguards in place, children may inadvertently access inappropriate topics simply by asking a question, bypassing certain filters previously set by adults.

SCREEN ADDICTION

iPads can be highly immersive, and excessive screen time may affect a child's emotional and behavioural development. Signs of overuse might include mood swings, irritability, and difficulty focusing on non-digital activities.

REDUCED ATTENTION & COGNITIVE IMPACT

Prolonged use of tablets has been linked with reduced memory, slower processing speeds and difficulties in concentrating. Research shows that children who spend excessive time gaming or consuming media on tablets may struggle with language development and executive functioning over time.

Advice for Parents & Educators

ENABLE FAMILY SHARING

Family Sharing allows you to create a dedicated Apple ID for your child and manage their activity. You can approve purchases, control what content they can access, and set time limits – all done remotely from your own device. It's a simple but powerful way to maintain oversight.

FILTER APPS, WEBSITES & IN-APP PURCHASES

Parental controls in iOS let you block explicit content in Safari, restrict app downloads, and manage in-app purchase permissions. You can also filter websites automatically to prevent access to adult material and disable the installation of certain app types completely.

USE SCREEN TIME FEATURES EFFECTIVELY

Tools like Downtime and App Limits can reduce device overuse. Downtime allows you to block access during key times – such as before bed or during homework – while App Limits sets daily time caps on specific games or apps. Alerts help children anticipate when their time is almost up.

PREVENT UNAPPROVED SPENDING

Children can accidentally (or intentionally) make purchases within apps. Activating Ask to Buy under Family Sharing ensures you receive a notification to approve any app or in-app purchase. This stops surprise charges and allows you to discuss purchases together before they're made.

Meet Our Expert

Carly Page is a seasoned technology journalist with over a decade of experience. Formerly a senior cybersecurity reporter at TechCrunch, Carly now writes for publications including WIRED, Forbes, TechRadar, and Tes. With a deep understanding of online safety, she brings a valuable perspective to parenting in the digital age.



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